OSAR

(Outreach, Screening, Assessment and Referral)

Region 1

Resource Directory

FY27

September 2026

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FY27 OSAR Region 1 Resource Directory

A complete 2-1-1 Guide with additional resources can be found here:
Lubbock area:
https://www.211texas.org/add-or-edit-your-2-1-1-listing/south-plains/
https://ww.spag.org/directory/
Amarillo area:
https://www.211texas.org/add-or-edit-your-2-1-1-listing/panhandle/
https://www.uwamarillocanyon.org/2-1-1-texas-panhandleunited-way-helpline

TREATMENT AND RECOVERY COMMUNITY

StarCare Specialty Health System-OSAR (Outreach, Screening, Assessment and Referral)
1950 Aspen Ave, Lubbock, TX 79404
Main Phone: 806-740-1421
Toll Free: 1-844-472-8810
Crisis Phone: 806-740-1414
Hours of Operation: Monday-Friday 8:00 AM-5:00 PM
Website: https://www.starcarelubbock.org/
Services Provided:

- Counties served: Armstrong, Bailey, Briscoe, Carson, Castro, Childress, Cochran, Collingsworth, Crosby, Dallam, Deaf Smith, Dickens, Donley, Floyd, Garza, Gray, Hale, Hartley, Hall, Hansford, Hemphill, Hockley, Hutchinson, King, Lamb, Lipscomb, Lubbock, Lynn, Moore, Motley, Ochiltree, Oldham, Parmer, Potter, Randall, Roberts, Sherman, Swisher, Terry, Wheeler and Yoakum
- Screening and Assessments: StarCare's dedicated and licensed staff provide outreach, screenings, assessments, and referrals to those who are actively seeking substance use services and/or support. The OSAR team conducts verbal screenings to gather information pertaining to the severity of use and how use has impacted day-to-day functioning or mental health to provide appropriate referrals to recovery resources.
- Interventions: Following the screening and assessment, individuals can expect short-term case management services in addition to the opportunity of up to six brief motivational interviewing sessions with their OSAR counselor.
- Support: OSAR counselors are available for additional support and case management until the individual successfully enters their referred treatment service. Our OSAR counselors also remain as a point of contact for future recovery support needs.
- For uninsured or underinsured individuals, the OSAR Team can determine if you are approved for full or partial financial assistance toward your referred treatment services.
- Federal and state admission priority levels:
    - Pregnant, injecting individuals (Federal)
    - Pregnant individuals (Federal)
    - Injecting drug users (Federal)
    - Individuals at high risk for overdose (State)
    - DFPS-referred clients (State)
    - Individuals who are experiencing housing instability or homelessness (State)
    - All others

Star Parent PADRE (Parenting Awareness & Drug Risk Education)
904 Ave O, Lubbock, Texas 79401
Main Phone: 806-740-1455
Hours of Operation: Monday-Friday 8:00 AM-5:00 PM
Website: https://www.starcarelubbock.org/
Services Provided:

- On-site and home evidence-based Parenting Classes and Fetal Alcohol Information (Parenting class times and other service times vary. Please contact the program staff for the current schedule.)
- Evidence-based parenting education to schools, agencies and individuals that includes:
    - Reproductive health
    - Parenting
    - Fetal & child development
    - HIV and STDs
    - Nurturing parenting values
    - Case management to identify the need for medical, educational, mental health, housing, and other necessities
    - Substance abuse screening and assessment to identify issues related to alcohol and drugs
    - Linkage to community resources such as housing, transportation, day care, food, clothing, and many other necessities
    - Referrals to cooperating agencies for help with prenatal-postpartum needs, counseling, employment, clothing, and additional needs
    - Alternative activities – including picnics, games, arts and crafts and trips to museums and libraries –emphasis on helping families address communication, family roles and stress management, while supporting family relationships
- To qualify for the Pregnant Postpartum Intervention program individuals must:
    - Be pregnant or postpartum (includes the period from birth through 18 months of infancy)
    - Reside in one of the 41 Region 1 counties
    - Be identified as being at risk of having, or who have, a substance use disorder. Risk factors include:
        - Teen pregnancy (including females through age 19);
        - Current or past involvement with Department of Family and Protective Services (DFPS) or another child protective services agency.
        - Current or past use/abuse of, or dependence on, alcohol and/or drugs;
        - Current or past domestic violence;
        - Current or past mental health problems, especially perinatal mood disorders
        - Living in a household with a person who abuses alcohol or drugs;
        - Current or past sexual, emotional or physical abuse;
        - Insufficient, late (third trimester) or no prenatal care
        - Current financial distress
    - Be referred by the Department of Family and Protective Services for those who are identified as being at risk of having, or who have, a substance use disorder and who have children under the age of six.

S.U.S.A.N. (Substance Use Service Assistance Network)
7015 50th St, Lubbock, TX 79407
Main Phone: 806-775-2933 option #6
Hours of Operation: Monday-Thursday 8:00 AM-5:00 PM and Friday 8:00 AM-12:00 Noon
Website: https://ci.lubbock.tx.us/departments/health-department/behavioral-health/substance-use-service-assistance-network
Services Provided:

- Financial assistance for substance use disorder treatment, detoxification, and medical services
- Transportation assistance for medical needs
- Helps with personal hygiene, educational, employment, and sober housing needs
- Aids in harm reduction by providing syringe cleaning kits, Naloxone, condoms/lubricant, and wound/first aid kits.
- All services are free and depend upon funding availability
- Texas residents must reside in the Health Service Region 1 area.

ADULT SUD TREATMENT PROVIDERS

StarCare SUD Outpatient Treatment Program
1950 Aspen Ave, Lubbock, TX 79404
Main Phone: 806-407-2308
Hours of Operation: Monday-Friday 8:00 AM-5:00 PM
Website: https://www.starcarelubbock.org/services/substance-use-services/outpatient-substance-use-disorder/
Services Provided:

- State funded Substance Use Disorder Treatment facility
- Accepts some Medicaid, Medicare, some commercial insurance, and has self-pay options
- State funding is available for eligible individuals with sliding scale private pay options
- Offers chemical dependency education and counseling, relapse prevention, life skills training

Plainview Serenity Center
450 Interstate Hwy. 27, Plainview, TX 79072
Main Phone: 806-293-9722
Toll Free: 1-833-996-3500
Hours of Operation: Monday-Friday 8:00 AM-5:00 PM
Website: http://serenitycenter.org/
Services Provided:

- Offers Residential for adults and women with children (ages 0-12)
- Offers Intensive Outpatient Treatment (IOP) with in-person and virtual options
- Medicaid and commercial insurances (private, VA, Tri-Care) accepted after verification

Cenikor Foundation - Amarillo
803 South Rusk Street, Amarillo, TX 79106
Main Phone for Amarillo location: 806-318-7712
Toll Free: 1-888-236-4567
Website: https://www.cenikor.org/

Services Provided by Cenikor:

- State funded Substance Use Disorder Treatment facility
- Offers Partial Hospital Program (PHP) from 8am-3pm daily
- Intensive Outpatient Treatment – virtual and in-person

Dailey Recovery Services - Amarillo
Amarillo Location: This location serves adults (18+) only
706 N Polk, Amarillo TX 79107
Main Phone: 806-803-9640
Website: This facility has no website
Services Provided:

- State funded Substance Use Disorder Treatment facility for adults only (18+)
- Refers out for co-occurring mental health issues

StarCare Opioid Treatment Program
1950 Aspen Ave, Lubbock, TX 79404
Main Phone: 806-740-1400
Hours of Operation: Monday-Friday 6:00 AM-10:00 AM and Saturday 6:00 AM-9:00 AM
Website: https://www.starcarelubbock.org/
Services Provided:

- State funded Substance Use Disorder Treatment facility for adult opioid users
- Medication Assistant Treatment that aids in alleviating the effects of opioid withdrawal
- This program accepts pregnant females
- Offers one-on-one and group counseling
- To Qualify for Medication Assisted Treatment (MAT):
    - Must be a Texas resident
    - Must meet the criteria for a moderate to severe opioid use disorder

West Texas Counseling & Rehab (WTCR) - Amarillo
2300 Line Ave, Amarillo, TX 79106
Main Phone: 806-373-0922
Hours of Operation: Monday-Friday 5:30 AM-10:30 AM and Saturday 6:45 AM-9:15 AM
Website: https://www.wtcr.net/
Services Provided:

- Opiate Agonist Therapy (MAT) with Methadone or Buprenorphine
- Counseling required with in-house therapists

Lubbock Lighthouse
#24 Briercroft Office Park, Lubbock, TX 79412
Main Phone: 806-744-3419
Hours of Operation: Medication: Monday-Friday 6:00 AM-12:00 PM & Saturday 6:00 AM-8:45 AM
Hours of Operation: Counseling: Monday-Friday 6:00 AM-2:00 PM & Saturday 6:00 AM-8:45 AM
Website: https://www.lubbocklighthouse.org/

Services Provided by Lubbock Lighthouse:

- Client must be an adult (18+ years) and have a history of using for over one (1) year
- Individualized Counseling
- Urine Drug Screenings
- HIV/HCV Testing, and Hepatitis C Education, AIDS/HCV Education & Prevention
- Referral to Inpatient/Residential Programs if needed or indicated
- Community Education
- Medical Consultation, Coordination & Referral
- Drug & Alcohol Screenings and Assessments
- Fees for methadone are $119.00/week payable at $17.00/day plus an initial $45.00 charge to see the Medical Director, have an initial assessment with a licensed counselor, perform lab work, etc. ****The total intake fee for methadone is $164.00, which includes the first week's dosing.
- Fees for Subutex (buprenorphine) are an initial set up fee of $149.00 and then $140.00/week payable at $20/day. Participants are responsible for paying for the week regardless of attendance since staff are present and ready to assist each day. ****
  ****The total intake fee for Subutex is $289.00, which includes the first week's dosing.

Christian Farms-Treehouse
3804 Riverside Trail, Temple, Texas 76502
Main Phone: 254-933-9400
Hours of Operation: Monday-Friday 8:00 AM-5:00 PM
Website: https://www.cfth.org/
Services Provided:

- Residential substance abuse treatment facility for adults
- Only state funded – no commercial insurance or self-pay options available
- Co-occurring mental health (MH) conditions are accepted only if the client is considered stable MH wise & the client brings their own MH prescriptions
- Will accept referrals from OSARs or other state organizations
- This facility does have an ongoing waitlist

Grace Manor
2402 Canyon Lake Dr, Lubbock, TX 79415
Main Phone: 806-897-9735
Office Hours: Monday-Friday 8:30 AM-5:30 PM
Website: https://www.gracemanor.org/
Services Provided:

- State funded Substance Use Disorder Treatment facility
- Provides residential and intensive outpatient programs (IOP)
- Accepts most commercial insurances, some Medicaid programs, and self-pay
- This facility does have an ongoing waitlist based on bed availability

The Ranch at Dove Tree
Lubbock Outpatient Office
1811 13th Street, Lubbock, TX 79401
Main Phone: 806-746-6777
Toll Free: 1-866-572-6065
Hours of Operation: Tuesday-Friday 12:00 PM-9:00 PM
Website: https://www.ranchatdovetree.com/
Services Provided:

- Detoxification and residential programs
- Partial Care Program (PHP) and Intensive Outpatient Program (IOP)
- Long-Term Drug Rehab and Transitional Living Programs
- Tactical Recovery Program Track (vets, first responders)
- Commercial Insurance accepted or Private pay

Stages of Recovery
4413 71st Drive Suite G-101, Lubbock, TX 79424
Main Phone: 806-412-4721 – then press option 1
Toll Free: 1-844-621-8816
Website: https://stagesrecoverycenters.com/
Services Provided:

- Substance Abuse Outpatient Treatment Facility for Adults
- Partial Hospitalization Program (PHP) with housing
- Intensive Outpatient Program (IOP) – both in-person and virtual
- Works with commercial insurance, VA, Tri-Care, and self-pay
- Only accepts two (2) Medicaid Plans - Superior and United Healthcare

Journey Recovery Center - Alcohol and Drug Awareness Center for the Concho Valley
3600 Journey Dr, San Angelo, TX 76905
Main Phone: 325-224-3481
Crisis Phone: 1-800-880-9641 answered 24/7
Hours of Operation: Monday-Friday 8:00 AM-5:00 PM
Website: https://www.adaccv.org/
Services Provided:

- State funded Substance Use Disorder Facility
- Provides detoxification, residential, and Intensive Outpatient (IOP) programs for adults
- Offers a woman with children substance abuse treatment program – children must be under the age of three (3)
- Accepts these commercial insurances: BCBS, Scott & White, Aetna, and Magellan
- Medicaid and self-pay options are available
- Financial assistance is available to those who qualify

Nexus
8733 La Prada Drive, Dallas, Texas 75228
Main Phone: 214-321-0156
Hours of Operation: Monday-Friday 7:30 AM-4:00 PM & Saturday 8:00 AM-4:00 PM
Website: https://www.nexusrecovery.org/

Services Provided by Nexus:

- Detoxification, residential treatment, recovery support services
- Population Served*:* Women and Women with Children
- Accepts referrals from: OSAR, other organizations, off admission hotline, walk-ins
- This facility does operate with a waitlist based on bed availability

Serenity House Drug & Alcohol Treatment & Prevention
1546 North 2nd Street, Abilene, Texas 79601
Main Phone: 325-673-6489
Toll Free: 1-866-795-4673
Hours of Operation: Monday-Friday 8:00 AM-5:00 PM
Website: https://www.serenitytexas.com/
Services Provided:

- State funded treatment facility, accepts some Medicaid, some commercial insurances
- Offers detoxification, residential treatment, outpatient treatment
- Population served: adults
- Accepts referrals from: OSAR, other organizations, off admissions hotline
- This facility does operate with a waitlist based on bed availability

Turning Point
502 North Carver, Midland, Texas 79701
Main Phone: 432-570-3390
Toll Free Crisis – 1-844-420-3964
Hours of Operation: Monday-Friday 8:00 AM-5:00 PM
Website: https://www.permiacare.org/
Services Provided:

- Offers detoxification, residential treatment, outpatient treatment
- Population Served*:* adolescents (ages 13-17), men, women, women with children-under 12 y/o
- Accepts referrals from: OSAR, other organizations, off admissions hotline
- This facility does operate with a waitlist based on bed availability

ADOLESCENT SUD TREATMENT PROVIDERS And RESOURCES

Dailey Recovery Services
Lubbock Location: This facility only serves adolescents (ages 13-17)
2321 50th Street Suite F, Lubbock, TX 79412
Main Phone: 1-806-803-9640
Services Provided:

- State funded Substance Use Disorder Treatment for adolescents (ages 13-17)
- Refers out for co-occurring mental health issues

StarCare Substance Use Outpatient Treatment –Adolescents
1950 Aspen Ave, Lubbock, TX 79412
Main Phone: 806-407-2308
Website: https://www.starcarelubbock.org/services/substance-use-services/outpatient-substance-use-disorder/

Services Provided by StarCare Substance Use Outpatient Treatment - Adolescents:

- Adolescents only – ages 13-17
- State funded Substance Use Disorder Treatment program
- Accepts some Medicaid, Medicare, some commercial insurance, and has self-pay options
- State funding is available for eligible individuals with sliding scale private pay options
- Offers chemical dependency education and counseling, relapse prevention, life skills training

Stages of Recovery
4413 71st Drive Suite G-101, Lubbock, TX 79424
Main Phone: 806-412-4721 – then press option 1
Toll Free: 1-844-621-8816
Website: https://stagesrecoverycenters.com/
Services Provided:

- Teen 12-step meeting
- Free counseling available – call for days

Big Brothers Big Sisters of Lubbock
3416 Knoxville Avenue, Lubbock, TX 79413
Main Phone: 806-763-6131
Hours of Operation: Monday-Thursday 9:00 AM-6:00 PM and Friday 9:00 AM-Noon
Website: https://bbbslubbock.org/contact/
Services Provided:

- Provides one-to-one mentoring relationships between young people and matched mentors

Counties Served: Bailey, Borden, Cochran, Crosby, Cottle, Dawson, Dickens, Floyd, Gaines, Garza, Hale, Hockley, Kent, King, Lamb, Lubbock, Lynn, Motley, Terry, Yoakum

Parent Life Lubbock
2621 34th Street, Lubbock, TX 79410
Main Phone:806-535-5486
Contact person: Renee Morales 806-535-5486
Services Provided:

- For pregnant and parenting teens, moms and dads up to age 19.
- Provides a holistic ministry type support group Tuesdays 5:30 PM-8:00 PM
- Childcare is available during support group, Tuesdays 5:30 PM-8:00 PM
- Class attendance is required to receive dinner and diapers
- Points program is available to earn items from the baby boutique

Teen Help Adolescent Resources
Toll Free: 800-840-5704

Transitional Housing and Sober Living Resources

Driskill Halfway House (Tulia, TX) Males Only
1202 US-87, Tulia, TX 79088
Main Phone: 806-995-4552
Website: https://www.driskillhouse.com/

What to expect when applying to the Driskill Halfway House:

- The applicant will submit a $250.00 nonrefundable processing fee to DHH. This payment is separate from and in addition to any rent required to be paid upon admission. The processing fee shall be paid in a separate check payable to DHH when applying.
- The applicant will provide adequate information for a criminal background check to be conducted. DHH does not currently accept applicants with convictions for violent crimes and/or who are required to register as sex offenders.
- The applicant MUST be sober for at least 30 days. Upon arrival at the facility, the applicant will provide a UA (urine analysis) which will be administered by DHH staff. The UA must be negative. A positive result will exclude the applicant from admission to the program.
- Personal items will be checked when the applicant arrives at the facility to ensure compliance
- The monthly rent is $450.00 which includes room and board.
- Upon admission, each resident will have a PIN assigned to them which will allow them to access the secure entrance to our facility.

Alcoholic Recovery Center of Lubbock, Inc. (men only)
608 17th Street, Lubbock, TX 79401
Main Phone: 806-762-5626
Website: https://www.alcoholicrecoverycenteroflubbock.com/

The Door Sober Living Community (apartment complex - men only)
4705 66th Street, Lubbock, TX 79414
Main Phone: 806-412-4721
Toll Free: 1-844-6-GETHELP
Website: https://www.stagesrecoverycenters.com/lubbock-tx/

The Door program (single dwelling house - women only)
Address undisclosed but located in the Lubbock Country Club, Lubbock, TX
Main Phone: 806-412-4721
Toll Free: 1-844-6-GETHELP
Website: https://www.stagesrecoverycenters.com/lubbock-tx/

Oxford Houses:
Website: https://www.oxfordvacancies.com/
Oxford House Roadhouse
4013 48th Street, Lubbock, TX 79413
Main Phone: 806-701-1901
Male House - Interviews - Sundays at 6:00 PM - Capacity 9

Oxford House Cowboy
4204 40th Street. Lubbock, TX 79413
Main Phone: 806-407-5680
Male House – Interviews – Daily at 7:00 PM – Capacity 10

Oxford House Faith Park
4208 41st Street, Lubbock, TX 79413
Main Phone: 806-701-1612
Male House – Interviews - Mondays at 9:00 PM – Capacity 6

Oxford House Mahon Park
5426 33rd St, Lubbock, TX 79407
Main Phone: 806-701-1795
Male House – Interviews - Daily at 6:30 PM – Capacity 7

Oxford House Sandstorm
4914 18th Street, Lubbock, TX 79416
Main Phone: 806-407-5445
Male House – Interviews Mondays at 6:00 PM – Capacity 7

Oxford House Xena
308 N. Brentwood Ave. A & B, Lubbock, TX 79416
Main Phone: 806-407-5566
Male House – Interviews – Wednesdays at 5:30 PM – Capacity 10

Oxford House Remington Park
5711 78th Street, Lubbock, TX 79424
Main Phone: 806-407-5289
Male House – Interviews – Sundays at 3:30 PM - Capacity 8

AA/NA/AL-ANON/ALA-TEEN/SECULAR SUPPORT RESOURCES

General AA Information
Website: https://www.aa.org/
AA Hotline: 806-778-1716

Lubbock Area AA
Main Phone: 806-799-0124
Website: https://www.aalubbockarea.org/
AA Hotline: 806-928-2277

12th Step House
608 17th Street, Lubbock, TX
Main Phone: 806-762-5626

Agape Women's Group
1215 Slide Road, Lubbock, TX
Main Phone: 806-773-7655

Faith Group
2809 Clovis Road, Lubbock, TX
Main Phone: 806-762-8086

Hub of the Plains
3808 34th Street, Lubbock, TX
Main Phone: 806-797-1211

Rule 62 Group
7801 Indiana Ave, Lubbock, TX
Main Phone: 806-281-0448

Lubbock Group
4234 Boston Ave Ste. B, Lubbock, TX
Main Phone: 806-799-0124

Messenger Fellowship
1702 Baylor Street, Lubbock, TX
Main Phone: 806-632-8166

New Beginnings Group
2209 University Ave, Lubbock, TX
Main Phone: 806-466-9437

Southwest Group
2323 66th Street, Lubbock, TX
Main Phone: 806-928-4363

The Way Out Group
4812 Louisville Avenue, Lubbock, TX
Main Phone: 806-626-2830

Una Nueva Esperanza (Spanish Group)
4812 Louisville, Lubbock, TX
Main Phone: 956-457-0602

Young Wild and Free
2209 University Avenue, Lubbock, TX
Main Phone: 806-466-9437

Noon Hope
***Women only meeting
***Online Meeting Only
***Meetings held 6 times a week over 5 days
Zoom Meeting ID: 293187332 / P/W: 141022
Zoom Meeting Link: zoom.us/j/2931847332

Raider Group (college age - held when TX Tech is in session)
All meetings held at the Center for Students in Addiction Recovery
15th Street & Akron, Lubbock, TX
CSAR Recovery Meeting Schedule: https://www.depts.ttu.edu/hs/csa/meetingschedule.php/

General NA Information
Website: https://www.na.org/
Lubbock Area NA - 806-765-1247

Diamond Back Area/Here & Now Group
4002 Avenue A, Lubbock, TX
Main Phone: 806-747-1976

New Avenues
New Beginnings Group
2209 University, Lubbock, TX
Fresh Start Group
1309 Akron, Lubbock, TX

Just for Today Group
4814 Louisville, Lubbock, TX

General Al-Anon Family Groups Information
International Website: https://www.al-anon.org/
Texas Website: https://www.texas-al-anon.org/
Lubbock Website: https://www.lubbock-al-anon.org/

**Al-Anon is geared towards adults
**Alateen is geared towards adolescents ages 12-19

Al-Anon has nine (9) local groups in the Lubbock area. Al-Anon also meets in Levelland, Brownfield, and Ransom Canyon.

Alateen provides E-meetings, which are monitored by 2 adult Al-Anon sponsors, and can only be accessed on the Al-Anon Family Groups mobile app.
All times are Eastern Times – NOT Central.
Meeting times are Monday 6pm & 10pm, Wednesday 7pm & 9:30 pm, and Thursday 7:30 pm

Secular (Non-12-Step) Meetings
Helpline: 866-517-0503
Available Meeting Groups:

- SMART Recovery: https://www.smartrecovery.org/
- SOS – Secular Organizations for Sobriety: 24/7 Helpline to find a secular meeting – 866-517-0503
- Woman for Sobriety: https://www.womenforsobriety.org/
- LifeRing Secular Recovery: https://www.lifering.org/
- Moderation Management Support Groups: https://www.moderation.org/
- HAMS-Harm reduction, Abstinence, & Moderation Support aka Harm Reduction for Alcohol: https://www.hams.com/

CRISIS LINES/MENTAL HEALTH SERVICES RESOURCES

988 Suicide & Crisis Lifeline
Call or Text: 988
Live chat is available on the website
Website: https://www.988lifeline.org/get-help/

Contact Lubbock Suicide Hotline
Main Phone: 806-765-8393

StarCare Specialty Health System
1950 Aspen Ave, Lubbock, TX 79401
Website: https://www.starcarelubbock.org/

Crisis Services:
Main Phone: 806-740-1414
Toll Free: 1-800-687-7581
Hours of operation: Mon - Fri – 8:00 AM – 5:00 PM
**Walk-in crisis services available 24/7

Mental Health Services:
Main Phone: 806-740-1421
Toll Free: 1-844-472-8810
Hours of operation: Mon - Fri – 8:00 AM – 5:00 PM
**Walk-in crisis services available 24/7

- Counties Served: Lubbock, Lynn, Cochran, Crosby and Hockley

Texas Panhandle Centers
1501 S. Polk, Amarillo, TX 79101
Website: https://www.texaspanhandlecenters.org/

Crisis Services:
Main Phone: 806-359-6699
Toll Free: 1-800-692-4039
Mental Health Services:
Main Phone: 806-337-1000
Toll Free: 1-800-299-3699

- Counties Served: Armstrong, Carson, Collingsworth, Dallam, Deaf Smith, Donley, Gray, Hall, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Potter, Randall, Roberts, Sherman and Wheeler

West Texas Centers
319 Runnels St., Big Spring, TX 79720
Website: https://wtcmhmr.org/

Crisis Services or Mental Health Services*:*
Toll Free: 1-800-375-4357

- Counties Served: Andrews, Dawson, Gaines, Garza, Howard, Mitchell, Nolan, Reeves, Scurry, Terry, Upton, Ward, Winkler and Yoakum

Central Plains Center
2700 Yonkers, Plainview, TX, 79072
Website: http://www.centralplains.org/

Crisis Services:
Toll Free: 1-800-687-1300

Mental Health Services:
Main Phone: 806-291-4470
Toll Free: 1-866-896-2726
Services Provided:

- Adult Psychiatric Services - ages 18 and older and who are diagnosed with a mental illness
  - Mental Health Counseling
  - Mental Health Peers
  - Case Management & Skills Training

- Child and Adolescent Services - ages 3 - 17 years of age with severe emotional and behavioral problems
  - Child and Adolescent Psychiatric Services
  - Family Partners
  - Case Management and Skills Training
  - Youth Empowerment Services Waiver
  - Demographic Criteria for child and adolescent services:
    - Be between 3-17 years of age.
    - Reside in a non-institutional setting with the child's or adolescent's Legally Authorized Representative
    - Reside in the child's or adolescent's own home or apartment, if legally emancipated

COUNSELING SERVICES RESOURCES

Catholic Family Services
102 Avenue J, Lubbock, TX 79401
Main Phone: 806-765-8475
*Call to schedule an intake
Evening/Runaway: 806-765-8629
Website: hhtps://www.cclubbock.org/
Services Provided:

- Services to At-Risk Youth (STAR): ages 0-17
- Services to Runaway Homeless Youth (RHY): Ages 0-17
- Family Counseling (individual, couples, marriage)
- All youth services are FREE

Family Counseling Services
5701 Ave P, Lubbock, TX 79412
Main Phone: 806-747-3488
*Call for appointment
Website: https://ww.fcslubbock.org/
Services Provided:

- Individual, family, child, couples counseling, and group sessions
- Payment is based on a sliding scale

Covenant Counseling Center
3715 20th Street, Lubbock, TX 79410 AND 1302 Broadway Street, Lubbock, TX 79403
Main Phone: 806-725-5443
*Call for appointment
Services Provided for Covenant Counseling Center:

- Counseling and mental health services
- Payment is based on a sliding scale

Texas Tech Family Therapy Clinic
Human Sciences Building-Open to the Public
15th Street and Akron, Lubbock, TX 79409
Main Phone: 806-742-3074
*Call for appointment (messages will be returned)
Hours of Operation: Monday-Thursday 9:00 AM-8:00 PM and Friday 9:00 AM-5:00 PM
Website: http://www.depts.ttu.edu/hs/mft/clinical-services.php/
Services Provided:

- Specializing in child, family, marriage, and individual counseling.
- Counseling provided by supervised graduate students working on Master and PhD Degrees
- Payment is based on a sliding scale

Shiloh Counseling Services
2020 82nd Street, Suite 101, Lubbock, TX, 79423
Main Phone: 806-794-3232
Website: https://www.shilohcounselingservices.com/
Services Provided:

- Individual, couples or marriage therapy, and family therapy
- Session Rates:
    - Licensed Professional Counselor- Supervisor: $140 Per Therapy Hour
    - Licensed Professional Counselor: $130 Per Therapy Hour
    - Board Certified Biblical Counselor: $130 Per Therapy Hour
    - Licensed Professional Counselor Associate: $90 Per Session
    - Supervised Student-Intern: $30 Per Session
- Wellness Consultations: $100 Initial consultation, which includes one follow up
    - Subsequent follow ups are $80 Per session
- Shiloh accepts cash, checks, Visa, Mastercard, American Express, and Discover cards.
- Shiloh also accepts medical spending account cards

- Shiloh does not file or accept any insurance, Medicaid, or Medicare payments. You may choose to file your own insurance claim for yourself, and the benefits will be paid directly to you. We will provide a receipt of your payment for each session, along with any additional information requested, which can be sent to your insurance company.

Texas Tech Psychology Clinic
2810 18th Street, Lubbock, TX 79409
Main Phone: 806-742-3737
*Call for appointment
Hours of Operation: Monday & Friday 8:30 AM-5:00 PM, Tuesday & Wednesday 8:30 AM- 8:00 PM, Thursday 8:30 AM-3:30 PM & 5:00 PM-8:00 PM
Website: https://www.depts.ttu.edu/psy/clinic/
Services Provided for Texas Tech Psychology Clinic:

- Individual, adult, children/adolescents, and couples counseling
- Parent/child (ages 2-7) interaction therapy
- Weight Management for children
- Counseling provided by supervised graduate students working on PhD
- Evaluation for Learning Disabilities and ADHD-Separate flat fee
- Payment is based on a sliding scale

VETERANS RESOURCES

National Call Center for Homeless Veterans
Main Phone: 877-424-3838
Hours of Operation: Calls Answered 24/7

Call the National Call Center for Homeless Veterans to talk privately with a trained VA representative for free. We offer many programs and services that may help. We can also connect you with resources in your community. Our team is here to provide support and guidance, and we'll work with you to explore the available options.

TEXVET
Veterans Resource Coordination Group – Supportive Services for Veteran Families (SSVF)
904 Avenue O, Lubbock, TX 79408
Main Phone: 806-470-9317
Hours of Operation: Monday-Friday 9:00 AM-4:00 PM
Website: https://www.texvet.org/
Services Provided:

- Housing – Homeless Specific
- Financial Counseling
- Mental Health – Peer Support
- No disability requirement
- Career phase: transitioning military
- Counties Served: Bailey, Borden, Cochran, Crosby, Dawson, Dickens, Floyd, Gaines, Garza, Hale, Hockley, Kent, Lamb, Lubbock, Lynn, Motley, Parmer, Swisher, Terry, & Yoakum

StarCare Provider Center - VETSTAR
1950 Aspen Ave, Lubbock, TX 79404
Website: https://www.vetstar.org/
Hours of Operation: Monday-Friday: 0800-1200 & 1300-1700
Services Provided:

- Military Veterans Peer Network (MVPN) - assists service members, veterans, and their families (SMVF) who have experienced trauma or mental health needs by connecting them to a network of peers and services who can help navigate those experiences and develop resiliency through trust, camaraderie, and hope. MVPN assists justice-involved veterans to identify resources in our service-delivery area.

- Texas Veterans Commission General Assistance Program (GAP) – provides military service members, veterans and their dependents with one-time, temporary financial assistance. Services can include help with mortgage, rent, utilities, food vouchers, transportation assistance for rides and vehicle repairs, drop-in child/adult care, funeral, assistive technology, and restorative dental care

Lubbock Vet Center
5107 82nd Street, Suite 100, Lubbock, TX 79424
Main Phone: 806-792-9782
Website: https://www.va.gov/lubbock-vet-center/
Services Provided:

- Confidential help for veterans and their families
- Mental Health Counseling for veterans and their families
- Connections for more support in the VA and your community
- Call to check eligibility for services

U.S. Department of Veterans Affairs
Main Phone: 800-698-2411 (My VA 411 main information line) Hours answered: 24/7
Website: https://www.va.gov/
Hotline for VA benefits: 800-827-1000
Hours answered: Monday-Friday, 8:00AM-9:00PM ET
Hotline for VA health benefits: 877-222-8387
Hours answered: Monday-Friday, 8:00AM-8:00PM ET
Hotline for GI bill: 888-442-4551
Hours answered: Monday-Friday, 8:00AM-7:00PM ET
Local Services Provided:

- Lubbock VA Clinic
  3510 4th Street, Lubbock, TX 79415
  Main Phone: 806-472-3400
  Website: https://www.va.gov/amarillo-health-care/locations/lubbock-va-clinic/
- Thomas E. Creek Department of Veterans Affairs Medical Center (Amarillo VA Clinic)
  6010 Amarillo Boulevard, West, Amarillo, TX 79106
  Main Phone: 806-355-9703
  Mental Health Phone: 806-355-9703, ext. 7430
  Website: https://www.va.gov/amarillo-health-care/

Texas Workforce Commission
2002 W. Loop 289, Suite 117, Lubbock, TX 79407
Main Phone: 512-364-7048
Toll Free: 1-888-838-8391
Contact information for Regional Manager in West Texas:
Anthony Torres, Veterans Resource Coordinator for Texas Veterans Leadership Program
Cell phone: 806-282-1146
Office phone: 806-765-5038 x 2148
Email: anthony.torres@twc.texas.gov
Website: https://www.twc.texas.gov/programs/veterans/leadership

Goal is connecting Veterans with appropriate resources; employment, education programs, advocate for Department of Veteran Affairs, health care and disability, and assist Veteran with attaining personal and professional goals.

This is a program under a major state initiative called the Texas Veterans Leadership Program (TVLP) Serving Veterans (all era), Active Duty Military, National Guard, and Reserve members and their families Services Provided:

- Employment
- Family Services/Counseling
- Disability Claims/Benefits
- Educational and Training
- Benefits for OIF/OEF Special Programs and Services
- Home and/or Land Procurement (VA & Texas Veterans Land Board)
- Emergency Financial Assistance

PERSONS WITH DISABILITES RESOURCES

Texas Workforce Solutions Vocational Rehabilitation Service
2002 W 289 Access Road #117, Lubbock, TX 79407
Main Phone: 806-765-5038
Toll Free: 1-866-765-5038
Website: https://www.twc.texas.gov/programs/vocational-rehabilitation/

StarCare Specialty Health System (IDD)
Main Phone: 806-740-1421
Website: https://www.starcarelubbock.org/services/intellectual-disabilities-services/
Disability Rights Texas
4747 S Loop 289 # 120, Lubbock, TX 79424
Main Phone: 806-765-7794
Hours of Operation: Monday-Friday 8:00 AM-5:00 PM
Website: https://disabilityrightstx.org/

Burkhart Center for Autism Education and Research
2902 18th Street, Lubbock, TX 79410
Main Phone: 806-742-4561
Website: https://www.depts.ttu.edu/burkhartcenter/

LIFE, Inc. Center for Independent Living
8240 Boston Ave, Lubbock, TX 79423
Main Phone: 806-795-5433
Hours of Operation: Monday-Thursday 8:00 AM-6:30 PM
Website: https://www.liferun.org/

EMPLOYMENT RESOURCES

Workforce Solutions of South Plains-Lubbock Center
2002 West Loop 289 Ste. 117 (Inside Wayland Plaza) Lubbock, TX 79407
Main Phone: 806-765-5038
Toll Free: 1-866-765-5038
Hours of Operation: Monday-Friday 8:00 AM-5:00 PM
Website: https://workforcesouthplains.org/

Apply for Unemployment Benefits
Website: https://www.twc.texas.gov/services/apply-benefits/

Lubbock Temporary Help Services
2124 50th St, Lubbock, TX 79412
Main Phone: 806-744-5600
Website: https://ww.lubbocktemp.com/
Services Provided:

- Job positions on a temporary basis
- Temp-to-hire positions
- Offers a broad variety of positions across a wide range of careers

KT Black Services
18 Briercroft Office Park, Lubbock, TX 79412
Call or Text 1-877-475-4553
Hours of Operation: Monday-Thursday 8:00 AM-5:00 PM and Friday 8:00 AM-3:00PM
Website: https://www.ktblack.com/
Services Provided:

- Temporary staffing for short projects or long term staffing positions
- Professional Permanent Placement
- Out of state staffing positions

People Ready
Lubbock Location
3106 50th St., Suite 100, Lubbock, TX 79413
Main Phone: 806-799-3503
Website: https://locations.peopleready.com/us/tx/lubbock

Amarillo Location
121 Westgate Park, Suite 80, Amarillo, TX 79121
Main Phone: 806-373-6400
Website: https://locations.peopleready.com/us/tx/amarillo

Services Provided by People Ready:

- Offers day labor positions
- Same-day staffing
- Provides temporary, temp-to-hire, and project based staffing

MEDICAL RESOURCES

Community Health Center (CHCL)
Main Clinic
1610 5th Street, Lubbock, TX 79401
Main Phone: 806-765-2611
Website: https://www.chclubbock.org/
*Call for appointment; $25 minimum fee based on a sliding scale
Services Provided:

- Main Clinic
  - adult and children's dental
  - behavioral health
  - eye care
  - general primary medical care
  - nephrology
  - pediatrics
  - radiology
  - women's health
- Medical Office Plaza – 3502 9th Street
  - offers women's health services
- Arnett Benson Medical & Dental Clinic – 3301 Clovis Road
  - offers general medical care
  - offers adult and children's dental services
- Community Dental Clinic – 1826 Parkway Drive, Suite 500
  - offers adult and children's dental services
- West Medical and Dental Clinic – 5424 19th Street, Suite 200
  - offers adult and children's dental services
  - offers general medical care
  - offers pediatrics
- Parkway Clinic – 406 MLK Blvd
  - offers general primary medical care
- Chatman Clinic – 2301 Cedar Avenue
  - offers general primary medical care
- 96 West Clinic – 2401 Fulton Avenue #B
  - offers behavioral health counseling

Apply for Medicaid or SNAP at Texas Health and Human Services
1716 Parkway Drive, Lubbock, TX 79403
Main Phone: 806-744-7632
Website: https://www.yourtexasbenefits.com/

University Medical Center Blue Card
UMC Support Services (for intake appointments)
3204 4th Street, Lubbock, TX 79416
Main Phone: 806-775-9014
Website: hhtps://www.umchealthsystem.com/patients-visitors/patient-financial-services/
Requirements:

- Must be a permanent resident of Lubbock County
- Cannot have Medicare, Medicaid, commercial insurance, or other third-party coverage
- College students are only eligible if they qualified as residents *before* enrollment
- Undocumented immigrants are not eligible
- Must meet income and asset limits

Services Provided:

- Medical home visits
- Emergent ER visits
- Non-emergent ER visits
- Pharmacy services
- Hospital inpatient stay payment assistance

**** These are only the basic requirements. Other rules and restrictions may apply. ****

Larry Combest Community Health & Wellness Center
301 40th Street, Lubbock, TX 79404
Main Phone: 806-743-9355
Hours of Operation: Monday-Thursday 8:00 AM-7:00 PM; Fridays 8:00 AM-5:00 PM; Saturdays 9:00 AM-1:00 PM (closed Monday-Friday from 12:00 PM-1:00 PM)
Website: https://www.ttuhsc.edu/nursing/combest/
Services Provided:

- Primary Care (Clinic / Urgent Care Services)
- Diabetes & Wellness Education
- Prenatal Care
- Behavior Health
- Senior House Calls (home visits for qualified seniors)
- Prescription Assistance
- Transportation
- Pediatrics
- Immunization

Lubbock Impact/TTUHSC Free Clinic
2707 34th Street, Lubbock, TX 79410
Main Phone: 806-749-3800
Hours of Operation: Registration time: 4:00 PM-5:00 PM; Clinic starts at 6:00 PM
Website: https://www.lubbockimpact.com/
Services Provided:

- Free medical services for the poor and homeless
- Clothes closet
- Free meals at 5:30 PM

City of Lubbock Health Department
2015 50th Street, Lubbock, TX 79401
Main Phone: 806-775-2933
Hours of Operation: Monday-Thursday 8:00 AM-5:00 PM (open during lunch) and Friday 8:00 AM-Noon
Website: https://www.mylubbock.us/
Services Provided:

- Vaccinations – children and teens under 19 with Medicaid or CHIP or have no private insurance
- Vaccinations – adults with no insurance - $20.00 each vaccine (call for available vaccines)
- Sexual Wellness Clinic – accepts those with or without insurance
    - Testing and treatment for seven different STIs and HIV
    - Pre and post exposure prophylaxis for HIV
    - Treatment for yeast and bacterial vaginosis
    - Walk-in clinic available – all day Tuesday, AM Wednesday, PM Thursday, AM Friday

HIV/STIs/HEPATITIS/TUBERCULOSIS TESTING & TREATMENT RESOURCES

City of Lubbock Health Department
806 18th Street, Lubbock, TX 79401
Main Phone: 806-775-2933 – call to schedule an appointment
Website: https://ci.lubbock.tx.us/departments/health-department/clinical-services
Services Provided:

- STD Clinic – Testing completed for the following conditions:
    - Gonorrhea
    - Chlamydia
    - Syphilis
    - HIV
    - Others as determined by the provider
- All testing is confidential.
- Prevention and risk reduction counseling is provided to every patient seen.

Prices for STD Clinic

- Clinic visit, testing, and treatment - $20.00
- Referred to physician for treatment of certain STDs - $10.00
- If applicable, the patient will receive a written prescription to take to pharmacy. The clinic does not supply or stock medications.

Appointment will need to be delayed if you:

- Are currently on antibiotics or have been on antibiotics in past two (2) weeks
- Are on your menstrual cycle
- Have douched within the past three (3) days.

City of Lubbock-HIV Outreach
806 18th Street, Lubbock, TX 79401
806-438-8989 (Freddie Harris)
806-928-4255 (Rocky Flores)
Website: https://ci.lubbock.tx.us/departments/health-department/health-promotion/hiv-outreach

Services Provided by City of Lubbock-HIV Outreach:

- For individuals who use substances, are HIV positive, and/or are at high risk for HIV infection:
  - HIV education and testing, pre- and post-test counseling
  - Referrals for STD treatment and Medical Treatment
  - Free Syphilis Testing
  - Free HIV rapid testing
- Home Testing is available.
- Scheduled appointments are available
- Walk-Ins Welcome
- Confidential & Anonymous Testing

Amarillo Public Health Department
1000 Martin Rd, Amarillo, TX 79107
806-378-6300
Website: https://www.amarillo.gov/public-health/

HIV/STD Hotlines
AIDS Info: Treatment, Prevention and Research: 1-800-HIV-0440
American Social Health Association: Sexually Transmitted Disease Hotline: 1-800-227-8922
CDC AIDS Information: 1-800-232-4636

WOMEN AND CHILDREN RESOURCES

Grand Expectations
2602 Ave Q, Lubbock, Texas 79411
Main Phone: 806-761-0611
Website: https://www.umchealthsystem.com/services/maternity-newborn/maternity-and-newborn-services-and-programs/grand-expectations/
Services Provided:

- Free pregnancy tests
- Assistance applying for Medicaid
- Physician referrals
- Limited baby clothes
- Requirements: photo ID, social security card, proof of address, proof of income

Parenting Cottage
3818 50th Street, Lubbock, TX 79413
Main Phone: 806-795-7552
Services Provided:

- Prenatal education classes
- Community parenting education
- Home visitation program
- Mothers and Babies Program for expecting mothers and those with children under the age of 1

March of Dimes – Lubbock Chapter
2801 26th Street, Suite 300, Lubbock, TX 79410
Main Phone: 806-761-0611
Toll-free: 888-663-4637
Website: https://www.marchofdimes.org/
Services Provided:

- Free pregnancy tests
- Point system for receiving free baby care items
- Pregnancy information
- Must be planning a pregnancy, currently pregnant, or recently had a baby
- Requires an application for services

Planned Parenthood – Lubbock Health Center
3716 22nd Place, Lubbock, TX 79410
Main Phone: 806-696-3436
Toll-free Hotline: 800-230-7526
Hours of Operation: Mondays & Wednesdays-Fridays 9:00 AM-5:00 PM and Tuesdays 9:00 AM-7:00 PM
Website: https://www.plannedparenthood.org/health-center/texas/lubbock/
Scheduling Website: https://www.docasap.com/
Services Provided:

- Pregnancy testing
- STD testing and treatment
- Emergency contraception and Birth control
- Family Planning services

Parkridge Pregnancy Medical Clinic
5203 79th Street, Lubbock, TX 79424
Main Phone: 806-794-8555
Services Provided:

- Free pregnancy tests
- STD testing and treatment

South Plains Community Action Association, Inc. (SPCAA)
411 Austin Street, Levelland, TX 79336
Main Phone: 806-894-6104
Toll Free: 1-800-782-5028
Hours of Operation: Monday-Thursday 7:30 AM–5:30 PM and Friday 8:00 AM-1:00 PM
Website: https://www.spcaa.org/
*Call or check the website for the many programs available.
Services Provided:

- Head Start
- SPARTAN Public Transportation
- WIC
- Section 8 Voucher Program
- Help accessing Workforce Solutions South Plains

South Plains Community Action Association, Inc. Women, Infants, and Children Program (SPCAA WIC)
Toll Free: 1-866-907-0080
Hours of Operation: Monday-Thursday 7:30 AM–5:30 PM and Friday 8:00 AM-1:00 PM
Website: https://www.spcaa.org/health-service-WIC-program
Services Provided By South Plains Community Action Association:

- Must call for appointments to start services
- Helping transfer your WIC from one clinic location to another clinic location
- Answer any other questions or concerns

County Areas Served:

- Area 1: Brownfield, Celia Ann Lubbock, Central Lubbock, Colorado City, Denver City, Freedom Lubbock, Levelland, Morton, Parkway Lubbock, Post, Rotan, Seminole, Slaton, Snyder, Sweetwater
- Area 2: Alpine, Andrews, Big Lake, Big Spring, Eldorado, Fort Stockton, Kermit. Lamesa, Marfa, McCamey, Midland, Monahans, Odessa, Ozona, Pecos, Presidio, Sonora, Stanton, Tahoka, Van Horn
- Area 3: Archer City, Aspermont, Booker, Borg/er, Breckenridge, Cactus, Canadian, Childress, Clarendon, Crowell, Dalhart, Dumas, Graham, Hamlin, Haskell, Jacksboro, Memphis, Olney, Paducah, Pampa, Perryton, Quanah, Seymour, Shamrock, Spearman, Spur, Stamford, Stratford, Vernon, Wellington, Wheeler
- Area 4: Bonham, Bowie, Commerce, Decatur, Gainesville, Greenville, Mineral Wells, Nocona, Quinlan, Rockwall, Springtown, Weatherford
- Area 5: Albany, Burleson, Cleburne, Clyde, Comanche, Cross Plains, DeLeon, Eastland, Glen Rose, Granbury, Hawley, Stephenville
- Area 6: Brady, Clifton, Gatesville, Goldthwaite, Hamilton, Junction, Lampasas, Llano, Marble Falls, Marlin, San Saba
- Area 7: Ennis, Fairfield, Hillsboro, Kaufman, Mexia, Terrell, Waxahachie

Women's Protective Services (WPS)
Main Phone: 806-747-6491
Toll Free: 1-800-736-6431
Website: https://www.wpslubbock.org/
Specialized advocacy for women, men, and children who have experienced domestic violence
Services Provided:

- 24-Hour Crisis Hotline
- All services are free and confidential
- Shelter, Food, Clothing, and Transportation
- Individual and Group Therapy
- Support Groups
- Parent Education and Children's Programs
- Assistance in obtaining Legal Services and/or Social Services
- Court Accompaniment
- Welfare to Work/Job Readiness Program
- Community Education

Counties covered: Bailey, Cochran, Crosby, Dickens, Garza, Hockley, King, Lamb, Lubbock, Lynn, Terry and Yoakum
***WPS also provides a 25-week Batterers Intervention and Prevention

Lubbock Rape Crisis Center (LCRR), dba Voice of Hope
Main Phone: 806-763-3232
24-Hour Sexual Assault Hotline: 806-763-3232
Website: https://voiceofhopetexas.org/
Services Provided:

- All services are free of charge for victims of sexual assault and/or sex trafficking
- Trained and certified staff/volunteers to handle sexual assault immediate and delayed calls
- 24- hours medical accompaniment for the entire forensic medical exam
- Provide 24-hour sexual assault Nurse Examiner Service (SANE)
- SANEs are available to offer expert testimony when cases are prosecuted
- Provide law enforcement accompaniment at the hospital and to the police station
- Accompaniment to court when a case goes to trial
- When necessary, a personal care package and clothing are furnished to survivors
- Free individual counseling & therapeutic groups, by licensed therapists, to sexual assault/sex trafficking survivors and non-offending family members
- Offers sex trafficking case management, follow-up, and referrals for survivors

Counties Served: Andrews, Bailey, Borden, Cochran, Crosby, Dawson, Dickens, Ector, Floyd, Gaines, Garza, Glasscock, Hale, Hockley, Howard, Kent, Lamb, Lubbock, Lynn, Martin, Midland, Terry, Yoakum

CHILD CARE SERVICES AND BABY ITEMS RESOURCES

Workforce Solutions Child Care Services
2002 West Loop 289 Suite 117, Lubbock, TX 79407
Main Phone: 806-744-3572
Toll Free: 1-800-658-6284
Hours of Operation: Monday-Friday 8:00 AM-5:00 PM
Website: https://childcare.twc.texas.gov/find/welcome/
Services Provided:

- Provides subsidized childcare assistance to eligible low to moderate income families

Counties Served: Bailey, Cochran, Crosby, Dickens, Floyd, Garza, Hale, Hockley, King, Lamb, Lubbock, Lynn, Motley, Terry, Yoakum

Genie Farley Harriman Center for Women & Children
2490 State Hwy1780, Whiteface, TX 79379
Main Phone: 806-229-6361
Email Address: nitawhite@calfarley.org/
Services Provided:

- Childcare facility offering care for infants through school aged children
- Only available to single mothers with children

Texas Child Care Solutions
Website: https://texaschildcaresolutions.org/

Highland Baptist Church -- Baby Closet
4247 34th Street, Lubbock, TX 79410
Main Phone: 806-795-6453
Hours of Operation: Tuesday 1:00 PM-3:00 PM and Wednesday 3:30 PM-5:00 PM
Services Provided:

- Baby clothes and diapers
- Some equipment for infants to four (4) years old
- Must present a Picture ID

Neighborhood House for Lutheran Social Services
1212 13th Street, Lubbock, TX 79401
Main Phone: 806-589-1907
Hours of Operation: Monday-Wednesday 1:00 PM-3:30 PM
***Must arrive by Noon
Services Provided:

- Diapers and limited hygiene items
- Must bring a Picture ID and Social Security Card
- Must have proof of address with a piece of mail received within last 30 days

DENTAL RESOURCES

Catholic Charities, Diocese of Lubbock
102 Ave J, Lubbock, TX 79401
Main Phone: 806-765-8475
Hours of Operation: Monday-Friday 8:00 AM-5:00 PM
Website: https://www.cclubbock.org/
Services Provided for the Catholic Charities Elderly Outreach Program:

- Requirement: Must be 60 years old or older
    - must have ID for all adults in the household
    - must have a social security card for everyone in household
    - must have proof of income in the last 30 days (pay stubs and/or all award letters)
    - must be registered with Texas Workforce Solutions if able to work but are not at the present time
- Assistance with dental (dentures), prescriptions, hearing aids, and eyeglass services
- NOTE: There is a waiting list for dental services.

CHCL - Community Health Center of Lubbock, Main Clinic - Call Center
1610 5th Street, Lubbock, TX 79401
Main Phone: 806-765-2611
Hours of Operation: Monday-Friday 8:00 AM-Noon and 1:00 PM-5:00 PM
Website: https://www.chclubbock.org/main-clinic/
***All communications are handled through this Call Center.

Services Provided by CHCL – Community Health Center of Lubbock, Main Clinic:

- Call for an appointment
- $40 minimum fee based on a sliding scale
- Exams and X-rays
- Cleanings and periodontal (gum) treatment
- Fillings and Extractions
- Sealants and fluoride treatments

CHCL - Arnett Benson Dental Clinic
3301 Clovis Rd, Lubbock, TX 79415
Main Phone: 806-763-5557
Hours of Operation: Monday-Friday 8:00 AM-Noon 1:00 PM-5:00 PM
Website: https://www.chclubbock.org/arnett-benson-medical-and-dental-clinic/

CHCL - Community Dental Clinic
1826 Parkway Drive, Suite 500, Lubbock, TX 79403
Main Phone: 806-687-6259
Hours of Operation: Monday-Friday 8:00 AM-Noon 1:00 PM-5:00 PM
Website: https://www.chclubbock.org/community-dental-clinic/

CHCL - Mobile Dental Unit
Main Phone: 806-765-2611
Hours and locations will vary
Website: https://www.chclubbock.org/dental-care/
***Call for an appointment
***$40 minimum fee based on a sliding scale.

CHCL – West Dental Clinic
5424 19th Street, Suite 200, Lubbock, TX 79407
Main Phone: 806-722-4453 – call for an appointment
Website: https://www.chclubbock.org/west-medical-and-dental-clinic/

Covenant Adult & Children's Dental Clinic
4122 22nd Place, Lubbock, TX 79410
Main Phone: 806-725-5825
Hours of Operation: Monday-Thursday 7:30 AM-4:30 AM
***Call to check eligibility before scheduling an appointment
***Medicaid and CHIP are accepted for patients age 5 and up
Services Provided:

- Oral screenings and exams
- Dental cleanings and X-rays
- Sealants, Fillings, and Crowns
- Root Canals and Extractions
- Assistance with dentures
- Mobile dental unit available – must live with 75-mile radius of Lubbock

Lubbock Impact, Inc
2707 34th Street, Lubbock, TX 79410
Main Phone: 806-749-4329
Hours of Operation: Wednesdays Only – No appointments accepted – spaces are limited
***Registration starts at 4:00 PM with the Clinic starting at 6:00 PM
Website: https://www.lubbockimpact.com
Services Provided:

- Free dental services for the poor and homeless
- Dental screenings only available on the 1st Wednesday of each month
- Call to confirm availability of dentist during Summer Months

LEGAL RESOURCES

Legal Aid Society, Inc.-Family Law Cases Only
916 Main Street, Suite 103, Lubbock, TX 79401
Main Phone: 806-762-2325
Hours of Operations: Monday-Thursday 8:30 AM-4:00 PM and Friday 8:30 AM-11:00 AM
Website: https://www.lubbocklegalaid.org/
Services Provided:

- Must call for prescreening and an appointment day and time
- Handles ONLY family law cases

Legal Aid of Northwest Texas
Services for free civil legal services
Requirements:

- Must call legal Aid of Northwest Texas for prescreening and an appointment day and time
- Must being dealing with a civil law matter – no criminal issues or personal injury cases
- Must be a legal U.S. citizen or Lawful Permanent Resident
- Must have a low income
- Must live in or have a case matter in a county we serve
- Undocumented immigrants may be eligible for help if they qualify under VAWA
- Undocumented immigrants may be eligible for help in obtaining a U Visa or T Visa

Lubbock Office of Legal Aid:
1711 Ave J, Lubbock, TX 79401
Main Phone: 806-763-4557
Toll Free: 1-800-933-4557
Hours of Operation: Monday-Friday 8:00 AM-5:00 PM
Website: https://www.legalaidtx.org/locations/lubbock/
Services Provided:

- Counties Served: Borden, Cochran, Crosby, Dawson, Dickens, Gaines, Garza, Hockley, Kent, Lubbock, Lynn, Terry, Yoakum
- Intake (application) Schedule - call during regular business hours

Amarillo Office of Legal Aid:
203 SW 8th Avenue, Ste. 600, Amarillo, TX 79101
Main Phone: 806-373-6808
Toll Free: 1-800-955-6808
Hours of Operation: Monday-Friday 8:00 AM-5:00 PM
Website: https://www.legalaidtx.org/locations/amarillo/
Services Provided:

- Counties Served: Armstrong, Carson, Collingsworth, Dallam, Deaf Smith, Donley, Gray, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Potter, Randall, Roberts, Sherman, Wheeler
- Intake (application) Schedule - appointments are scheduled throughout the work week for the following Tuesday until all spots are filled
- Emergency appointments are scheduled on an as-needed basis - call during business hours

Free Online Legal Resources

- Texas Law Help
  Website: https://texaslawhelp.org/
- Legal Aid Resources
  Website: https://legalaidtx.org//resources/

CLOTHING/THRIFT STORE/LAUNDRY RESOURCES

Broadway Church of Christ
1924 Broadway, Lubbock, TX 79413
Main Phone: 806-763-0464
Call on Thursday, Friday, or Monday to schedule a Tuesday appointment
**All visits are by appointment only - starting at 9:30 AM-11:15 AM
**May only receive one (1) visit every three (3) months

Greenlawn Church of Christ
5701 19th Street, Lubbock, TX 79407
Main Phone: 806-795-4466
Hours of Operation: Monday 1:00 PM-3:00 PM and Thursday 9:00 AM-11:00 AM
Also 2nd and 4th Saturdays 10:00 AM- 12 Noon
***Must provide a Picture ID and Social Security Card

Guadalupe Economic Services
1502 Erskine Street, Lubbock, TX 79403
Main Phone: 806-744-4416
Hours of Operation: Monday & Wednesday 1:00 PM-4:00 PM
Services Provided:

- Only serve those with a referral from Adult, Children, and/or Women's Protective Services

***Thrift Store: open to public – Monday-Saturday 9:00AM-3:00 PM
***Free Hygiene Closet every 3rd Thursday of the Month from 11:30 AM-1:30 PM—Must have a valid ID for everyone 18 years and above.

Hope Community Lubbock
2005 Avenue T, Lubbock, TX 79411
Main Phone: 806-762-0829
Hours of Operation: Sunday ONLY from 4:00 PM-5:30 PM

Lubbock Dream Center
1111 30th Street, Lubbock, TX 79411
Main Phone: 806- 793-3336
Hours of Operation: Monday-Wednesday 10:00 AM-4:00 PM
Website: https://lubbockdreamcenter.org//
Services Provided:

- Clothing Closet– clothing items for families in the Lubbock area
- Action Family-health & wellness initiative to help families break unhealthy generational patterns
- Adopt a Block- Frontline Ministry - making a local impact by walking in a neighborhood picking up trash, inviting the children and the families to our ministry events, and praying with residents on their doorstep
- Helping Hands- demonstrating the love of Christ by being a source of manual laborers for others
- Prime Time-enriching a 55+ group at a local nursing home with prayer, singing, flowers, muffins
- Pearson VUE Test Center – a secure and accessible GED Certification testing site
- GED Test Preparation Classes for the High School Equivalency GED Certification Exam
- GED Test Preparation classes for English as a Secondary Language Classes
- Provides English as a Second Language classes through the partnership with Literacy Lubbock
- Hosts the Conversation Café which allows people to engage in an everyday conversation setting
- Back to School Bash where over 1500 backpacks with school supplies are given away
- Turkey Day Giveaway for families that registered through the local participating schools
- Local Christmas toy drive for families in the Lubbock area

Clothing donations accepted Monday-Wednesday 10:00 AM-4:00 PM

Lubbock Impact, Inc.
2707 34th Street (34th Street & Boston), Lubbock, TX 79410
Main Phone: 806-799-4329
Hours of Operation: Wednesday 1:00 PM-3:00 PM and 5:45 PM-6:30 PM
***Clothing donations accepted on Wednesdays 1:00 PM-6:00 PM

Redbud Baptist Church – Christ's Cupboard
801 Slide Road, Lubbock, TX 79416
Main Phone: 806-799-3832
Hours of Operation: Tuesdays 1:00 PM-4:00 PM

Saint Paul's Thrift House
1508 Avenue X (15th Street & Avenue X), Lubbock, TX 79401
Main Phone: 806-762-4288
Hours of Operations: Tuesday-Saturday 10:00 AM-1:00 PM

Upland Mission Lubbock
1711 Upland, Lubbock, TX 79416
Main Phone: 806-687-8452
Hours of Operation: Tuesdays and Wednesdays 9:00 AM-1:00 PM
Website: https://www.uplandmission.org/
*Must be signed up no later than 12:30 PM to receive services and a Photo ID is required
Services Provided:

- Clothing for the family
- Small home goods, household items, furniture
- A food bag and/or limited personal hygiene
- Household cleaning supplies
- All items are provided at no charge

Guidelines for Operation:

- Each household may shop one (1) time each month
- Each guest may only shop for 20 minutes - so please prioritize your needs
- Each guest may receive one bag with no more than eight (8) cans of food each month
- No public restrooms available.

Hope Community Lubbock
2005 Avenue T, Lubbock, TX 79411
Main Phone: 806-762-0829
Hours of Operation: Monday, Tuesday, Wednesday, & Thursday 9:00 AM-12 Noon and 1:00 PM-4:00 PM
Website: https://www.hopecommunitylbk.com/
Services Provided:

- HOPE Clothes Closet- all types of clothing are completely free of charge

Susie's Closet Inc.
1701 Parkway Drive, Lubbock, TX 79401
Main Phone: 806-368-8225
Hours of Operation: Tuesday and Thursday 1:00 PM-4:00 PM
Website: https://www.susiescloset.com

Lubbock Dream Center
1111 30th Street, Lubbock, TX 79411
Main Phone: 806- 793-3336
Hours of Operation: Tuesday and Wednesday 10:00 AM-4:00 PM or by appointment
Website: https://lubbockdreamcenter.org/
Services Provided:

- Clothing Closet – Must be a family living in the Lubbock area

Westminster Presbyterian Church
3308 34th Street, Lubbock, TX 79410 (Loads of Love building address)
Main Phone: 806-722-7427
Hours of Operation: Mon & Wed 10:00 AM- 5:00 PM & Last Saturday of each month 10:00 AM-3:00 PM

Services Provided by Westminster Presbyterian:

- Laundry available in LOADS OF LOVE Building – for Women and Children Only
- Last load is at 3:30 PM – so you can be finished by 5:00 PM
- Require: Pay 25 cents per load to wash and dry with a maximum of 2 loads per day
- Detergent provided
- Internet Searches available

HOMELESSNESS, HOUSING AND RENTAL RESOURCES

Open Door
1918 13th Street, Lubbock, TX 79401
Main Phone: 806-687-6876
Hours of Operation: Sunday 7:00 AM-10:15 AM and Monday-Friday 7:30 AM-2:20 PM
Website: https://www.opendoorlbk.org/
Services Provided by Open Door:

- Community Center (open daily)
  - Showers & restroom facilities
  - Mail and phone services
  - Lockers for personal items
  - Daily Breakfast and coffee
  - Life skills classes
  - Assistance in obtaining vital records such as birth certificates, IDs, and Social Security cards
  - Assistance in applying for jobs and/or benefits (disability, food stamps, social security, etc.)
- Supportive Housing
  - Must first complete a housing assessment
  - Long-term housing with comprehensive supportive services to adults exiting chronic homelessness
  - Provides case management
- Survivor Housing
  Temporary housing with therapeutic supportive services for adult survivors of sex trafficking and their children
  - Provides comprehensive support services – case management, counseling, childcare, transportation, peer support, support groups, and employment assistance

The Salvation Army Texas South Plains
Lubbock Location
1111 16th Street, Lubbock, TX 79401
Main Phone: 806-765-9434
Website: https://southernusa.salvationarmy.org//lubbock

Amarillo Location
400 S. Harrison St, Amarillo, TX 79101
Main Phone: 806-373-6631
Website: https://southernusa.salvationarmy.org//amarillo

Services Provided at both locations:

- Emergency Shelter
- Rapid Rehousing program
- Rent and Utility Assistance
- Feeding Program

Counties Served: Bailey, Cochran, Crosby, Floyd, Gaines, Garza, Hale, Hockley, Lamb, Lubbock, Lynn, Terry, and Yoakum

Community Housing Resource Board
1628 Main Street, Lubbock, TX 79401
Main Phone: 806-763-3877
Services Provided:

- Call for eligibility criteria
- Must reside in Lubbock County

Lubbock County General Assistance
916 Main Street, Lubbock, TX 79401
Main Phone: 806-775-1605
Hours of Operation: Monday-Friday 8:00 AM-5:00 PM
Website: https://www.lubbockcounty.gov/
Services Provided:

- *Call for intake appointment
- Rent for current month only; no amount in arrears and no deposits paid
- Utilities: payment for current utility bills only; utility service must be connected; no deposits paid
- Telephone service: no type of telephone service payments will be made
- Food: must provide proof from the Food Stamp office showing why a client is not eligible for emergency food stamps; may only get an emergency grocery order once every six (6) months
- Cremations: the deceased must have expired in Lubbock County to apply for assistance
- Requirements:
    - Must have a picture ID for adults in the household
    - Must have a social security card of everyone residing in the household
    - Head of household must be at least 18 years of age or married
    - A household must include either a totally disabled adult or a minor child
    - Must be without income for thirty days
    - Must provide proof that the household has resided in Lubbock County for at least 30 days prior to applying for assistance.

Habitat for Humanity
3630 50th Street, Lubbock, TX 79413
Main Phone: 806-763-4663
Hours of Operation: Tuesday-Saturday 10:00 AM-6:00 pm
Website: https://lubbockhabitat.org/
Services Provided:

- Must meet current HUD income guidelines
- Offers a Home Ownership Program

Lubbock Housing Authority
1708 Crickets Avenue, Lubbock, TX 79401
Main Phone: 806-776-2300
Hours of Operation: Monday-Thursday 7:00 AM-4:00 PM and Fridays 7:00 AM-11:00 AM
Website: https://lubbockha.org/
Public Housing in Lubbock

- The U.S. Department of Housing and Urban Development (HUD) administers housing assistance to residents of the City of Lubbock through the Housing Authority of the City of Lubbock (LHA). In this capacity, LHA is the owner and manager of approximately 304 housing units scattered throughout Lubbock. These units provide housing for low income families, the elderly, and disabled individuals at rents they can afford. Tenants of public housing units pay 30% of their income toward their rent. Any additional costs are subsidized with federal funding.
- Section 8 Housing Choice Vouchers (HCV)
    - The Section 8 Housing Choice Voucher (HCV) Program allows low income citizens to find their own places to rent in Lubbock. Voucher holders are free to choose any house that meets minimum health and safety standards. Once a family finds a home that they wish to rent, LHA must inspect it to make sure that it meets HUD's housing quality standards. LHA also checks to make sure that the rents are reasonable and within the fair market rent range for Lubbock. Households assisted through the Section 8 program pay 30% of their income toward the rent. Then LHA pays private landlords the difference between what participating households can afford and the rent for the units.
- Section 8: Project Based Voucher
    - Section 8: Project Based Vouchers are part of a government-funded program that provides rental housing to low-income households. These may be in privately owned and managed rental units. The subsidy stays with the building; when you move out, you no longer have rental assistance. Most tenants will pay rent based on 30% of their adjusted income; the voucher will cover the rest.
- Requirements: application, photo ID, utility bill, proof of address and income, social security card, be a US citizen, live in Lubbock County

StarCare's PATH (Projects for Assistance in Transition from Homelessness) Program
1950 Aspen Avenue, Lubbock, Texas 79408
Main Phone: 806-787-8783
Website: https://www.starcarelubbock.org/path-2/
Services Provided:

- Connecting homeless individuals or those at risk of becoming homeless with essential mental health services and resources
- Referrals for mental health assessments
- Referrals to community resources
- Housing assistance with rent, deposit, or application fee (subject to funding availability)
- Household items assistance (subject to funding availability)
- Case management services to address housing barriers and referrals to community assistance

PRESCRIPTION ASSISTANCE RESOURCES

Broadway Church of Christ
1924 Broadway Street, Lubbock, TX 79401
Main Phone: 806-763-0464
Hours of Operation: Monday-Thursday 9:00 AM-5:00 PM and Friday 9:00 AM-3:00 PM
***Call for information prior to arriving
***$30 per individual every 90 days

Catholic Charities, Diocese of Lubbock
102 Avenue J, Lubbock, TX 79401
Main Phone: 806-765-8475
Hours of Operation: Monday-Friday 8:00 AM-5:00 PM
Website: https://www.cclubbock.org/
***Call to schedule an appointment, which is required.

- Must bring proof of income (SSI/Disability, Child Support Letter, Food Stamp letter, Texas Workforce letter or last two (2) paycheck stubs)

Lubbock Impact, Inc.
2707 34th Street, Lubbock, TX 79410
Main Phone: 806-799-4329
***Can provide prescription assistance ONLY if individual is seen by Lubbock Impact's physicians

Neighborhood House for Lutheran Social Services
6501 University, Suite 504, Lubbock, TX 79413
Main Phone: 806-589-1907
Hours of Operation: Monday-Friday 8:00 AM-4:30 PM
Services Provided:

- Require documents for all services: Picture ID, Social Security Card, bill showing address within last 30 days
- Utility assistance – call for appointment
- Medication assistance ($20.00) one (1) time per year; prescription must be purchased from United Coalition Pharmacy
- Food vouchers and hygiene products

Populations served: single mothers, elderly & disabled on fixed income at or below poverty level, homeless, marginally homeless, and persons who are in a temporary financial crisis

Texas Tech University Health Science Center - Community Health & Wellness Centers
**These are NOT free clinics.
Required Documents Needed:

- Proof of income for all persons in house
- Unemployment form, if applicable

Larry Combest Community Health and Wellness Center
301 40th Street, Lubbock, TX 79404
Main Phone: 806-743-9355
Hours of Operation: Mon-Thurs 8:00 AM-7:00 PM; Friday 8:00 AM-5:00 PM; Saturday 9:00 AM-1:00 PM
All care services are provided by Licensed Nurse Practitioners (this is a Nurse Led Center)
**Call for appointments and information

Combest Central Community Health Center
6501 University Avenue, Suite 600, Lubbock, TX 79413
Main Phone: 806-743-2424
Hours of Operation: Monday-Friday 8:00 AM-12 Noon and 1:00 PM-5:00 PM
**Call for appointments and information

Abilene Community Health Center
1749 Pine Street, Abilene, TX 79601
Main Phone: 325-696-0600
Hours of Operation: Mon-Fri 8:00 AM-12 PM and 1:00 PM-5:00 PM; every 3rd Saturday 8:00 AM-1:00 PM
**Call for appointments and information
Services Provided:

- Primary Healthcare Services for all ages
- Behavioral Health
- Prenatal/Midwifery Services
- Diabetes Education
- Prescription Assistance
- Transportation, call for this service
- Patient-Centered Care, Complete Healthcare for All Ages
- Medicaid, Medicare, Commercial Insurance
- Self-Pay with a Sliding Scale Fee- based on income

UTILITIES ONLY ASSISTANCE RESOURCES

Catholic Charities, Diocese of Lubbock
102 Avenue J, Lubbock, TX 79401
Main Phone: 806-765-8475
Hours of Operation: Monday-Friday 8:00 AM-5:00 PM
Website: https://www.cclubbock.org/
***Call to schedule an appointment, which is required
Services Provided:

- Must bring proof of income (SSI/Disability, Child Support Letter, Food Stamp letter, Texas Workforce letter or last two (2) paycheck stubs)
- Cannot help once services have been disconnected
- Cannot pay for startup LP&L deposit, or reconnect fees
- Cannot help with rental payments

Neighborhood House for Lutheran Social Services
6501 University, Suite 504, Lubbock, TX 79413
Main Phone: 806-589-1907
Hours of Operation: Monday-Friday 8:00 AM-4:30 PM
Services Provided:

- Require documents for all services: Picture ID, Social Security Card, bill showing address within last 30 days
- Utility assistance – call for appointment; cannot help with deposits, start-ups, or disconnects
- Medication assistance ($20.00) one (1) time per year; prescription must be purchased from United Coalition Pharmacy
- Food vouchers and hygiene products

Populations served: single mothers, elderly & disabled on fixed income at or below poverty level, homeless, marginally homeless, and persons who are in a temporary financial crisis

South Plains Community Action Association, Inc. (SPCAA – Rural Utilities)
411 Austin Street, Levelland, TX 79336
Main Phone: 806-894-6104
Toll Free: 1-800-782-5028
Hours of Operation: Monday-Friday 8:00 AM-Noon & 1:00 PM-5:00 PM
Website: https://www.spcaa.org/
***Call or check the website for all the available programs
***Assists with utilities for the 14 rural counties outside of Lubbock County
Counties Served: Bailey, Cochran, Crosby, Dickens, Floyd, Garza, Hale, Hockley, King, Lamb, Lynn, Motley, Terry, and Yoakum.

TRANSPORTATION RESOURCES

Citibus
801 Texas Ave, Lubbock, TX 79401
Main Phone: 806-775-3640
Website: https://www.citibus.com

Regular Fare Information
Citibus Passes:

- $14.50 Weekly pass
- $50.00 Monthly pass

Daily fares on Fixed Routes:

- $0.50 Special Efforts Card (Seniors [65+], Medicare, & Disabled)
- $1.00 Per Person One-Way, Children 5 & under ride free
- $2.00 Day Pass
- $10.00 Weekly Pass
- $30.00 Monthly Pass

Citibus Access Services:
Hours of Operation: Monday-Friday 5:35 AM-7:45 PM and Saturday 6:35 AM-7:55 PM

- For paratransit/ADA certified individuals, from other home areas, are eligible for up to 21 days of paratransit service in Lubbock during a 12-month period
- Must fill out required documentation for consideration to use this service
- May be required to show proof of residency and/or answer questions about disability
- All riders must be ADA eligible and accepted to use Citibus Access
- Rides must be booked the previous day to avoid premiums
- Fares range between $2.00-$10.00 per trip based on begin and end locations
    - Trip begins/ends inside of ¾ mile of a fixed route - $2.00 per trip
    - Trip begins/ends outside of ¾ mile but inside 2 miles of a fixed route and to/from High Point Village - $5.00 per trip
    - Trip begins/ends outside of 2 miles to city limit - $10.00 per trip
    - Trip for ADA eligible rider inside service area - $10.00 per trip

Citibus On-Demand Services:
Hours of Operation: Monday-Friday 7:00 AM-11:00 PM and Saturday 6:45 PM-11:00 PM

- Rideshare that prioritizes ADA & Medicaid approved individuals, then the public, for services
- Schedule and fares are available on the GoPass app which can be downloaded on a smartphone
- Fares range between $2.00-$10.00 per trip based on trip distances
    - Trips less than 2 miles - $2.00 / trip
    - Trips 2-4 miles - $5.00 / trip
    - Trips 4-7 miles - $7.00 / trip
    - Trips 7+ miles - $10.00 / trip
- For booking appointments- download the GoPass app or call 806-775-3640

Citikids, Summer, and CitiU Passes
All passes can be purchased at Citibus' main office at 801 Texas Ave
Rates - $52.50 for each Season Pass
Passes are available:

- Fall Season – August 15th - December 31st
- Spring Season – January - May
- Summer Season – June – August

Citikids and Summer Passes Program Details

- Registration is required
- Offered only to Lubbock youth – ages 5 (if in kindergarten) to 18 years old
- Proof of age is required
- Unlimited rides on Citibus Fixed Route system
- Picture ID, which is provided by Citibus, must be carried whenever using Citibus
- Child must be present in order to get a photo for their Picture ID

CitiU Pass Program Details

- Unlimited rides for enrolled college students at select schools
- Offered only to registered students at Wayland Baptist University, Lubbock Christian University, Vista College, or Kaplan College
- Registration is required
- Proof of enrollment is required
- ***Please call SPARTAN Transportation for service to South Plains College – 806.894.3800

*Discounts apply only to cash fares on the bus and cannot be applied to pass purchases.
*Each time you board a bus, you will pay the regular fare unless you are using a daily, weekly, or monthly pass.
*Special Efforts Card - With appropriate documentation this card entitles the recipient to half price off a regular fixed route one-way fare.
*Appropriate documentation includes Medicare Card or Special Efforts form completed by a physician, licensed health care provider, or licensed rehab/social worker. Not available to be used when purchasing a Day Pass, Weekly Pass, or Monthly Pass.

Yellow Cab
2011 Ave. C, Ste. 3, Lubbock, TX 79404
Main Phone: 806-765-7777
Hours of Operation: 24 Hours a Day, 7 Days a Week
Service Areas: 250-Mile Radius of Lubbock, TX

Spartan Public Transportation
1105 TX-114 #1104, Levelland, TX 79336
Main Phone: 806-894-3800
Website: https://www.spartanpublictransit.com/
Services Offered:

- Schedule a Ride on the Plains Trails Transit route
    - reservations must be booked at least 24 hours in advance
    - shared ride public transportation service
    - boarding may take place within a 30 minute window -15 minutes before or after a scheduled pick-up time
- Demand Response School – transportation routes to schools in Brownfield Littlefield, and Levelland (no service to the high school in Levelland)
    - Must apply or reapply for this service each year by filling out an online application
    - Approved applicants are assured of a seat for the duration of the school year
    - Fares are $2.00/day or $10/week regardless of the number of days used each week
- Business Transportation options – to help businesses recruit and retain quality employees
- Non-emergency medical transportation options for Medicaid and Medicare approved trips

Rural public transportation provided in the following 17 Texas counties: Bailey, Cochran, Dickens, Floyd, Garza, Hale, Hockley, King, Lamb, rural Lubbock, Lynn, Mitchell, Motley, Scurry, Terry and Yoakum.

Westminster Presbyterian Church-Loads of Love building
3308 34th Street, Lubbock, TX 79410
Main Phone: 806-722-0338
Website: https://www.wpclubbock.org/women-on-mission

- Thursdays Only, 1:30 pm-3:30 pm
- Gasoline Voucher: One time ONLY
- *Required:* Valid Driver's License, Social Security Card and Proof of current address with a piece of mail received within the last 30 days.

Amarillo City Transit
Main Phone: 806-378-3095
Live App: https://prpc.wtamu.edu/
Website: https://www.amarillo.gov/amarillo-city-transit/current-schedules/
***Check website or app for more information on routes and prices

Panhandle Transportation
1309 SW 8th Ave, Amarillo, TX
Main Phone: 806-372-2351
Toll Free: 800-676-4727
Scheduling Phone: 800-800-6162
Website: https://www.pcsvcs.org/services/transit/
Services Provided:

- Panhandle Transit provides transportation to non-urban areas across the Texas Panhandle
- The service is a curb-to-curb, demand/response service that allows pick-up and/or drop-off options based on client needs
    - Curb-to-curb demand-response services must be scheduled at least 24 hours in advance and transports are based on availability
- *Requirements:*
    - Clients must be able to enter and/or exit their destination without assistance from the driver
    - The driver will assist passengers in loading and unloading the van- excluding packages PCS drivers have been trained in passenger assistance and emergency procedures to ensure that all passengers are safe, comfortable, and secure.

ONLINE AND 24-HOUR TELEPHONE-BASED RECOVERY SUPPORT SERVICES

Common Hotline Phone Numbers
Whether you're in crisis or are just looking help for a friend or family member, there are dozens of organizations available to help you deal with a variety of immediate concerns, from crisis situations and domestic violence to rape and substance abuse. Most of these hotlines are available 24 hours a day and can help you with whatever level of assistance you need — from general information about the topic, to helping you find an immediate intervention. The hotlines below are listed in alphabetical order according to topic.

If you're suicidal, we recommend contacting the National Suicide Prevention Lifeline toll-free at 800-273-8255 or Dial 988. Additional crisis and suicide hotlines are available in the category below, Crisis and Suicide.

Alcohol
SAMHSA's National Helpline: 1-800-662-HELP (4357)
Alcohol Hotline: 1-800-331-2900
Al-Anon for Families of Alcoholics: 1-800-344-2666
Alcohol and Drug Helpline: 1-800-821-4357
Family's Anonymous: 1-800-736-9805
National Council on Alcoholism and Drug Dependence Hope line: 1-800-622-225

Child Abuse
Judge Baker Children's Center – Child Abuse Hotline: 1-800-792-5200
Child Help USA National Child Abuse Hotline: 1-800-422-4453

Crisis and Suicide
Girls & Boys Town National Hotline: 1-800-448-3000
National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
National Youth Crisis Hotline: 1-800-442-HOPE (4673)

Domestic Violence
National Domestic Violence Hotline: 1-800-799-7233
National US Child Abuse Hotline: 1-800-422-4453

Mental Health
National Mental Health Crisis: 988
988 Lifeline ofrece servicios gratuitos en español las 24 horas del día, los 7 días de la semana

Pregnancy
National Maternal Mental Health Hotline: 1-833-TLC-MAMA (852-6262)

Rape and Sexual Assault
National Domestic Violence/Child Abuse/ Sexual Abuse: 1-800-799-7233
National Sexual Assault Hotline: 1-800-656-HOPE (4673)

Runaway
National Runaway Safeline: 1-800-RUNAWAY (786-2929)
Child Find of America: 1-800-426-5678
National Hotline for Missing & Exploited Children: 1-800-843-5678

Overdose Prevention and Education Resources
Texas Poison Center Network: 1-800-222-1222
Texas Overdose Naloxone Initiative: website: https://www.facebook.com//txodinitiative/
Get Naloxone Now: website: https://www.getnaloxonenow.org//#home
Texas Poison Control: 1-800-222-1222
Toll-Free: 211- information on critical health and human services available in each community

Social Security Office
5825 16th Street, Lubbock, TX 79416
Toll Free: 1-866-467-0460
Website: https://www.ssa.gov/

Substance Use
SAMHSA's National Helpline: 1-800-662-HELP (4357)
Cocaine Anonymous: 1-800-347-8998
National Institute on Drug Abuse Hotline: 1-800-662-4357

Tobacco Cessation Services
For requesting tobacco cessation information or to report illegal tobacco sales to minors
Toll-Free: 1-800-345-8647
Free confidential and multilingual telephone cessation counseling for Texans needing support
Toll-Free: 1-877-937-7848 or TTY 1-866-228-4327
Website: https://www.dshs.texas.gov/tobacco/

Veterans
Veterans Crisis Line: 988 then press 1; text 83825

REGIONAL OSAR/LMHA SERVICES IN TEXAS

Region 1: StarCare Specialty Health System
1950 Aspen Ave., Sunrise Canyon Complex, Lubbock, TX 79404
OSAR Intake Phone- 806-740-1421
Toll Free Phone- 844-472-8810
Crisis Line- 806- 740-1414
Website: https://www.starcarelubbock.org/
Counties Served by Region 1 OSAR: Armstrong, Bailey, Briscoe, Carson, Castro, Childress, Cochran Collingsworth, Crosby, Dallam, Deaf Smith, Dickens, Donley, Floyd, Garza, Gray, Hale, Hall, Hansford, Hartley, Hemphill, Hockley, Hutchinson, King, Lamb, Lipscomb, Lubbock, Lynn, Moore, Motley, Ochiltree, Oldham, Parmer, Potter, Randall, Roberts, Sherman, Swisher, Terry, Wheeler, and Yoakum

Region 2: Helen Farabee Center
1000 Brook Street, Wichita Falls, TX 76301
Main Phone- 940-397-3143
Crisis Phone- 800-621-8504
Website: https://www.helenfarabee.org/
Counties Served by Region 2 OSAR: Archer, Baylor, Brown, Callahan, Clay, Coleman, Comanche, Cottle, Eastland, Fisher, Foard, Hardeman, Haskell, Jack, Jones, Kent, Knox, Mitchell, Montague, Nolan, Runnels, Scurry, Shackelford, Stephens, Stonewall, Taylor, Throckmorton, Wichita, Wilbarger, and Young

Region 3: MHMR of Tarrant County
3840 Hulen Street, Fort Worth, TX 76107
Main Phone- 817-335-3022
Crisis Phone- 800-866-2465
Website: https://www.mhmrtarract.org/
Counties Served by Region 3 OSAR: Cooke, Denton, Erath, Fannin, Grayson, Hood, Johnson, Palo Pinto, Parker, Somervell, Tarrant, and Wise

Region 4: Andrews Center Behavioral Healthcare System
2323 West Front Street, Tyler, TX 75702
Main Phone- 903-597-1351
Toll Free- 800-735-2988
Crisis Phone- 877-934-2131
Website: https://www.andrewscenter.com/
Counties Served by Region 4 OSAR: Anderson, Bowie, Camp, Cass, Cherokee, Delta, Franklin, Gregg, Harrison, Henderson, Hopkins, Lamar, Marion, Morris, Panola, Rains, Red River, Rusk, Smith, Titus, Upshur, Van Zandt, and Wood

Region 5: Burke Center
2001 S. Medford Drive, Lufkin, TX 75901
Main Phone- 936-634-5010
Toll Free- 866-242-4556
Crisis Phone- 800-392-8343
Website: https://www.myburke.org/
Counties Served by Region 5 OSAR: Angelina, Houston, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity and Tyler Serving Angelina, Hardin, Houston, Jasper, Jefferson, Nacogdoches, Newton, Orange, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity, and Tyler

Region 6a: The Harris Center for Mental Health and IDD (Intellectual and Developmental Disabilities)
94011 Southwest Freeway, Houston, TX 77074
Main Phone- 866-970-4770
Crisis Phone- 713-970-7000, option 1
Website: https://www.mhmraharris.org/
Counties Served by Region 6a OSAR: Harris

Region 6b: The Council on Recovery
303 Jackson Hill Street, Houston, TX 77007
Main Phone- 713-942-4100
Helpline- 713-970-7000
Website: https://www.councilonrecovery.org/
Counties Served by Region 6b OSAR: Harris, Liberty, Montgomery, Walker, Austin, Brazoria, Chambers, Colorado, Fort Bend, Galveston, Matagorda, Waller, and Wharton Counties

Region 6c: Gulf Coast Center LMHA
123 Rosenberg, 4th floor, Galveston, TX 77550
Main Phone- 406-944-4365
OSAR Phone- 844-704-1291
Crisis Phone- 866-729-3848
OSAR email: osar@gulfcoastcenter.org
Website: https://www.gulfcoastcenter.org/
Counties Served by Region 6c OSAR: Austin, Brazoria, Chambers, Colorado, Fort Bend, Galveston, Matagorda, Waller, and Wharton Counties

Region 7: Bluebonnet Trails Community Services
1009 N. Georgetown Street, Round Rock, TX 78664
OSAR Phone- 844-309-6385
Crisis Phone- 800-841-1255
Website: https://www.bbtrails.org/
Counties Served by Region 7 OSAR: Bastrop, Bell, Blanco, Bosque, Brazos, Burleson, Burnet, Caldwell, Coryell, Falls, Fayette, Freestone, Grimes, Hamilton, Hays, Hill, Lampasas, Lee, Leon, Limestone, Llano, Madison, McLennan, Milam, Mills, Robertson, San Saba, Travis, Washington, and Williamson

Region 8: The Center for Health Care Services
601 North Frio, Bld. 2 – entrance “C”, San Antonio, TX 78207
OSAR Phone- 210-261-3076
Crisis Phone- 1-800-316-9241 or 210-223-7233
Website: https://www.chcsbc.org/
Counties Served by Region 8 OSAR: Atascosa, Bandera, Bexar, Calhoun, Comal, De Witt, Dimmit, Edwards, Frio, Gillespie, Goliad, Gonzales, Guadalupe, Jackson, Karnes, Kendall, Kerr, Kinney, La Salle, Lavaca, Maverick, Medina, Real, Uvalde, Val Verde, Victoria, Wilson, and Zavala

Region 9: PermiaCare
401 E. Illinois, Midland, TX 79701
Main Phone- 432-570-3333
Crisis Phone- 1-844-420-3964
Website: https://www.pbmhmr.com/
Counties Served by Region 9 OSAR: Andrews, Borden, Coke, Concho, Crane, Crockett, Dawson, Ector, Gaines, Glasscock, Howard, Irion, Kimble, Loving, Martin, Mason, McCulloch, Menard, Midland, Pecos, Reagan, Reeves, Schleicher, Sterling, Sutton, Terrell, Tom Green, Upton, Ward, and Winkler

Region 10: Emergence Health Network
8500 Boeing Drive, El Paso, TX 79925
Main Phone- 915-887-3410
Crisis Phone- 915-779-1800
Website: https://www.emergencehealthnetwork.org/
Counties Served by Region 10 OSAR: Brewster, Culberson, El Paso, Hudspeth, Jeff Davis, and Presidio

Region 11: Tropical Texas Behavioral Health
1901 S. 24th Ave., Edinburg, TX 78540
OSAR Phone- 800-813-1233
Crisis Phone- 877-289-7199
OSAR Email: sud@ttbh.org
Website: https://www.ttbh.org/
Counties Served by Region 11 OSAR: Aransas, Bee, Brooks, Cameron, Duval, Hidalgo, Jim Hogg, Jim Wells, Kenedy, Kleberg, Live Oak, McMullen, Nueces, Refugio, San Patricio, Starr, Webb, Willacy, and Zapata