



OSAR

(Outreach, Screening, Assessment and Referral)

Region 1

Resource Directory

FY26

September 2025

Contents

TREATMENT AND RECOVERY COMMUNITY	3
Adult SUD Treatment Providers.....	5
Adolescent SUD Treatment Providers	9
Transitional Housing/Sober Living/Housing Resources	9
AA/NA/Al-Anon/Ala-teen.....	12
CRISIS LINES/MENTAL HEALTH SERVICES	13
Counseling Services.....	14
RESOURCES FOR VETERANS.....	16
RESOURCES FOR PERSONS WITH DISABILITIES.....	17
EMPLOYMENT RESOURCES.....	18
MEDICAL.....	18
DENTAL RESOURCES	20
CHILD CARE SERVICES	21
LEGAL SERVICES	22
HOMELESS RESOURCES.....	23
TRANSPORTATION	24
HIV/STI'S/HEPATITIS/TUBERCULOSIS.....	26
24-HOUR TELEPHONE-BASED RECOVERY SUPPORT SERVICES	27
REGIONAL OSAR/LMHA SERVICES IN TEXAS.....	28
BABY ITEMS.....	31
CLOTHING CLOSETS.....	31
RENT AND UTILITIES ASSISTANCE	32
MISCELLANEOUS SERVICES.....	33
PRESCRIPTION ASSISTANCE RESOURCES	38

FY25 OSAR Region 1 Resource Directory

A complete 2-1-1 Guide with additional resources can be found here:

Lubbock area:

<https://www.211texas.org/add-or-edit-your-2-1-1-listing/south-plains/>

<https://www.spag.org/directory/>

Amarillo Area:

<https://www.211texas.org/add-or-edit-your-2-1-1-listing/panhandle/>

<https://www.uwamarillocanyon.org/2-1-1-texas-panhandleunited-way-helpline>

TREATMENT AND RECOVERY COMMUNITY

StarCare Specialty Health System-OSAR (Outreach, Screening, Assessment and Referral)

1950 Aspen Ave, Lubbock, TX 79404

Main Phone: 806-740-1421

Toll Free: 1-844-472-8810

Crisis Phone: 806-740-1414

Website: www.starcarelubbock.org

- Counties served: Armstrong, Bailey, Briscoe, Carson, Castro, Childress, Cochran, Collingsworth, Crosby, Dallam, Deaf Smith, Dickens, Donley, Floyd, Garza, Gray, Hale, Hartley, Hall, Hansford, Hemphill, Hockley, Hutchinson, King, Lamb, Lipscomb, Lubbock, Lynn, Moore, Motley, Ochiltree, Oldham, Parmer, Potter, Randall, Roberts, -Sherman, Swisher, Terry, Wheeler and Yoakum
- Screening and Assessments: StarCare's dedicated, licensed staff provide outreach, screenings, assessments, and referrals to those who are actively seeking substance use services and/or support. The OSAR team conducts verbal screenings to gather information pertaining to the severity of use and how use has impacted day-to-day functioning or mental health to provide appropriate referrals to recovery resources.
- Interventions: Following the screening and assessment, individuals can expect short-term case management services in addition to the opportunity of up to six brief motivational interviewing sessions with their OSAR counselor.
- Support: OSAR counselors are available for additional support and case management until the individual successfully enters their referred treatment service. Our OSAR counselors also remain as a point of contact for future recovery support needs.
- For uninsured or underinsured individuals, the OSAR Team can determine if you are approved for full or partial financial assistance toward your referred treatment services.
- Federal and state admission priority levels:
 - Pregnant, injecting individuals (Federal)
 - Pregnant individuals (Federal)
 - Injecting drug users (Federal)
 - Individuals at high risk for overdose (State)
 - DFPS-referred clients (State)
 - Individuals who are experiencing housing instability or homelessness (State)
- All others

Star Parent PADRE (Parenting Awareness & Drug Risk Education)

904 Ave O, Lubbock, Texas 79401

OSAR Region 1



806-740-1455

Website: www.starcarelubbock.org

Services Provided:

- On-site and home evidence-based Parenting Classes and Fetal Alcohol Information (Parenting class times and other service times vary. Please contact the program staff for the current schedule.)
- Evidence-based parenting education to schools, agencies and individuals that includes:
 - Reproductive health
 - Parenting
 - Fetal & child development
 - HIV and STDs
 - Nurturing parenting values
 - Case management to identify the need for medical, educational, mental health, housing, and other necessities
 - Substance abuse screening and assessment to identify issues related to alcohol and drugs
 - Linkage to community resources such as housing, transportation, day care, food, clothing, and many other necessities
 - Referrals to cooperating agencies for help with prenatal-postpartum needs, counseling, employment, clothing, and additional needs
 - Alternative activities – including picnics, games, arts and crafts and trips to museums and libraries –emphasis on helping families address communication, family roles and stress management, while supporting family relationships
- To qualify for the Pregnant Postpartum Intervention program individuals must:
 - Be pregnant or postpartum (includes the period from birth through 18 months of infancy)
 - Reside in one of the 41 Region 1 counties
 - Be identified as being at risk of having, or who have, a substance use disorder. Risk factors include:
 - Teen pregnancy (including females through age 19);
 - Current or past involvement with Department of Family and Protective Services (DFPS) or other child protective services agency.
 - Current or past use/abuse of, or dependence on, alcohol and/or drugs;
 - Current or past domestic violence;
 - Current or past mental health problems, especially perinatal mood disorders
 - Living in a household with a person who abuses alcohol or drugs;
 - Current or past history of sexual, emotional or physical abuse;
 - Insufficient, late (third trimester) or no prenatal care; or Financial distress
 - Be referred by the Department of Family and Protective Services or who are identified as being at risk of having, or who have, a substance use disorder and who have children under the age of six.

S.U.S.A.N. (Substance Use Service Assistance Network)

806 18th St, Lubbock, TX 79401

806-775-2933 option #5

Hours of operation: 8 a.m.-5 p.m., Monday-Friday

Website: <https://ci.lubbock.tx.us/departments/health-department/behavioral-health/substance-use-service-assistance-network>

- The City of Lubbock's Substance Use Service Assistance Network (SUSAN) goal is to increase the linkage and retention in substance use, mental health, and medical services for Texas residents residing in Health Service Region 1. The SUSAN program works to accomplish this through financial assistance for treatment/detox, transportation (medical), medical services, personal hygiene, educational employment needs, sober housing, as well as assistance in harm reduction via syringe cleaning kits, Naloxone, condoms/lubricant, and wound/first aid kits.
- -All services are free and depend upon funding availability. Our goal is to help each participant in the SUSAN program live a healthier and more meaningful life.

Adult SUD Treatment Providers

StarCare SUD Outpatient Treatment Program

3804 Interstate 27, Lubbock, TX 79412

Program Contact: 806-407-2308

Website: <https://www.starcarelubbock.org/services/substance-use-services/outpatient-substance-use-disorder/>

- State funded Substance Use Disorder Treatment facility
- Medicaid, Medicare, and commercial insurance accepted. State funding is available for eligible individuals with sliding scale private pay options.
- The StarCare SUD Outpatient Program provides chemical dependency education and counseling, relapse prevention education, and life skills training. The program is approximately 3 months in length and allows for flexibility to participate in treatment while maintaining daily routines, family commitments, and other activities that make it difficult to attend a residential or inpatient program. Clients attend individual and group counseling to address problem areas, reduce risks associated with substance use, and learn coping skills to increase the skills needed to maintain sobriety.

Plainview Serenity Center

Website: <http://serenitycenter.org/>

- Plainview Location-Residential and Intensive Outpatient Treatment (Adults and Women with Children)
 - 454 Interstate 27, Plainview, TX 79072
 - 806-293-9722
- Amarillo Location-Intensive Outpatient (Adults)
 - 210 South Western, Amarillo, TX 79106
 - 806-355-5780
 - State funded Substance Use Disorder Treatment facility

Cenikor Foundations-Amarillo

1001 Wallace Blvd, Amarillo, TX 79106

1-888-236-4567

Website: www.cenikor.org

- State funded Substance Use Disorder Treatment facility
- Intensive Outpatient Treatment (Adults)

Dailey Recovery Services-Amarillo

706 N Polk, Amarillo TX 79107

806-803-9640

- State funded Substance Use Disorder Treatment facility
- Female Outpatient and Youth Outpatient

StarCare Opioid Treatment Program

1950 Aspen Ave, Lubbock, TX 79404

806-740-1400

Website: www.starcarelubbock.org

- State funded Substance Use Disorder Treatment facility
- Provides treatment for adults to alleviate the effects of opioid withdrawal.
- The program works to meet individualized needs for treatment, including one-on-one and group counseling.
- To Qualify for Medication Assisted Treatment:
 - Individuals (Including Pregnant Females)
 - Must:
 - Be a Texas resident.
 - Meet the criteria for a moderate to severe opioid use disorder.
 - Hours of operation:
 - Monday-Friday 6 A.M.–10 A.M.
 - Saturday 6 A.M.–9 A.M.

West Texas Counseling & Rehab (WTCR)-Amarillo

2300 Line Ave, Amarillo, TX 79106

806-373-0922

Website: www.wtcr.net

- Opiate Agonist Therapy with Methadone or Buprenorphine
- Therapeutic Interventions

Hours of operation:

Mon - Fri: 5:30am - 9:30am, Sat: 6:45am - 8am

Lubbock Lighthouse

24 Briercroft Office Park, Lubbock, TX 79412

806-744-3419

Website: www.lubbocklighthouse.org

Services provided:

- Individualized Counseling
- Urine Drug Screenings
- AIDS/HCV Education & Prevention
- HIV/HCV Testing, and Hepatitis C
- Education, Counseling and Referrals: -Referral to Inpatient/Residential
- Programs if needed and indicated:
- Community Education
- Medical Consultation, Coordination & Referral
- Drug & Alcohol Screenings and Assessments

OSAR Region 1



- *Medication Hours*
 - Monday through Friday: 6:00AM to 12:00PM
 - Saturday 6:00 am to 8:45 am (only)
- *Counseling Hours:*
 - Monday through Friday: 6:00AM to 2:00PM; Saturday 6:00 am to 8:45 am
- Fees for methadone are \$119.00/week payable at \$17.00/day plus an initial \$45.00 charge to see the Medical Director, have an initial assessment with a licensed counselor, perform lab work, etc. The total intake fee for methadone including the first week's dosing is \$164.00. Fees for Subutex (buprenorphine) are an initial set up fee of \$149.00 and then \$140.00/week payable at \$20/day. The total intake fee for Subutex is \$289 which includes the first week's dosing. Participants are responsible for paying for the week regardless of attendance – staff are present and ready to assist you.
- Other patient guidelines will be explained at time of screening and intake if you choose to participate in the program.

Aspire Addiction and Recovery

3330 70th St #120, Lubbock, TX 79413

806-598-5911

Toll Free: 1-888-502-3631

The Ranch at Dove Tree

1406 Quinlan Street, Lubbock, TX 79403

806-746-6777

Toll Free: 1-866-572-6065

Website: www.ranchatdovetree.com

- Insurance accepted or Private pay
- Services provided: Detox services, Residential Treatment, Partial Care Program, Collegiate Residential Program, Intensive Outpatient Program (IOP), Transitional Living Program, Relapse Prevention Program Track

Grace Manor

2402 Canyon Lake Dr, Lubbock, TX 79415

806-894-4712

- State funded Substance Use Disorder Treatment facility
- Services Provided:
- Substance Abuse Residential Rehab Facility and provides treatment to people with drug addiction and other substance abuse problems.
- Intensive Outpatient

Stages of Recovery

4413 71st Drive Suite G-101, Lubbock, TX 79424

806-412-4721

Toll Free: 1-844-621-8816

Website: <https://stagesrecoverycenters.com/>

Journey Recovery Center-Alcohol and Drug Awareness Center for the Concho Valley

3600 Journey Dr, San Angelo, TX 76905

OSAR Region 1



325-224-3481

Website: <http://www.adaccv.org/>

- Services Provided: Allows 72 clients to be housed in the state-of-the-art treatment and detox facility. Also includes Recovery Center that includes women and children's program, for mothers who need addiction treatment.

Christian Farms-Treehouse

3804 Riverside Trail, Temple, Texas 76502

254-933-9400

Website: www.cfth.org

- Services: Detoxification, residential treatment
- Population Served: Men and Women Referral -Process: Christian Farms Treehouse will accept referrals from OSAR or other state organizations. If a client is not referred to by a state agency, client will need to complete an interview. Based upon bed availability, a client may be placed on a waitlist.

Nexus

8733 La Prada Drive, Dallas, Texas 75228

214-321-0156

Website: www.nexusrecovery.org

- Services Provided: Detoxification, residential treatment, recovery support services
- Population Served: Women and Women with Children
- Referral Process: Nexus will accept clients who call their admissions hotline and complete a telephone assessment. They will also accept walk-ins if they have a bed available. Nexus will accept referrals from OSAR or other organizations. Based upon availability, clients may be placed on a waitlist.

Serenity House Drug & Alcohol Treatment & Prevention

1546 North 2nd Street, Abilene, Texas 79601

325-673-6489

Toll Free: 1-866-795-4673

Website: www.serenitytexas.com

- Services Provided: detoxification, residential treatment, outpatient treatment, recovery support services Population Served: Men and Women Referral Process: Serenity will accept clients who call their admissions hotline and complete a telephone assessment. Based upon bed availability, clients may be placed on a waiting list. Serenity will also accept referrals from OSAR or other organizations.

Turning Point

502 North Carver, Midland, Texas 79701

432-570-3390

Website: www.permiacare.org/turning-point/

- Services Provided: Detoxification, residential treatment, COPSD residential treatment, outpatient treatment for adolescents and women Population.
- Population Served: Men, Women, Adolescents (outpatient)
- Referral Process: Turning Point will accept referrals from OSAR or other organizations. Based upon bed availability, a client may be placed on a waitlist.

OSAR Region 1



Adolescent SUD Treatment Providers

Dailey Recovery Services

Amarillo location:

2412 SW 8th Ave, Amarillo, TX 79120

806-803-9640

- State funded Substance Use Disorder Treatment facility
- Youth Outpatient

Lubbock Location:

2321 50th Street Suite B, Lubbock, TX 79412

806-803-9640

StarCare Substance Use Outpatient Treatment –Adolescents

3804 Interstate 27, Lubbock, TX 79412

Program Contact: 806-407-2308

Website: <https://www.starcarelubbock.org/services/substance-use-services/outpatient-substance-use-disorder/>

- State funded Substance Use Disorder Treatment facility
- Medicaid, Medicare, and commercial insurance accepted. State funding is available for eligible individuals with sliding scale private pay options.
- Adolescent Program – individuals aged 13 – 17
- The StarCare SUD Outpatient Program provides chemical dependency education and counseling, relapse prevention education, and life skills training. The program is approximately 3 months in length and allows for flexibility to participate in treatment while maintaining daily routines, family commitments, and other activities that make it difficult to attend a residential or inpatient program. Clients attend individual and group counseling to address problem areas, reduce risks associated with substance use, and learn coping skills to increase the skills needed to maintain sobriety.

Transitional Housing/Sober Living/Housing Resources

Driskill Halfway House (Tulia, TX) Males Only

1202 US-87, Tulia, TX 79088

806-995-4552

Website: www.driskillhouse.com

- Driskill Halfway House for Men strives to meet the needs of men whose lives have been impacted by addiction. Offering a compassionate approach and individualized care and support through empowering men in recovery. Helping them to avoid relapse through relapse prevention and encouraging them to set goals and make progress to reaching those goals in their recovery.
- What to expect when you apply to the Driskill Halfway House.
- Applicant will submit a \$250.00 nonrefundable processing fee to DHH. This payment is separate from and in addition to any rent required to be paid upon admission. The processing fee shall be paid in separate check payable to DHH when applying.

OSAR Region 1



- The applicant will provide adequate information for a criminal background check to be conducted. DHH does not currently accept Applicant with conviction for violent crimes or Applicant who are required to register as sex offenders.
- Applicant MUST be sober for at least 30 days. Upon arrival to the facility, Applicant will provide a Negative UA (urine analysis) to be administered by DHH staff. A positive result will exclude Applicant from entrance to the program.
- Personal items will be checked when Applicant arrives at the facility to ensure compliance with DHH rules. Applicants will be provided with a copy of DHH rules and policies prior to arrival.
- The monthly rent is \$450.00 which includes room and board.
- Upon admission, each resident will have a PIN assigned to them which will allow them access the secure entrance to our facility.

Alcohol Recovery Center-Males Only

608 17th Street, Lubbock, TX 79401

806-762-5626

Website: https://www.freerehabcenters.org/details/tx_79401_alcoholic-recovery-center-of-lubbock

- The Recovery Center is a 501(c)(3) non-profit long-term shelter for men recovering from alcohol and/or drug addiction.
- Client requirements include:
- Have a desire to stop using alcohol and drugs
- Willing to work full-time
- Obtain employment within two weeks
- Contribution of \$125 weekly
- Attendance of six meetings a week (transportation to outside meetings is provided)
- Be home for chores by 6pm Sunday-Friday
- Commitment to stay a minimum of 3-6 months
- Residents may stay up to one year

The Door Sober Living Community

4705 66th Street, Lubbock, TX 79414

806-412-4721

Toll Free: 1-844-6-GETHELP

Websites: www.stagesrecoverycenters.com/lubbock-tx/

Lubbock Faith Center

2809 Clovis Rd., Lubbock, TX 79415

806-762-8086

www.facebook.com/lubbockfaithcenter

Oxford Houses:

Website: www.oxfordhouse.org

Oxford House Caprock

3201 65th Street, Lubbock, TX 79413

806-317-1150

Female House

Oxford House Toledo Bend
4617 42nd Street, Lubbock, TX 79414
806-701-1821
Female House

Oxford House Faith Park
4208 41st Street, Lubbock, TX 79413
806-317-1342
Male House

Oxford House Sandstorm
4914 18th Street, Lubbock, TX 79407
806-407-5445
Male House

Oxford House Xena
308 N. Brentwood Ave. A/B, Lubbock, TX 79416
806-407-5566
Male House

Oxford House Cowboy
4204 40th Street Lubbock, TX 79412
806-407-5680

Lubbock Housing Authority

1708 Crickets Avenue, Lubbock, TX 79401
806-762-1191

Website: <https://lubbockha.org/>

Public Housing in Lubbock

- The U.S. Department of Housing and Urban Development (HUD) administers housing assistance to residents of the City of Lubbock through the Housing Authority of the City of Lubbock (LHA). In this capacity, LHA is the owner and manager of approximately 304 housing units scattered throughout Lubbock. These units provide housing for low income families, the elderly, and disabled individuals at rents they can afford. Tenants of public housing units pay 30% of their income toward their rent. Any additional costs are subsidized with federal funding. Through this program, around 1100 Lubbock families can receive rental assistance.
- Section 8 Housing Choice Vouchers (HCV)
 - Over 900 Lubbock families receive rental assistance through our Section 8 Housing Choice Voucher program. The Section 8 Housing Choice Voucher (HCV) Program allows low income citizens to find their own places to rent in Lubbock. Voucher holders are free to choose any house that meets minimum health and safety standards. Once a family finds a home that they wish to rent, LHA must inspect it to make sure that it meets HUD's housing quality standards. LHA also checks to make sure that the rents are reasonable and within the fair market rent range for Lubbock. Households assisted through the Section 8 program pay 30% of their income toward the rent. Then LHA pays private landlords the difference between what participating households can afford and

the rent for the units. Through this program, over 900 Lubbock families can receive rental assistance.

- Section 8: Project Based Voucher
 - Section 8: Project Based Vouchers are part of a government-funded program that provides rental housing to low-income households. These may be in privately owned and managed rental units. The subsidy stays with the building; when you move out, you no longer have the rental assistance. Most tenants will pay rent based on 30% of their adjusted income; the voucher will cover the rest.

AA/NA/Al-Anon/Ala-teen

See attached directory for more information regarding schedules and group types.

Al-Anon Information

806-766-7302

Website: <https://al-anon.org/>

Lubbock & Surrounding Areas-AA Meetings

Website: www.aa-meetings.com/directory/texas/lubbock

Lubbock AA Hotline

806-741-8780

Lubbock NA Hotline

806-765-1247

Central AA Group

1113 Avenue J, Lubbock, TX 79401

806-747-1284

Center for Students in Addiction Recovery

CSAR Recovery Meeting Schedule: <https://www.depts.ttu.edu/hs/csa/meetingschedule.php>

Hub of the Plains

3808 34th Street, Lubbock, TX 79410

806-797-1211

Lubbock Faith Center

2809 Clovis Rd., Lubbock, TX 79415

806-762-8086

Website: www.facebook.com/lubbockfaithcenter

Lubbock Group

4234 Boston Ave Ste. B, Lubbock, TX, 79412

806-799-0124

12-Step Meeting

(Grace Campus) 806-500-5006

CRISIS LINES/MENTAL HEALTH SERVICES

988 Suicide & Crisis Lifeline

Call or Text: 988

Live chat available on the website

Website: www.988lifeline.org/get-help/

Contact Lubbock Suicide Hotline

806-765-8393

StarCare Specialty Health System

1950 Aspen Ave, Lubbock, TX 79401

Website: www.starcarelubbock.org

Crisis Services:

806-740-1414

Toll Free: 1-800-687-7581

Mental Health Services:

806-740-1421

Toll Free: 1-844-472-8810

Hours of Operation:

8 a.m. – 5 p.m. Monday through Friday*

Walk-in crisis services available 24/7

Counties Served: Lubbock, Lynn, Cochran, Crosby and Hockley

Texas Panhandle Centers

1501 S. Polk, Amarillo, TX 79101

Website: <https://www.texaspanhandlecenters.org/>

Crisis Services:

806-359-6699

Toll Free: 1-800-692-4039

Mental Health Services:

806-337-1000

Toll Free: 1-800-299-3699

Counties Served: Armstrong, Carson, Collingsworth, Dallam, Deaf Smith, Donley, Gray, Hall, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Potter, Randall, Roberts, Sherman and Wheeler

West Texas Centers

319 Runnels St., Big Spring, TX 79720

Website: <https://wtcmhmr.org/>

Crisis Services or Mental Health Services:
1-800-375-4357

Counties Served: Andrews, Dawson, Gaines, Garza, Howard, Mitchell, Nolan, Reeves, Scurry, Terry, Upton, Ward, Winkler and Yoakum

Central Plains Center

2700 Yonkers, Plainview, TX, 79072

Website: <http://centralplains.org/>

Crisis Services: 1-800-687-1300

Mental Health Services:

806-291-4470

Toll Free: 1-866-896-2726

Central Plains Center provides services to adults, ages 18 and older, who are diagnosed with a mental illness.

- Adult Psychiatric Services
 - Mental Health Peers
 - Mental Health Peers
 - Case Management & Skills Training
- Child and Adolescent
 - Central Plains Center offers an array of children's services to adolescents from ages 3 to 18 years of age with severe emotional and behavioral problems.
 - Child and Adolescent Psychiatric Services
 - Family Partners
 - Case Management and Skills Training
 - Youth Empowerment Services Waiver

Demographic Criteria:

- Be between 3-18 years of age.
- Reside in a non-institutional setting with the child's or adolescent's Legally Authorized Representative, or in the child's or adolescent's own home or apartment, if legally emancipated
- Counties Served: Parmer, Castro, Swisher, Briscoe, Bailey, Lamb, Hale, Floyd, and Motley

Counseling Services

Catholic Family Services

102 Avenue J, Lubbock, TX 79401

Main: 806-765-8475

Evening/Runaway: 806-765-8629

Website: www.cclubbock.org

- Services to at-risk Youth (STAR) & Runaway Homeless Youth (RHY): Ages 0-17 (Free)
- Family Counseling (individual, couples, marriage)
- All services are FREE

Call Main office to schedule an intake

Services to at-risk Youth (STAR): Ages 0-17 (Free)
Family Counseling (individual, couples, marriage)

Family Counseling Services

5701 Ave P, Lubbock, TX 79412

806-747-3488

Call for appointment

Website: www.fcslubbock.org

- Individual, family, child, couples counseling, and group sessions
- Payment is based on a sliding scale

Texas Tech Family Therapy Clinic

Human Sciences Building-Open to the Public

15th Street and Akron, Lubbock, TX 79409

806-742-3074

*Call for appointment (messages will be returned)

Website: http://www.depts.ttu.edu/hs/mft/clinical_services.php

Monday thru Thursday 9 am-8 pm, Friday, 9 am-5 pm

- Specializing in child, family, marriage, and individual counseling.
- Supervised graduate students working on Master and PhD Degrees
- Payment is based on a sliding scale

Texas Tech Psychology Clinic

Open to the Public

2810 18th Street, Lubbock, TX 79409

806-742-3737

Website: www.depts.ttu.edu/psy/clinic/

*Call for appointment

Hours of Operation: Monday & Friday 8:30 am-5:00 pm; Tuesday, Wednesday 8:30 am- 8:00 pm;

Thursday 8:30 am-3:30 pm, 5:00 pm-8:00 pm

Services:

- Individual, adult, children/adolescents, couples counseling
- Parent/child (ages 2-7) interaction therapy
- Weight Management for children
- Supervised graduate students working on PhD
- Evaluation for Learning Disabilities and ADHD-Sperate flat fee
- Payment is based on a sliding scale

Shiloh Counseling Services

2020 82nd Street, Suite 101, Lubbock, TX, 79423

806-794-3232

Website: <https://www.shilohcounselingservices.com/>

Services: Individual Counseling, Couples or marriage therapy and Family therapy

Session Rates:

- At Shiloh, we do not want cost to be a reason you or your family cannot seek therapy. For this reason, we have a variety of options. Our rates are as follow:

OSAR Region 1



- Licensed Professional Counselor- Supervisor: \$140 Per Therapy Hour
- Licensed Professional Counselor: \$130 Per Therapy Hour
- Board Certified Biblical Counselor: \$130 Per Therapy Hour
- Licensed Professional Counselor Associate: \$90 Per Session
- Supervised Student-Intern: \$30 Per Session
- Wellness Consultations: \$100 Initial consultation, which includes one follow up. Subsequent follow ups are \$80.
- Shiloh accepts cash, checks, Visa, Mastercard, American Express, and Discover cards. We are also able to accept medical spending account cards.
- Insurance, Medicaid, Medicare
- Shiloh does not file or accept any insurance, Medicaid, or Medicare. You may choose to file your own insurance claim for yourself, and benefits will be paid directly to you. We will provide a receipt of your payment for each session that can be sent to your insurance company, along with any additional information requested.

RESOURCES FOR VETERANS

VetStar

Main Number: 806-470-9317

Lubbock:

StarCare Provider Center

1950 Aspen Ave, Lubbock, TX 79404

Website: www.vetstar.org/

Hours of Operation:

Monday through Friday*

0800-1200

1300-1700

*Except When Closed for Holidays

- Military Veterans Peer Network (MVPN) assists service members, veterans, and their families (SMVF) who have experienced trauma or mental health needs by connecting them to a network of peers and services who can help navigate those experiences and develop resiliency through trust, camaraderie, and hope. MVPN assists justice-involved veterans to identify resources in our service delivery area. *Program Qualifications:* MVPN assists service members, veterans, and their families (SMVF).
- TVC Financial Assistance - The Texas Veterans Commission (TVC) Financial Assistance Grant provides reimbursement-based funding to nonprofits, local governments, and veteran-serving organizations to deliver direct support to veterans, their dependents, and surviving spouses. Assistance can include help with housing and utilities, transportation, legal services, supportive services like in-home care or meals, homeless veteran programs, and even small business support. The goal of the grant is to reduce financial hardship and improve quality of life for veterans and their families by filling critical gaps in services and resources across Texas.

Lubbock Vet Center

3106 50th Street, Suite 400, Lubbock, TX 79413

806-792-9782

OSAR Region 1



Website: <https://www.va.gov/lubbock-vet-center/>

- Offer confidential help for Veterans, service members, and their families at no cost in a non-medical setting. Our services include counseling for needs such as depression, post-traumatic stress disorder (PTSD), and the psychological effects of military sexual trauma (MST). We can also connect you with more support in VA and your community.

Hours of Operations:

Mon, Tues, Wed, Thu 8:00 a.m. to 7:30 p.m.

Fri 8:00 a.m. to 4:30 p.m.

Sat, Sun Closed

Lubbock VA Clinic

806-472-3400

Website: www.va.gov/amarillo-health-care/locations/lubbock-v-a-clinic/

Amarillo VA Clinic

806-355-9703

Website: www.va.gov/amarillo-health-care/

VA-U.S. Department of Veterans Affairs

Website: <https://www.va.gov/homeless/ssvf/index.html>

RESOURCES FOR PERSONS WITH DISABILITIES

Texas Workforce Commission – Vocational Rehabilitation Program

806-765-5038

Toll Free: 1-866-765-5038

Website: www.twc.texas.gov/programs/vocational-rehabilitation

StarCare Specialty Health System (IDD)

806-740-1421

Website: www.starcarelubbock.org/services/intellectual-disabilities-services/

Disability Rights Texas

4747 S Loop 289 # 120, Lubbock, TX 79424

806-765-7794

Website: <https://disabilityrightstx.org/en/home/>

Burkhart Center for Autism Education and Research

79409, 2902 18th St, Lubbock, TX 79410

806-742-4561

Website: <https://www.depts.ttu.edu/burkhartcenter/>

LIFE Inc.

8240 Boston Ave, Lubbock, TX 79423

806-795-5433

Website: www.lifeinctx.org

EMPLOYMENT RESOURCES

Workforce Solutions of South Plains-Lubbock Center

2002 West Loop 289 Ste. 117 (Inside Wayland Plaza) Lubbock, TX 79407

Phone: 806-765-5038

Toll Free: 1-866-765-5038

Website: <https://workforcesouthplains.org/>

Hours of Operation: Mon-Fri: 8:00 AM - 5:00 PM

Lubbock Temporary Help Services

2124 50th St, Lubbock, TX 79412

806-744-5600

Website: www.lubbocktemp.com

-Whether you are looking for a position on a temporary basis, or you are looking for temp-to-hire employment, for the Lubbock area, Lubbock Temporary Help Services, Inc. offers a broad variety of opportunities across a wide range of Careers!

KT Black Services

18 Briercroft Office Park, Lubbock, TX 79412

Call or Text 1-877-475-4553

Website: <https://www.ktblack.com/s/>

- Temporary help staffing, professional personnel placement outsourcing/mst for companies & Professional Permanent Placement.
- State of Texas Licensed Security Company

PeopleReady

3106 50th St., Suite 100, Lubbock, TX 79413

806-799-3503

Website: www.peopleready.com/location/lubbock-tx-1402/

121 Westgate Parkway W. Suite 80. Amarillo, TX 79121

806-373-6400

Website: www.peopleready.com/location/amarillo-tx-1401/

Applying for Unemployment Benefits

Website: www.twc.texas.gov/services/apply-benefits

MEDICAL

Community Health Center (CHCL)

1610 5th Street, Lubbock, TX 79401

806-765-2611

Website: www.chclubbock.org

*Call for appointment; \$25 minimum fee based on a sliding scale.

- Adult & Women's Clinic: Monday thru Friday, 8:00 am-5:00 pm
- Dental Clinic: \$40 minimum fee based on sliding scale; Monday thru Friday, 8:00 am-Noon & 1:00 pm-5:00 pm

OSAR Region 1



- Eye Clinic: Monday thru Friday, 8:00 am-Noon & 1:00 pm-5:00 pm
- Pediatric Clinic: Monday, Wednesday, and Friday 8:00 am-5:00 pm, Tuesday and Thursday 8:00 am-6:00 pm

Apply for Medicaid SNAP Health and Human Services

1716 Parkway Drive, Lubbock, TX 79403

806-744-7632

Website: www.yourtexasbenefits.com

UMC Blue Card

(must be a Lubbock resident)

3204 4th Street, Lubbock, TX 79416

806-775-9014 or 806-743-6753

Website: www.umchealthsystem.com/patients-visitors/patient-financial-services/

- The Blue Card program aids with doctor's visits, hospital services and prescriptions.
- Only permanent residents of Lubbock County that meet eligibility requirements will be eligible for the Blue Card. Persons with Medicare, Medicaid, Commercial Insurance or other third-party sources are not eligible for the Blue Card.
- Persons who are in Lubbock County temporarily will not be eligible for the Blue Card.
- Persons of majority age (18) attending an educational institution beyond high school level, either technical or academic, will not be eligible for Blue Card benefits unless the person qualified as a Lubbock County resident prior to enrollment into the educational institution.
- Undocumented or illegal aliens are not eligible for the Blue Card. Restrictions may apply to
- Legal Permanent Residents.
- Income includes, but is not limited to, wages and salaries, disability benefits, retirement, pension benefits, unemployment compensation, VA benefits, child support, worker's compensation, in-kind contributions, and others.
- Resources/assets include, but are not limited to cash, checking and savings accounts, certificates of deposit, vehicles, homes, property, etc. Your home and one vehicle are not counted as a resource/asset.
- The Blue Card is payer of last resort, if you are eligible for any other programs you must apply for those programs first. A financial counselor will help determine if you are eligible for any
- other programs.

**** These are only the basic requirements and other rules and restrictions may apply. ****

Larry Combest Clinic

301 40th Street, Lubbock, TX 79404

806-743-9355

Website: www.ttuhsc.edu/nursing/combest

Grand Expectations

2602 Ave Q, Lubbock, Texas 79411

806-761-0611

Website: www.umchealthsystem.com/services/maternity-newborn/maternity-and-newborn-services-and-programs/grand-expectations/

- Provides pregnancy tests, Assistance applying for Medicaid, physician referrals and baby clothes.

OSAR Region 1



Nurturing Center-Pregnancy Support Services

303 66th Street, Lubbock, TX 79413

806-317-4480 or 806-780-6853

Website: <https://nurturinglife.org/>

Offers FREE SERVICES such as:

- Pregnancy Test
- Limited Ultrasound
- Infant Items
- Mentoring/Parenting Classes
- Limited-Financial Assistance
- Post-Abortion Support Referral
- Community Services Referral
- Sexual Integrity Education
- (Theology of the Body Program)
- The Nurturing Center provides practical resources to mothers who are in need of support and assistance during a time of discovering that they are possibly pregnant. Our staff is ready to listen and provide positive solutions to LIFE choices.

Office Hours:

Monday-Thursday 9:00am-3:00pm, Friday 9:00am-12:00pm or by appointment, 24-hour on-call services

DENTAL RESOURCESCatholic Charities, Diocese of Lubbock – Elderly Outreach (60+)

102 Ave J, Lubbock, TX 79401

806-765-8475

www.cclubbock.org

- Vouchers for eye exams and eyeglasses, dentures, other dental work, emergency prescriptions, hearing aids
- Require: Must be 60 years old or older.
- NOTE: There is a waiting list for dental services.

CHCL - Arnett Benson Dental Clinic

3301 Clovis Rd, Lubbock, TX 79415

806-763-5557

Website: www.chclubbock.org/arnett-benson-medical-and-dental-clinic/

Call for an appointment; \$40 minimum fee based on a sliding scale.

Monday thru Friday, 8:00 a.m. – Noon & 1:00 – 5:00 p.m.

Extended Hours Monday thru Friday, 5:00 p.m. – 8:00 p.m.

Open the 1st and 3rd Saturday of the month. 8:00 a.m. to 12 noon.

CHCL - Community Dental Clinic

1826 Parkway Drive, Suite 500, Lubbock, TX 79403

806-687-6259

Website: www.chclubbock.org/community-dental-clinic/

Call for an appointment; \$40 minimum fee based on a sliding scale.

Monday thru Friday, 8:00 a.m. – Noon & 1:00 - 5:00 p.m.

OSAR Region 1



CHCL - Community Health Center of Lubbock, Main Clinic - Call Center

1610 5th Street, Lubbock, TX 79401

806-765-2611

Website: www.chclubbock.org/main-clinic/

Call for an appointment

Monday thru Friday, 8:00 a.m. – Noon & 1:00 - 5:00 p.m.

All communications are handled through this Call Center.

CHCL - Mobile Dental Unit

806-765-2611

Website: www.chclubbock.org/dental-care/

Call for an appointment, Locations and Hours vary

\$40 minimum fee based on a sliding scale.

CHCL – West Dental Clinic

5424 19th Street, Suite 200, Lubbock, TX 79407

806-722-4453

Website: www.chclubbock.org/west-medical-and-dental-clinic/

Call for an appointment; \$40 minimum fee based on a sliding scale.

Monday thru Friday, 9:00 a.m. – Noon & 1:00 – 5:00 p.m.

Covenant Community Services Dental Program

4122 22nd Place, Lubbock, TX 79410

806-725-2222

806-725-6500

Call for an appointment: Monday thru Thursday, 7:30 a.m. – 4:30 p.m.

Comprehensive dental care to patients age 5 and up; Medicaid and CHIP are accepted;

Mobile dental unit available at various locations, serving adult patients within a 75-mile radius of Lubbock

Lubbock Impact, Inc.

2707 34th Street (34th Street & Boston), Lubbock, TX 79410

806-799-4329

Website: lubbockimpact.com/

Wednesday - No appointments accepted; Insurance disqualifies applicant

Registration begins at 4:00 p.m., APPOINTMENTS ARE LIMITED

NOTE: During Summer Months, patients need to call during clinic hours

Wednesday 6:00 – 9:00 p.m. to confirm availability of dentist.

CHILD CARE SERVICESWorkforce Solutions Child Care Services

2002 West Loop 289 Suite 117, Lubbock, TX 79407

806-744-3572

Toll Free: 1-800-658-6284

Website: <https://workforcesouthplains.org/child-care-services/for-parents/applying/>

OSAR Region 1



Workforce Solutions South Plains Child Care Services provide subsidized childcare assistance to eligible low- to moderate-income families within our 15 County Area.

Hours of Operation: Hours: M-F, 8am – 5pm

Texas Child Care Solutions

Website: <https://texaschildcaresolutions.org/>

LEGAL SERVICES

Legal Aid Society, Inc.-Family Law Cases Only

916 Main Street, Suite 103, Lubbock, TX 79401

806-762-2325

Website: <https://www.lubbocklegalaid.org/>

*Call for information and appointment

For application: Monday thru Thursday, 8:30 am-4:00 pm; Friday, 8:30 am-11:00 am

Legal Aid of Northwest Texas

Lubbock Office:

1711 Ave J, Lubbock, TX 79401

806-763-4557

Toll Free: 1-800-933-4557

Website: legalaidthx.org/locations/lubbock/

Counties Served: Borden, Cochran, Crosby, Dawson, Dickens, Gaines, Garza, Hockley, Kent, Lubbock, Lynn, Terry, Yoakum

Call for information and appointment

Amarillo Office:

203 SW 8th Avenue, Ste. 600, Amarillo, TX 79101

806-373-6808

Toll Free: 1-800-955-6808

Counties Served: Armstrong, Carson, Collingsworth, Dallam, Deaf Smith, Donley, Gray, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Potter, Randall, Roberts, Sherman, Wheeler

Website: legalaidthx.org/locations/amarillo/

- Services are free civil legal services (no criminal).
- Require: Must call Legal Aid of Northwest Texas for prescreening and an appointment day and time; Please bring any paperwork or materials that are relevant to your legal issues.

Lubbock Rape Crisis Center (LCRR), dba Voice of Hope

806-763-3232

Website: <https://voiceofhopetexas.org/>

- All services provided for victims are free of cost. Assistance is also available for victims, family and friends (ANYONE affected by sexual assault and/or sex trafficking)

Texas Law Help

Website: <https://texaslawhelp.org/>

HOMELESS RESOURCES

Open Door

1918 13th Street, Lubbock, TX 79401

806-687-6876

Website: www.opendoorlbk.org

- Vital Records
 - Open Door helps individuals get vital records such as birth certificates, IDs, and Social Security cards. The Community Center staff is able to help anyone with the paperwork and process to obtain these records, however, will only be able to pay for individuals who are currently homeless.
 - The following steps should be taken to get these records:
 - Visit Open Door Community Center any Wednesday morning from 8:00 am-11:00 am to fill out paperwork (required).
 - Because the process changes regularly, it is recommended that you come in person to fill out this information.
 - If you are approved on Wednesday, come back Thursday morning at 8:00 am and the staff will take you to get IDs.
 - This process occurs on a weekly basis.
 - The limit for these records is one per person.
- Lockers
 - If you need a secure place to store your belongings, please contact the Community Center staff at 806-687-6876 to learn how you can get a locker.
- Application for Benefits
 - Community Center staff can help people apply for jobs and benefits (such as Disability, Social Security, food stamps, etc.). Come to the Community Center or contact Community Center staff to learn more.

Salvation Army-Lubbock

1111 16th Street, Lubbock, TX 79401

806-765-9434

Website: southernusa.salvationarmy.org/lubbock

- Support for adults, children and families and disaster relief
- Emergency shelter

Salvation Army-Amarillo

400 S. Harrison St, Amarillo, TX 79101

806-373-6631

Website: <https://southernusa.salvationarmy.org/amarillo>

- Support for adults, children and families and disaster relief
- Emergency shelter

StarCare's PATH (Projects for Assistance in Transition from Homelessness) Program

3804 I-27 Lubbock, Texas 79412

806-787-8783

Website: <https://www.starcarelubbock.org/path-2/>

- The Projects for Assistance in Transition from Homelessness program funds community-based outreach, mental health and substance use referral/treatment, case management and other supportive services as well as providing a limited set of housing services for adults who are homeless or at imminent risk of becoming homeless.

TRANSPORTATION

Citibus

801 Texas Ave, Lubbock, TX 79401

806-712-2000

Website: <https://citibus.com/>

On Fixed Routes:

- \$0.50 Special Efforts Card (Seniors [65+], Medicare, & Disabled)
- \$1.00 Per Person One-Way, Children 5 & under ride free
- \$2.00 Day Pass
- \$10.00 Weekly Pass
- \$30.00 Monthly Pass

CitiAccess & Citibus On-Demand:

- \$2.00 per person, per ride
- Passengers can pay with cash (exact change) or via the Citibus On-Demand Mobile App

Regular Fare Information

On Fixed Routes:

- \$1.75 One-Way per person [13+], \$1.25 children [6-12], children 5 & under ride free
- \$0.85 Special Efforts Card (Seniors [65+], Medicare, & Disabled)

Citibus Passes:

- \$3.50 All-day pass
- \$14.50 Weekly pass
- \$50.00 Monthly pass

\$52.50 Season Passes:

- Citibus U pass (Sept - Dec, Jan - May, June -Aug)
- CitiSummer pass (June - Aug)
- CitiKids (Sept - Dec, Jan - May, June -Aug)

*Discounts apply only to cash fares on the bus and cannot be applied to pass purchases.

*Each time you board a bus, you will pay the regular fare unless you are using a daily, weekly, or monthly pass.

*Special Efforts Card - With appropriate documentation this card entitles the recipient to half price off a regular fixed route one-way fare.

*Appropriate documentation includes Medicare Card or Special Efforts form completed by a physician, licensed health care provider, or licensed rehab/social worker. Not available to be used when purchasing a Day Pass, Weekly Pass, or Monthly Pass.

Yellow Cab

2011 Ave. C, Ste. 3, Lubbock, TX 79404
806-765-7777

Hours of Operation: 24 Hours a Day, 7 Days a Week

Service Areas: 250-Mile Radius of Lubbock, TX

Spartan Public Transportation

1105 TX-114, Levelland, TX 79336
806-894-3800

Website: <https://www.spartanpublictransit.com/>

Transportation Programs:

- Schedule a Ride (reservations 24 hours in advance, shared ride public services)
- SPC Express (Sundown, Brownfield, Littlefield, Levelland-not high school)
- Demand Service Routes (reservations on week in advance)
- Business Transportation (help businesses recruit and retain quality employees)
- Serving transportation for 17 counties in Texas: Bailey, Cochran, Dickens, Floyd, Garza, Hale, Hockley, King, Lamb, rural Lubbock, Lynn, Mitchell, Motley, Scurry, Terry and Yoakum.

Westminster Presbyterian Church-Loads of Love building

3308 34th Street, Lubbock, TX 79410
806-722-0338

Website: <https://www.wpclubbock.org/women-on-mission>

- Thursdays Only, 1:30 pm-3:30 pm
- Gasoline Voucher: One time ONLY
- *Required:* Valid Driver's License, Social Security Card and Proof of current address with a piece of mail received within the last 30 days.

Amarillo City Transit

Live App: <https://prpc.wtamu.edu/>

Website: www.amarillo.gov/amarillo-city-transit/current-schedules/

806-378-3095

- Check website or app for more information on routes and prices

Panhandle Transportation

1309 SW 8th Ave, Amarillo, TX
806-372-2351

Toll Free: 800-676-4727

Website: <https://www.pcsvcs.org/services/transit/>

- Transportation is a major barrier for people in the Panhandle. In a 2015 needs assessment of the Panhandle region conducted by Panhandle Community Services, transportation ranked as one of the top five major needs in the area.
- Panhandle Transit provides transportation to non-urban areas across the Texas Panhandle for access to employment, education, shopping, recreation, health care, and social services. The curb-to-curb, demand/response service allows us to pick-up and/or drop-off passengers based on their needs.
- How it works:

OSAR Region 1



- Curb-to-curb demand-response services are available to passengers who request pick-ups and/or drop-offs. If you need a ride, please call 800-800-6162 at least 24 hours in advance. Based upon availability, our service center will schedule your ride.
- *Requirements:*
 - Clients must be able to enter and/or exit their destination without assistance from the driver, though the driver will assist passengers in loading and unloading the van (excluding packages). PCS drivers have been trained in passenger assistance and emergency procedures to ensure that all passengers are safe, comfortable, and secure.

HIV/STI'S/HEPATITIS/TUBERCULOSIS

City of Lubbock Health Department

806 18th Street, Lubbock, TX 79401

806-775-2933

Website: <https://ci.lubbock.tx.us/departments/health-department/clinical-services>

STD CLINIC

Test for the following conditions:

- Gonorrhea
- Chlamydia
- Syphilis
- HIV
- Others as determined by the provider.
- All testing is confidential.
- Patients may release records to another person by signed consent.
- Prevention and risk reduction counseling is provided to every patient seen.

Prices:

- Clinic visit, testing, and treatment - \$20.00
- Referred to physician for treatment of certain STDs - \$10.00
- If applicable, the patient will receive a written prescription to take to pharmacy. The clinic does not supply or stock medications.

Appointment will need to be delayed if you:

- Are currently on antibiotics or have been on antibiotics in past two (2) weeks, or
- Are on your menstrual cycle, or
- Have douched within the past three (3) days.

Please call 806-775-2933 to schedule an appointment.

City of Lubbock-HIV Outreach

806 18th Street, Lubbock, TX 79401

806-438-8989 (Freddie Harris)

806-928-4255 (Rocky Flores)

Website: <https://ci.lubbock.tx.us/departments/health-department/health-promotion/hiv-outreach>

- Our Street Outreach team is dedicated to helping stop the spread of HIV and STDs in our community. Through safe, confidential and anonymous testing, the Outreach Team hopes to create a healthier and safer community.

- Street Outreach provides the following services or individuals who use substances, are HIV positive, or are high risk for HIV infection:
- HIV education and testing, pre- and post-test counseling
- Referrals for STD treatment and Medical Treatment
- Free Syphilis Testing
- Free HIV rapid testing
- Home Testing is available.
- Schedule Appointments
- Walk-Ins Welcome
- Confidential & Anonymous Testing

Amarillo Public Health Department

1000 Martin Rd, Amarillo, TX 79107

806-378-6300

Website: www.amarillo.gov/public-health/

HIV/STD Hotline

1-800-227-8922 or 1-800-342-2437

Hours: 24/7

24-HOUR TELEPHONE-BASED RECOVERY SUPPORT SERVICES

Common Hotline Phone Numbers

Whether you're in crisis or are just looking help for a friend or family member, there are dozens of organizations available to help you deal with a variety of immediate concerns, from crisis situations and domestic violence to rape and substance abuse. Most of these hotlines are available 24 hours a day and can help you with whatever level of assistance you need — from general information about the topic, to helping you find an immediate intervention. The hotlines below are listed in alphabetical order according to topic.

If you're suicidal, we recommend contacting the National Suicide Prevention Lifeline toll-free at 800-273-8255 or Dial 988. Additional crisis and suicide hotlines are available in the category below, Crisis and Suicide.

AIDS

AIDS Info: Treatment, Prevention and Research: 1-800-HIV-0440

American Social Health Association: Sexually Transmitted Disease Hotline: 1-800-227-8922

CDC AIDS Information: 1-800-232-4636

Alcohol

SAMHSA's National Helpline: 1-800-662-HELP (4357)

Alcohol Hotline: 1-800-331-2900

Al-Anon for Families of Alcoholics: 1-800-344-2666

Alcohol and Drug Helpline: 1-800-821-4357

Family's Anonymous: 1-800-736-9805

National Council on Alcoholism and Drug Dependence Hope line: 1-800-622-225

OSAR Region 1



Substance Use

SAMHSA's National Helpline: 1-800-662-HELP (4357)

Cocaine Anonymous: 1-800-347-8998

National Institute on Drug Abuse Hotline: 1-800-662-4357

Child Abuse

Judge Baker Children's Center – Child Abuse Hotline: 1-800-792-5200

Child Help USA National Child Abuse Hotline: 1-800-422-4453

Crisis and Suicide

Girls & Boys Town National Hotline: 1-800-448-3000

National Suicide Prevention Lifeline: 1-800-273-TALK (8255)

National Youth Crisis Hotline: 1-800-442-HOPE (4673)

Domestic Violence

National Domestic Violence Hotline: 1-800-799-7233

National US Child Abuse Hotline: 1-800-422-4453

Medical

American Association of Poison Control Centers: 1-800-222-1222

America Social Health: STD Hotline: 1-800-227-8922

Pregnancy

Planned Parenthood Hotline: 1-800-230-PLAN (230-7526)

Rape and Sexual Assault

National Domestic Violence/Child Abuse/ Sexual Abuse: 1-800-799-7233

Runaway

Child Find of America: 1-800-426-5678

National Hotline for Missing & Exploited Children: 1-800-843-5678

Other

Eating Disorders Awareness and Prevention: 1-800-931-2237

Teen Help Adolescent Resources: 1-800-840-5704

Shoplifters Anonymous: 1-800-848-9595

Texas Poison Control: 1-800-222-1222

211 2-1-1 is an easy to remember telephone number that connects callers to information about critical health and human services available in their community.

REGIONAL OSAR/LMHA SERVICES IN TEXASRegion 1: StarCare Specialty Health System

1950 Aspen Ave., Sunrise Canyon Complex, Lubbock, TX 79404

Crisis Line: 806-740-1414, OSAR Intake Phone: 806-740-1421, Toll Free Phone: 844-472-8810

Website: www.starcarelubbock.org

Counties Served by Region 1 OSAR: Armstrong, Bailey, Briscoe, Carson, Castro, Childress, Cochran, Collingsworth, Crosby, Dallam, Deaf Smith, Dickens, Donley, Floyd, Garza, Gray, Hale, Hall, Hansford, Hartley, Hemphill, Hockley, Hutchinson, King, Lamb, Lipscomb, Lubbock, Lynn, Moore, Motley, Ochiltree, Oldham, Parmer, Potter, Randall, Roberts, Sherman, Swisher, Terry, Wheeler, and Yoakum

Region 2: Helen Farabee Centers

1000 Brook St. Wichita Falls, TX 76301

Crisis Phone: 800-621-8504, Main Phone: 940-397-3143

Website: <http://www.helenfarabee.org/>

Counties Served by Region 2 OSAR: Archer, Baylor, Brown, Callahan, Clay, Coleman, Comanche, Cottle, Eastland, Fisher, Foard, Hardeman, Haskell, Jack, Jones, Kent, Knox, Mitchell, Montague, Nolan, Runnels, Scurry, Shackelford, Stephens, Stonewall, Taylor, Throckmorton, Wichita, Wilbarger, and Young

Region 3: MHMR of Tarrant County

3840 Hulen St. Fort Worth, TX 76107

Crisis Phone: 800-866-2465, Main Phone: 817-335-3022

Website: <http://www.mhmrtarrant.org/>

Counties Served by Region 3 OSAR: Cooke, Denton, Erath, Fannin, Grayson, Hood, Johnson, Palo Pinto, Parker, Somervell, Tarrant, and Wise

Region 4: Andrews Center Behavioral Healthcare System

2323 West Front St. (Hwy. 31) Tyler, TX 75702-7747

Crisis Phone: 1-877-934-2131, Main Phone: 903-597-1351,

Toll Free: 1-800-735-2988

Website: <http://www.andrewscenter.com/>

Counties Served by Region 4 OSAR: Anderson, Bowie, Camp, Cass, Cherokee, Delta, Franklin, Gregg, Harrison, Henderson, Hopkins, Lamar, Marion, Morris, Panola, Rains, Red River, Rusk, Smith, Titus, Upshur, Van Zandt, and Wood

Region 5: Burke Center

2001 S. Medford Dr. Lufkin, TX 75901-5699

Crisis Phone: 800-392-8343, Main Phone: 936-634-5010, Toll Free: 1-866-242-4556

Website: <http://www.myburke.org/>

Counties Served by Region 5 OSAR: Angelina, Houston, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity and Tyler Serving Angelina, Hardin, Houston, Jasper, Jefferson, Nacogdoches, Newton, Orange, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity, and Tyler

Region 6a: The Harris Center for Mental Health and IDD (Intellectual and Developmental Disabilities)

94011 Southwest Freeway Houston, TX 77074

Crisis Phone: 713-970-7000, option 1, Main Phone: 866-970-4770

Website: www.mhmraharris.org

Counties Served by Region 6a OSAR: Harris

Region 6b: The Council on Recovery

303 Jackson Hill Street, 77007

Helpline: 713-970-7000, Office Phone: 713-942-4100

Website: www.councilonrecovery.org

Counties Served by Region 6b OSAR: Harris, Liberty, Montgomery, Walker, Austin, Brazoria, Chambers, Colorado, Fort Bend, Galveston, Matagorda, Waller, and Wharton Counties

Region 6c: Gulf Coast Center LMHA

123 Rosenberg, 4th floor, Galveston, 77550

Crisis Phone: 866-729-3848, Office Phone: 406-944-4365, OSAR Phone: 1-844-704-1291

Website: www.gulfcoastcenter.org

Counties Served by Region 6c OSAR: Austin, Brazoria, Chambers, Colorado, Fort Bend, Galveston, Matagorda, Waller, and Wharton Counties

Region 7: Bluebonnet Trails Community Services

1009 N. Georgetown St. Round Rock, TX 78664

Crisis Phone: 800-841-1255, OSAR Phone: 844-309-6385

Website: www.bbtrails.org

Counties Served by Region 7 OSAR: Bastrop, Bell, Blanco, Bosque, Brazos, Burleson, Burnet, Caldwell, Coryell, Falls, Fayette, Freestone, Grimes, Hamilton, Hays, Hill, Lampasas, Lee, Leon, Limestone, Llano, Madison, McLennan, Milam, Mills, Robertson, San Saba, Travis, Washington, and Williamson

Region 8: The Center for Health Care Services

601 North Frio, Bld. 2 – entrance “C”, San Antonio, TX 78207

Crisis Phone: 1-800-316-9241 or 210-223-7233, OSAR Phone: 210-261-3076

Website: www.chcsbc.org

Counties Served by Region 8 OSAR: Atascosa, Bandera, Bexar, Calhoun, Comal, De Witt, Dimmit, Edwards, Frio, Gillespie, Goliad, Gonzales, Guadalupe, Jackson, Karnes, Kendall, Kerr, Kinney, La Salle, Lavaca, Maverick, Medina, Real, Uvalde, Val Verde, Victoria, Wilson, and Zavala

Region 9: PermianCare

401 E. Illinois Midland, TX 79701

Crisis Phone: 1-844-420-3964, Main Phone: 432-570-3333

Website: www.pbmhmr.com

Counties Served by Region 9 OSAR: Andrews, Borden, Coke, Concho, Crane, Crockett, Dawson, Ector, Gaines, Glasscock, Howard, Irion, Kimble, Loving, Martin, Mason, McCulloch, Menard, Midland, Pecos, Reagan, Reeves, Schleicher, Sterling, Sutton, Terrell, Tom Green, Upton, Ward, and Winkler

Region 10: Emergence Health Network

8500 Boeing Drive El Paso, TX 79925

Crisis Phone: 915-779-1800, Main Phone: 915-887-3410

Website: www.emergencehealthnetwork.org

Counties Served by Region 10 OSAR: Brewster, Culberson, El Paso, Hudspeth, Jeff Davis, and Presidio

Region 11: Tropical Texas Behavioral Health

1901 S. 24th Ave., Edinburg, TX 78540

Crisis Phone: 877-289-7199, OSAR Phone: 800-813-1233

OSAR Email: sud@ttbh.org

Website: www.ttbh.org

Counties Served by Region 11 OSAR: Aransas, Bee, Brooks, Cameron, Duval, Hidalgo, Jim Hogg, Jim Wells, Kenedy, Kleberg, Live Oak, McMullen, Nueces, Refugio, San Patricio, Starr, Webb, Willacy, and Zapata

OSAR Region 1



BABY ITEMS

Highland Baptist Church -- Baby Closet

4247 34th Street, Lubbock, TX 79410

806-795-6453

Tuesday, 1:00 – 3:00 p.m. & Wednesday, 3:30 – 5:00 p.m.

Baby Clothes, Diapers, some equipment for infants to four years old.

Require: Picture ID

Neighborhood House for Lutheran Social Services

1212 13th Street, Lubbock, TX 79401

806-589-1907

Monday thru Wednesday, 1:00 to 3:30 p.m.; Be there by Noon.

Diapers and hygiene items (limited)

Require: Picture ID, Social Security Card &

Proof of address with a piece of mail received within last 30 days

CLOTHING CLOSETS

Broadway Church of Christ

1924 Broadway, Lubbock, TX 79413

806-763-0464

By appointment ONLY.

Call Thursday, Friday or Monday to schedule a Tuesday appointment, starting at 9:30 to 11:15 a.m.

Require: One visit every 3 months

Greenlawn Church of Christ

5701 19th Street, Lubbock, TX 79407

806-795-4466

Monday, 1:00 – 3:00 p.m.; Thursday, 9:00 – 11:00 a.m.

Also 2nd and 4th Saturdays 10:00 a.m. to Noon

Require: Picture ID & Social Security Card

Guadalupe Economic Services

1502 Erskine Street, Lubbock, TX 79403

806-744-4416

Monday & Wednesday, 1:00 – 4:00 p.m.

Require: Referrals from Adult, Children's, Women's Protective Services

Thrift Store: open to public, Monday – Saturday, 9:00 a.m. to 3:00 p.m.

Hope Community Lubbock

2005 Avenue T, Lubbock, TX 79411

806-762-0829

Sunday ONLY, 4:00 - 5:30 p.m.

Lubbock Dream Center

1111 30th Street (30th Street & Avenue L), Lubbock, TX 79411

806-793-3336

Tuesday & Wednesday, 10:00 a.m. – 1:30 p.m.; Saturday, By appointment only

Clothing donations accepted Monday – Wednesday, 10:00 a.m. - 4:00 p.m.

Lubbock Impact, Inc.

2707 34th Street (34th Street & Boston), Lubbock, TX 79410

806-799-4329

Wednesday, 1:00 – 3:00 p.m. & 5:45 – 6:30 p.m.

Receive donated clothing, Wednesdays, 1:00 p.m. – 6:00 p.m.

Redbud Baptist Church – Christ's Cupboard

801 Slide Road, Lubbock, TX 79416

806-799-3832

Tuesdays, 1:00 – 4:00 p.m.

Saint Paul's Thrift House

1508 Avenue X (15th Street & Avenue X), Lubbock, TX 79401

806-762-4288

Tuesday – Saturday, 10:00 a.m. – 1:00 p.m.

Upland Mission

1711 Upland Avenue, Lubbock, TX 79416

806-993-3348

806-993-3347

Tuesday & Wednesday, 10:00 a.m. – 2:00 p.m.

RENT AND UTILITIES ASSISTANCE

Lubbock County General Assistance

916 Main Street, Suite 104, Lubbock, TX 79401

806-775-1605

Fax: 806-775-7982*Call to schedule appointment

Require: Photo ID & Social Security Card of all members in household

Services for qualified callers: Rent, Utilities, Indigent Cremations

The Salvation Army

1614 Avenue J, Lubbock, TX 79401

806-765-9434

*Call to schedule appointment.

Social Service Hours: Monday thru Friday, 9:00 – 11:00 a.m. and 1:00 – 5:00 p.m.

UTILITY ASSISTANCE ONLY

Catholic Charities, Diocese of Lubbock

102 Avenue J, Lubbock, TX 79401

806-765-8475

Visit website for other programs: www.cclubbock.org

*Call to schedule appointment, which is required.

NOTES: UTILITIES ASSISTANCE ONLY / NO RENT MONEY AVAILABLE

Cannot help once services have been disconnected, cannot pay for startup LP&L deposit, or reconnect fees.

Neighborhood House for Lutheran Social Services

1212 13th Street, Suite 102, Lubbock, TX 79401

806-589-1907

*Call to schedule appointment

Serving Lubbock County residents

UTILITIES ONLY & Cannot help with deposits, old bills, reconnects, etc.

South Plains Community Action Association, Inc. (SPCAA – Rural Utilities)

411 Austin Street, Levelland, TX 79336

1-800-782-5028

Visit website: www.spcaa.org Call or check the website for the many programs available.

Monday thru Friday, 8:00 a.m. - Noon & 1:00 - 5:00 pm

Assists with utilities for the 14 rural counties outside of Lubbock County which include Bailey, Cochran, Crosby, Dickens, Floyd, Garza, Hale, Hockley, King, Lamb, Lynn, Motley, Terry, and Yoakum.

MISCELLANEOUS SERVICES

Women's Protective Services (WPS)

806-747-6491

Toll Free: 1-800-736-6431

Website: www.wpslubbock.org

Counties covered: Bailey, Cochran, Crosby, Dickens, Garza, Hockley, King, Lamb, Lubbock, Lynn, Terry and Yoakum

- Women's Protective Services of Lubbock, Inc., or WPS, is a 501(C)(3) non-profit organization specializing in advocacy for women, men, and children who have experienced domestic violence. WPS has been serving Lubbock, TX and the surrounding communities since 1978.
- The services provided at WPS are free and confidential. Services are available without regard to race, sex, handicap, national origin, color, religion, sexual orientation, or income.
- Our purpose and objectives are to provide a safe environment, offer community education, prevention, rehabilitation of violent family members, encourage transition to self-sufficiency, and to advocate for the prevention and elimination of family violence.
- This is but a brief glimpse into what we offer victims of family violence and members of our community on a daily basis.
 - 24-Hour Crisis Hotline
 - Shelter, Food, Clothing, and -Transportation
 - Individual and Group Therapy
 - Support Groups
 - Parent Education
 - Children's Programs
 - Assistance in Obtaining Legal Services

OSAR Region 1



- Assistance in Obtaining Social Services
- Court Accompaniment
- Welfare to Work/Job Readiness Program
- Community Education
- WPS also provides a 25-week Batterers Intervention and Prevention Program.

Upland Mission Lubbock

1711 Upland, Lubbock, TX 79416

806-687-8452

Website: <https://www.uplandmission.org/>

Hours of operation:

Tuesdays and Wednesdays

9:00 a.m. – 1:00 p.m.

Guests must be signed in by 12:30 in order to receive services. Photo I.D. is required.

Services Include:

- Clothing for the family, small home goods, and a food bag and/or limited personal hygiene and cleaning supplies.
- All items are provided at no charge.

Guidelines for Operation:

- Each household may shop one time each month.
- Each guest may shop for 20 minutes, so please prioritize your needs.
- Each guest may receive one bag with no more than eight (8) cans of food each month.
- No public restrooms available.
- Household items, furniture, personal hygiene, medical equipment, household cleaning supplies.

Lubbock Impact, Inc.

2707 34th Street (34th & Boston), Lubbock, TX 79410

806-799-4329

Website: <https://lubbockimpact.com/>

Services Provided: Lubbock Impact has ministries and programs in the areas of Food, Clothing, Healthcare, and Spiritual Growth.

South Plains Food Bank

4612 Locust Avenue, Lubbock, TX 79404

806-763-3003

Website: <https://www.spfb.org/>

Susie's Closet Inc.

1701 Parkway Dr., Lubbock, TX - 79401

806-368-8225

Lubbock Dream Center

1111 30th Street, Lubbock, TX - 79411

806- 793-3336

Website: <https://lubbockdreamcenter.org/>

- Clothing Closet

- Our clothing closet provides needed clothing items for families in the Lubbock area. The clothing closet is open Tuesday through Wednesday, 10am – 4pm or by appointment.
- Action Family
 - Through the Action Family program, the Lubbock Dream Center offers health and wellness initiatives to help families in our community break generational patterns, and live healthier, more abundant lives.
- Adopt a Block
 - This is frontline ministry, where the church really does leave the building. We walk the neighborhood picking up trash, inviting neighborhood kids and families to our ministry events, praying with our Dream Center neighbors on their doorstep, and discovering more ways the Lubbock Dream Center can impact our local community.
- Helping Hands
 - Not afraid of sore muscles and manual labor? Share your time and talents for kingdom impact. A few oil changes, a little paint on a house, and some serious large item trash removal is the way we like to demonstrate the love of Christ in our community through Helping Hands.
- Prime Time
 - This is a special time when we enrich the lives of a 55+ age group with singing, muffins, flowers, and prayer at a local nursing home.
- Pearson VUE Test Center
 - The Lubbock Dream Center joins the Pearson VUE Network to offer accessible and secure GED Certification Testing. Please visit GED.com to view available dates for testing at our location. Be sure to stay updated as we continue to add more accessible and secure certification testing to our site.
- GED Test Preparation Classes
 - The Lubbock Dream Center partners with Literacy Lubbock to provide high school equivalency test prep classes for GED Certification Exams.
- GED Test Preparation English as a Secondary Language Classes
 - Through our partnership with Literacy Lubbock, the Lubbock Dream Center offers English as a Second Language Classes & Conversation Cafe, allowing people to engage in an everyday conversation setting.
- Back to School Bash
 - Before the start of a new school year, the Lubbock Dream Center gives away over 1500 backpacks filled with age-appropriate school supplies for families in need to ensure that children start off their year with confidence.
- Turkey Day Giveaway
 - Turkey Day Giveaway is an annual event where hundreds of volunteers fill our campus to prep and give out boxes of food to bless families in need of a Thanksgiving meal. Families are chosen through the schools we partner with and registered before the event.
- Family to Family Christmas
 - Every year we create gift baskets for the New Legacy Home ladies and their families to bless them during Christmas time. We also host a local toy drive where toys can be dropped off at the Lubbock Dream Center and then gifted to families in need.

Hope Community Lubbock
 2005 Avenue T, Lubbock, TX 79411
 806-762-0829

Website: <https://www.hopecommunitylbk.com/>

- HOPE Clothes Closet
 - Clothing makes the man (or the woman!). If you or someone you know is in need of some clothing for everyday life, for school, or even for an interview, come check out our HOPE Clothes Closet. We provide all types of clothing completely free of charge! If you would like to donate to the HOPE Clothes Closet, just swing by 2005 Avenue T, Lubbock, TX 79411. We are always taking donations!

Social Security Office

5825 16th Street, Lubbock, TX 79416

Toll Free: 1-866-467-0460

Website: www.ssa.gov/

Tobacco Cessation Services are available for any person seeking information or support.

Toll-Free number for those who wish to request tobacco information or report illegal sales to minors
1-800-345-8647

In partnership with the American Cancer society, multilingual, free and confidential telephone cessation counseling for Texans needing support or information in quitting tobacco use

1-877-937-7848 or TTY 1-866-228-4327

Website: <https://www.dshs.texas.gov/tobacco/>

Overdose Prevention and Education resources:

Texas Poison Center Network 1-800-222-1222 or 911

Texas Overdose Naloxone Initiative-Facebook <https://www.facebook.com/txodinitiative/>

Get Naloxone Now – Save a Life <https://www.getnaloxonenow.org/#home>

Parent Life Lubbock

2621 34th Street, Lubbock, TX 79410

806-535-5486

“Impacting lives two generations at a time.”

Website yfc.net/ministry/parent-life/

Contact person: Renee Morales 806-535-5486

- Serving pregnant and parenting teens, moms and dads up to age 19.
- Providing a holistic ministry type support group Tuesdays from 5:30 p.m. – 8:00 p.m.
- Child care is available during support group, Tuesdays 5:30 p.m. - 8:00 p.m.
- Class attendance is required to receive dinner and diapers.
- Points program is available to earn items from the baby boutique.

Social Security Office

5825 16th Street, Lubbock, TX 79416

Toll Free: 1-866-467-0460

Website: www.ssa.gov/

South Plains Community Action Association, Inc. (SPCAA)

411 Austin Street, Levelland, TX 79336

806-894-6104

Toll Free: 1-800-782-5028

www.spcaa.org

*Call or check the website for the many programs available.

Monday thru Thursday, 7:30 a.m. – 5:30 p.m.; Friday, 8:00 a.m. - 1:00 p.m.

- Programs include Head Start, SPARTAN Public Transportation, WIC,
- Section 8 Voucher Program, and Workforce Solutions South Plains.

South Plains Community Action Association, Inc. Women, Infants, and Children Program (SPCAA WIC)

Toll Free: 1-866-907-0080

www.spcaa.org/health-service-WIC-program

Monday thru Thursday 7:30 a.m. – 5:30 p.m.; Friday, 8:00 a.m. - 1:00 p.m.

Call for appointments, to start services, to transfer your WIC from one location to another clinic, or for any other questions or concerns.

- Area 1: Brownfield, Celia Ann Lubbock, Central Lubbock, Colorado City, Denver City, Freedom Lubbock, Levelland, Morton, Parkway Lubbock, Post, Rotan, Seminole, Slaton, Snyder, Sweetwater
- Area 2: Alpine, Andrews, Big Lake, Big Spring, Eldorado, Fort Stockton, Kermit, Lamesa, Marfa, McCamey, Midland, Monahans, Odessa, Ozona, Pecos, Presidio, Sonora, Stanton, Tahoka, Van Horn
- Area 3: Archer City, Aspermont, Booker, Borger, Breckenridge, Cactus, Canadian, Childress, Clarendon, Crowell, Dalhart, Dumas, Graham, Hamlin, Haskell, Jacksboro, Memphis, Olney, Paducah, Pampa, Perryton, Quanah, Seymour, Shamrock, Spearman, Spur, Stamford, Stratford, Vernon, Wellington, Wheeler
- Area 4: Bonham, Bowie, Commerce, Decatur, Gainesville, Greenville, Mineral Wells, Nocona, Quinlan, Rockwall, Springtown, Weatherford
- Area 5: Albany, Burleson, Cleburne, Clyde, Comanche, Cross Plains, DeLeon, Eastland, Glen Rose, Granbury, Hawley, Stephenville
- Area 6: Brady, Clifton, Gatesville, Goldthwaite, Hamilton, Junction, Lampasas, Llano, Marble Falls, Marlin, San Saba
- Area 7: Ennis, Fairfield, Hillsboro, Kaufman, Mexia, Terrell, Waxahachie

Texas Workforce Commission

2002 W. Loop 289, Suite 117, Lubbock, TX 79407

512-364-7048

Toll Free: 1-888-838-8391

Contact information for Regional Manager in West Texas:

Anthony Torres, Veterans Resource Coordinator for Texas Veterans Leadership Program

Cell phone: 806-282-1146

Office phone: 806-765-5038 x 2148

Email: anthony.torres@twc.texas.gov

Website: www.twc.texas.gov/programs/veterans/leadership

Goal is connecting Veterans with appropriate resources; employment, education programs, advocate for Department of Veteran Affairs, health care and disability, and assist Veteran with attaining personal and professional goals.

This is a program under a major state initiative called the Texas Veterans Leadership Program (TVLP)

OSAR Region 1



Serving Veterans (all era), Active Duty Military, National Guard, and Reserve members and their families
Assistance in the following areas:

- Employment
- Family Services/Counseling
- Disability Claims/Benefits
- Educational and Training
- Benefits for OIF/OEF Special Programs and Services
- Home and/or Land Procurement (VA & Texas Veterans Land Board)
- Emergency Financial Assistance

Westminster Presbyterian Church

3308 34th Street, Lubbock, TX 79410 (Loads of Love building address)

806-722-7427

Monday & Wednesday, 10:00 a.m. – 5:00 p.m. (last load 3:30 so you can finish by 5:00)

Last Saturday of each month: 10:00 a.m. to 3:00 p.m.

- MINISTRIES available at Loads of Love Building:
 - Laundry available in LOADS OF LOVE Building – for Women and Children Only
 - Please observe the listed available times. Last load: 1 ½ hours prior to closing each day.
 - Require: Pay 25 cents per load to wash and dry with a maximum of 2 loads per day.
Detergent provided.
 - Internet Searches available.

PRESCRIPTION ASSISTANCE RESOURCES

Broadway Church of Christ

1924 Broadway, Lubbock, TX 79401

806-763-0464

Call for information prior to arriving

Monday thru Thursday, 9:00 a.m. - 5:00 p.m.; Friday, 9:00 a.m. - 3:00 p.m.

\$30 per individual every 90 days

Catholic Charities, Diocese of Lubbock

102 Avenue J, Lubbock, TX 79401

806-765-8475

Visit website: www.cclubbock.org

Call to schedule an appointment, which is required.

- Require: Proof of income (SSI/Disability, Child Support Letter, Food Stamp letter,
- last two (2) paycheck stubs, or Texas Workforce letter)

Lubbock Impact, Inc.

2707 34th Street (34th Street and Boston), Lubbock, TX 79410

806-799-4329

- Can provide prescription assistance ONLY if individual is seen by Lubbock Impact's physicians.

Neighborhood House for Lutheran Social Services

1212 13th Street, Lubbock, TX 79401

806-589-1907

Monday thru Wednesday, 1:00 – 3:30 p.m.

- \$20 for medication one time per year; Prescription must be purchased from United Coalition Pharmacy.
- Require: Picture ID, Social Security Cards & a bill showing address within last 30 days.

TTUHSC Larry Combest Community Health & Wellness Center

Two Convenient Clinic Locations. Not free clinics.

Larry Combest Community Health and Wellness Center

301 40th Street, Lubbock, Texas

806-743-9355

Call for appointments and information!

Monday thru Friday, 8:00 am to 8: pm; AND Saturday, 8:00 am to 1:00 pm

Combest Central Community Health Center

2424 50th Street, Suite 302, Lubbock, Texas

806-743-2424

*Call for appointments and information!

Monday thru Friday, 8:00 a.m. to Noon AND 1:00 to 5:00 p.m.

Services:

- Primary Healthcare Services for all ages
- Behavioral Health
- Prenatal/Midwifery Services
- Diabetes Education
- Prescription Assistance
- Transportation, call for this service
- Patient-Centered Care, Complete Healthcare for All Ages
- Medicaid, Medicare, Commercial Insurance, Self-Pay, Sliding Scale Fee- Based on Income
- Now accepting new patients. SE HABLA ESPANOL

Need to bring:

- Proof of income for all persons in house,
- Unemployment form, if applicable