



OSAR Region 1 Resource Directory

FY24

September 2023

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FY24 OSAR Region1 Resource Directory

A complete 2-1-1 Guide with additional resources can be found here:

Lubbock area:

[-https://www.211texas.org/add-or-edit-your-2-1-1-listing/south-plains/](https://www.211texas.org/add-or-edit-your-2-1-1-listing/south-plains/)

[-https://www.spag.org/directory/](https://www.spag.org/directory/)

Amarillo Area:

[-https://www.211texas.org/add-or-edit-your-2-1-1-listing/panhandle/](https://www.211texas.org/add-or-edit-your-2-1-1-listing/panhandle/)

[-https://www.unitedwayama.org/2-1-1-texas-panhandleunited-way-helpline](https://www.unitedwayama.org/2-1-1-texas-panhandleunited-way-helpline)

TREATMENT AND RECOVERY COMMUNITY

A resource directory of substance use community—and faith-based recovery and treatment organizations on file that contains current information about local referral resources, including location and contact information, services offered, and eligibility criteria.

1. StarCare Specialty Health System-OSAR (Outreach, Screening, Assessment and Referral)

1950 Aspen Ave, Lubbock, TX 79404

Main Phone:806-740-1421 Toll Free:1-844-472-8810 Crisis Phone:806-740-1414

Website: www.starcarelubbock.org

-Counties served: Armstrong, Bailey, Briscoe, Carson, Castro, Childress, Cochran, Collingsworth, Crosby, Dallam, Deaf Smith, Dickens, Donley, Floyd, Garza, Gray, Hale, Hartley, Hall, Hansford, Hemphill, Hockley, Hutchinson, King, Lamb, Lipscomb, Lubbock, Lynn, Moore, Motley, Ochiltree, Oldham, Parmer, Potter, Randall, Roberts, -Sherman, Swisher, Terry, Wheeler and Yoakum

Screening and Assessments: StarCare’s dedicated, licensed staff provide outreach, screenings, assessments, and referrals to those who are actively seeking substance use services and/or support. The OSAR team conducts verbal screenings to gather information pertaining to the severity of use and how use has impacted day-to-day functioning or mental health to provide appropriate referrals to recovery resources.

-Interventions: Following the screening and assessment, individuals can expect short-term case management services in addition to the opportunity of up to six brief motivational interviewing sessions with their OSAR counselor.

-Support: OSAR counselors are available for additional support and case management until the individual successfully enters their referred treatment service. Our OSAR counselors also remain as a point of contact for future recovery support needs.

-For uninsured or underinsured individuals, the OSAR Team can determine if you are approved for full or partial financial assistance toward your referred treatment services.

(Federal and state admission priority levels):

- -Pregnant, injecting individuals (Federal)
- -Pregnant individuals (Federal)
- -Injecting drug users (Federal)
- -Individuals at high risk for overdose

(State)

- -DFPS-referred clients (State)
- -Individuals who are experiencing housing instability or homelessness (State)
- All others

2. Star Parent PADRE (Parenting Awareness & Drug Risk Education)

3804 I-27 Lubbock, Texas 79412

806-740-1455

Website: www.starcarelubbock.org

Services Provided:

- On-site and home evidence-based Parenting Classes and Fetal Alcohol Information (Parenting class times and other service times vary. Please contact the program staff for the current schedule.)

-Evidence-based parenting education to schools, agencies and individuals that includes:

- Reproductive health
- Parenting
- Fetal & child development
- HIV and STDs
- Nurturing parenting values
- Case management to identify the need for medical, educational, mental health, housing, and other necessities
- Substance abuse screening and assessment to identify issues related to alcohol and drugs
- Linkage to community resources such as housing, transportation, day care, food, clothing, and many other necessities
- Referrals to cooperating agencies for help with prenatal-postpartum needs, counseling, employment, clothing, and additional needs
- Alternative activities – including picnics, games, arts and crafts and trips to museums and libraries –emphasis on helping families address communication, family roles and stress management, while supporting family relationships

To qualify for the Pregnant Postpartum Intervention program individuals must:

- Be pregnant or postpartum (includes the period from birth through 18 months of infancy)
- Reside in one of the 41 Region 1 counties

- Be identified as being at risk of having, or who have, a substance use disorder. Risk factors include:
- Teen pregnancy (including females through age 19);
- Current or past involvement with Department of Family and Protective Services (DFPS) or other child protective services agency.
- Current or past use/abuse of, or dependence on, alcohol and/or drugs;
- Current or past domestic violence;
- Current or past mental health problems, especially perinatal mood disorders
- Living in a household with a person who abuses alcohol or drugs;
- Current or past history of sexual, emotional or physical abuse;
- Insufficient, late (third trimester) or no prenatal care; or
- Financial distress
- Be referred by the Department of Family and Protective Services or who are identified as being at risk of having, or who have, a substance use disorder and who have children under the age of six.

3. S.U.S.A.N. (Substance Use Service Assistance Network)

806 18th St, Lubbock, TX 79401

(806)775-2933 option #5

Website: <https://ci.lubbock.tx.us/departments/health-department/behavioral-health/substance-use-service-assistance-network>

-SUSAN is the City of Lubbock's substance use disorder network for community health workers. SUSAN has two dedicated Case Managers and two dedicated Community Health workers to assist the public for the area of Region 1. This program is designed for male and female Texas Residents with substance use disorders. The goal is to screen and address social determinants of health and provide harm reduction methods and tools to help others live a safer, healthier lifestyle. SUSAN provides syringe cleaning kits, wound care kits, hygiene kits, and overdose reversal kits including Naloxone and pre-exposure Prophylactic (PREP) education information. Susan offers assistance with residential and outpatient treatment, which is determined by screening for substance use disorder. Assistance can also be provided for sober housing, transportation needs, and help with prescription medications, vision, hearing, clothing, employment, and educational needs. SUSAN employees understand that there are no two people alike, so each plan is individualized to address the needs of that particular person.

Services Provided:

- Inpatient and outpatient substance use treatment
- Sober housing
- Transportation
- Medical care/visits
- Prescriptions
- Employment & education assistance
- OD reversal kits/Naloxone
- Hygiene kits
- Wound cleaning kits

Hours of operation: 8 a.m.-5 p.m., Monday-Friday

Adult SUD Treatment Providers

1. Plainview Serenity Center

Website: http://serenitycenter.org/wordpress_e/

-Recovery Solutions

Lubbock location-Intensive Outpatient Treatment (Adults)

1324 35th, Lubbock, TX 79412

806-687-3746

-Plainview Location-Residential and Intensive Outpatient Treatment (Adults and Women with Children)

454 Interstate 27, Plainview, TX 79072

806-293-9722

-Amarillo Location-Intensive Outpatient (Adults)

210 South Western

Amarillo, Texas 79106

806-355-5780

-State funded Substance Use Disorder Treatment facility

2. Cenikor Foundations-Amarillo

1001 Wallace Blvd, Amarillo, TX 79106

1-888-236-4567

Website: www.cenikor.org

-State funded Substance Use Disorder Treatment facility

-COPSD Services, Residential and Intensive Outpatient Treatment (Adults)

3. Dailey Recovery Services-Amarillo

706 N Polk, Amarillo TX 79107

806-803-9640

Website: www.daileyrecoveryservice86.vpweb.com

-State funded Substance Use Disorder Treatment facility

-Female Outpatient, Youth Outpatient and COPSD Services

4. StarCare Opioid Treatment Program

806-740-1400

1950 Aspen Ave, Lubbock, TX 79404

-State funded Substance Use Disorder Treatment facility

Website: www.starcarelubbock.org

- provides treatment for adults to alleviate the effects of opioid withdrawal.

The program works to meet individualized needs for treatment, including one-on-one and group counseling.

To Qualify for Medication Assisted Treatment:

Individuals (Including Pregnant Females)

Must:

- Be a Texas resident.
- Meet the criteria for a moderate to severe opioid use disorder.

Hours of operation:

Monday-Friday 6 A.M.–10 A.M.

Saturday 6 A.M.–9 A.M.

5. West Texas Counseling & Rehab (WTCR)-Amarillo

2300 Line Ave, Amarillo, TX 79106

806-373-0922

Website: www.wtcr.net

Opiate Agonist Therapy with Methadone or Buprenorphine

-Therapeutic Interventions

-Hours of operation:

Mon - Fri: 5:30am - 9:30am

Sat: 6:45am - 8am

6. Lubbock Lighthouse

24 Briercroft Office Park, Lubbock, TX 79412

806-744-3419

Website: www.lubbocklighthouse.org

Services provided:

- Individualized Counseling
- Urine Drug Screenings
- AIDS/HCV Education & Prevention
- HIV/HCV Testing, and Hepatitis C
- Education, Counseling and Referrals: -Referral to Inpatient/Residential

Programs if needed and indicated:

- Community Education
- Medical Consultation, Coordination & Referral
- Drug & Alcohol Screenings and Assessments

-Medication Hours

Monday through Friday: 6:00AM to 12:00PM

Saturday 6:00 am to 8:45 am (only)

Counseling Hours:

Monday through Friday: 6:00AM to 2:00PM; Saturday 6:00 am to 8:45 am

-Fees for methadone are \$119.00/week payable at \$17.00/day plus an initial \$45.00 charge to see the Medical Director, have an initial assessment with a licensed counselor, perform lab work, etc. The total intake fee for methadone including the first week's dosing is \$164.00. Fees for Subutex (buprenorphine) are an initial set up fee of \$149.00 and then \$140.00/week payable at \$20/day. The total intake fee for Subutex is \$289 which includes the first week's dosing. Participants are responsible for paying for the week regardless of attendance – staff are present and ready to assist you.

Other patient guidelines will be explained at time of screening and intake if you choose to participate in the program.

7. Aspire Addiction and Recovery

3330 70th St #120, Lubbock, TX 79413

806-598-5911 or (Toll free) 888-502-3631

Website: www.aspirearc.com

8. The Ranch at Dove Tree

1406 Quinlan Street, Lubbock, TX 79403

806-746-6777 or 1-866-572-6065

Website: www.ranchatdovetree.com

-Insurance accepted or Private pay

-Services provided: Detox services, Residential Treatment, Partial Care Program, Collegiate Residential Program, Intensive Outpatient Program (IOP), Transitional Living Program, Relapse Prevention Program Track

9. Grace Manor

2402 Canyon Lake Dr, Lubbock, TX 79415

806-894-4712

Website: www.Childrenhp.org

-State funded Substance Use Disorder Treatment facility

-*Services Provided:*

- Substance Abuse Residential Rehab Facility and provides treatment to people with drug addiction and other substance abuse problems.
- Intensive Outpatient

10. Stages of Recovery

4413 71st Drive Suite G-101, Lubbock, TX 79424

(806) 412-4721 or 1-844-621-8816

Website: <https://stagesrecoverycenters.com/>

11. Journey Recovery Center-Alcohol and Drug Abuse Council for the Concho Valley

3600 Journey Dr San Angelo, TX 76905

(325) 224-3481

Website: <http://www.adaccv.org/>

Services Provided: Allows 72 clients to be housed in the state-of-the-art treatment and detox facility. Also includes Recovery Center that includes women and children's program, for mothers who need addiction treatment.

12. Christian Farms-Treehouse

3804 Riverside Trail Temple, Texas 76502

254-933-9400

Website: www.cfth.org

-*Services:* Detoxification, residential treatment

-*Population Served:* Men and Women Referral -*Process:* Christian Farms Treehouse will accept referrals from OSAR or other state organizations. If a client is not referred to by a state agency, client will need to complete an interview. Based upon bed availability, a client may be placed on a waitlist.

13. Nexus

8733 La Prada Drive Dallas, Texas 75228

214-321-0156

www.nexusrecovery.org

Services Provided: Detoxification, residential treatment, recovery support services

Population Served: Women and Women with Children

Referral Process: Nexus will accept clients who call their admissions hotline and complete a telephone assessment. They will also accept walk-ins if they have a bed available. Nexus will accept referrals from OSAR or other organizations. Based upon bed availability, clients may be placed on a waitlist.

14. Serenity Foundation of Texas

1546 North 2nd Street Abilene, Texas 79601

(325) 673-6489 or 866-795-4673

Website: www.serenitytexas.com

Services Provided: detoxification, residential treatment, outpatient treatment, recovery support services

Population Served: Men and Women *Referral Process:* Serenity will accept clients who call their admissions hotline and complete a telephone assessment. Based upon bed availability, clients may be placed on a waiting list. Serenity will also accept referrals from OSAR or other organizations.

15. Turning Point

502 North Carver Midland, Texas 79701

432-570-3390

Website: www.permiacare.org

Services Provided: Detoxification, residential treatment, COPSD residential treatment, outpatient treatment for adolescents and women Population.

Population Served: Men, Women, Adolescents (outpatient)

Referral Process: Turning Point will accept referrals from OSAR or other organizations. Based upon bed availability, a client may be placed on a waitlist.

Adolescent SUD Treatment Providers

1. Dailey Recovery Services

Amarillo location

2412 SW 8th Ave, Amarillo, TX 79120

806-803-9640

Website: www.daileyrecoveryservice86.vpweb.com

-State funded Substance Use Disorder Treatment facility

-Youth Outpatient

Lubbock Location

-2321 50th Street Suite B

Lubbock, TX 79412

806-803-9640

2. Central Plains Center-Reed Adolescent Center

404 Floydada, Plainview, TX 79072

806-291-4422

Website: www.centralplains.org

-Central Plains Center currently operates a 12-bed residential substance abuse treatment facility for adolescent boys. This is a 90-day treatment program that seeks to help in the recovery process and eliminate substance abuse. Also, offers an outpatient program for adolescents, both boys and girls.

Transitional Housing/Sober Living/Housing Resources

1. Driskill Halfway House (Tulia TX) Males Only

1202 US-87, Tulia, TX 79088

806-995-4552

Website: www.driskillhouse.com

- Driskill Halfway House for Men strives to meet the needs of men whose lives have been impacted by addiction. Offering a compassionate approach and individualized care and support through empowering men in recovery. Helping them to avoid relapse through relapse prevention and encouraging them to set goals and make progress to reaching those goals in their recovery.

- What to expect when you apply to the Driskill Halfway House.

- Applicant will submit a \$250.00 nonrefundable processing fee to DHH. This payment is separate from and in addition to any rent required to be paid upon admission. The processing fee shall be paid in separate check payable to DHH when applying.
- The applicant will provide adequate information for a criminal background check to be conducted. DHH does not currently accept Applicant with conviction for violent crimes or Applicant who are required to register as sex offenders.
- Applicant MUST be sober for at least 30 days. Upon arrival to the facility, Applicant will provide a Negative UA (urine analysis) to be administered by DHH staff. A positive result will exclude Applicant from entrance to the program.
- Personal items will be checked when Applicant arrives at the facility to ensure compliance with DHH rules. Applicants will be provided with a copy of DHH rules and policies prior to arrival.
- The monthly rent is \$450.00 which includes room and board.
- Upon admission, each resident will have a PIN assigned to them which will allow them access the secure entrance to our facility.

2. Alcohol Recovery Center-Males Only

608 17th Street, Lubbock, TX 79401

806-762-5626

Website: https://www.freerehabcenters.org/details/tx_79401_alcoholic-recovery-center-of-lubbock

- The Recovery Center is a 501(c)(3) non-profit long-term shelter for men recovering from alcohol and/or drug addiction.

Client requirements include:

- Have a desire to stop using alcohol and drugs
- Willing to work full-time
- Obtain employment within two weeks
- Contribution of \$125 weekly
- Attendance of six meetings a week (transportation to outside meetings is provided)
- Be home for chores by 6pm Sunday-Friday
- Commitment to stay a minimum of 3-6 months
- Residents may stay up to one year

3. The Door Sober Living Community

4705 66th Street, Lubbock, TX 79414

806-412-4721 and 844-6-GETHELP

Websites: www.lubbocksoberliving.com

4. Lubbock Faith Center

2809 Clovis Rd., Lubbock, TX 79415

806-762-8086

www.lubbockfaithcenter.com

5. Oxford Houses:

Website: www.oxfordhouse.org

Oxford House Caprock

3201 65th Street, Lubbock, TX 79413

Female House

806-317-1150

Oxford House Toledo Bend

4617 42nd Street, Lubbock, TX 79414

Female House

806-701-1821

Oxford House Faith Park

4208 41st Street, Lubbock, TX 79413

Male House

806-317-1342

Oxford House Sandstorm

4914 18th Street, Lubbock, TX 79407

Male House

806-407-5445

Oxford House Xena

308 N. Brentwood Ave. A/B, Lubbock, TX 79416

Male House

806-407-5566

Oxford House Cowboy

4204 40th Street Lubbock, TX 79412

806-407-5680

5. Lubbock Housing Authority

1708 Crickets Avenue, Lubbock, TX 79401

806-762-1191

Website: <https://lubbockha.org/>

-Public Housing in Lubbock

- The U.S. Department of Housing and Urban Development (HUD) administers housing assistance to residents of the City of Lubbock through the Housing Authority of the City of Lubbock (LHA). In this capacity, LHA is the owner and manager of approximately 304 housing units scattered throughout Lubbock. These units provide housing for low income families, the elderly, and disabled individuals at rents they can afford. Tenants of public housing units pay 30% of their income toward their rent. Any additional costs are subsidized with federal funding. Through this program, around 1100 Lubbock families can receive rental assistance.

-Section 8 Housing Choice Vouchers (HCV)

- Over 900 Lubbock families receive rental assistance through our Section 8 Housing Choice Voucher program. The Section 8 Housing Choice Voucher (HCV) Program allows low income citizens to find their own places to rent in Lubbock. Voucher holders are free to choose any house that meets minimum health and safety standards. Once a family finds a home that they wish to rent, LHA must inspect it to make sure that it meets HUD's housing quality standards. LHA also checks to make sure that the rents are reasonable and within the fair market rent range for Lubbock. Households assisted through the Section 8 program pay 30% of their income toward the rent. Then LHA pays private landlords the difference between what participating households can afford and the rent for the units. Through this program, over 900 Lubbock families can receive rental assistance.

-Section 8: Project Based Voucher

- Section 8: Project Based Vouchers are part of a government-funded program that provides rental housing to low-income households. These may be in privately owned and managed rental units. The subsidy stays with the building; when you move out, you no longer have the rental assistance. Most tenants will pay rent based on 30% of their adjusted income; the voucher will cover the rest.

AA, NA, Al-Anon & Ala-teen

-See attached directory for more information regarding schedules and group types.

Visit www.lubbock-al-anon.org/meetings.html

Ala-non info: 806-766-7302

Lubbock & Surrounding Areas-AA Meetings

www.nwta66.org/schedules/cities

Lubbock AA Hotline

806-741-8780

Lubbock NA Hotline

806-765-1247

Central AA Group

1113 Avenue J, Lubbock, TX 79401

806-747-1284

Grupo Nuevo Camino

1109 A. Main Street, Lubbock. TX

806-283-2984

Hub of the Plains

3808 34th Street, Lubbock, TX 89410

806-797-1211

Lubbock Faith Center

2809 Clovis Rd., Lubbock, TX 79415

806-762-8086

Website: www.lubbockfaithcenter.com

Lubbock Group

4234 Boston Ave Ste. B, Lubbock, TX, 79412

806-799-0124

12-Step Meeting

(Grace Campus) 806-500-5006

Crisis Lines/Mental Health Services

(National Suicide Prevention Lifeline)-Crisis Line

Dial: 988

1. Contact Lubbock Crisis:

1-800-SUICIDE

Website: www.contactlubbock.org

2. StarCare Specialty Health System

1950 Aspen Ave, Lubbock, TX 79401

Crisis Services:

806-740-1414

Mental Health Services:

806-740-1421

Website: www.starcarelubbock.org

Hours of Operation:

8 a.m. – 5 p.m. Monday through Friday*

Walk-in crisis services available 24/7

Counties Served: Lubbock, Lynn, Cochran, Crosby and Hockley

3. Texas Panhandle Centers

1501 S. Polk, Amarillo, TX 79101

Crisis Services:

806-359-6699

Mental Health Services:

806-337-1000

Website: <https://www.texaspanhandlecenters.org/>*Counties Served:* Armstrong, Carson, Collingsworth, Dallam, Deaf Smith, Donley, Gray, Hall, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Potter, Randall, Roberts, Sherman and Wheeler**4. West Texas Centers***Crisis Services or Mental Health Services:* 800-375-4357Website: <https://wtcmhmr.org/>*Counties Served:* Andrews, Dawson, Gaines, Garza, Howard, Mitchell, Nolan, Reeves, Scurry, Terry, Upton, Ward, Winkler and Yoakum**5. Central Plains Center**

2700 Yonkers

Plainview, TX, 79072

Crisis Services: 1-800-687-1300*Mental Health Services:*

806-291-4470

Website: <http://centralplains.org/>

-Adult Mental Health

Central Plains Center provides services to adults, ages 18 and older, who are diagnosed with a mental illness.

- Adult Psychiatric Services
- Mental Health Peers
- Mental Health Peers
- Case Management & Skills Training

-Child and Adolescent

Central Plains Center offers an array of children's services to adolescents from ages 3 to 18 years of age with severe emotional and behavioral problems.

- Child and Adolescent Psychiatric Services

- Family Partners
- Case Management and Skills Training
- Youth Empowerment Services Waiver

Demographic Criteria:

- Be between 3-18 years of age.
- Reside in a non-institutional setting with the child's or adolescent's Legally Authorized Representative, or in the child's or adolescent's own home or apartment, if legally emancipated

Counties Served: Parmer, Castro, Swisher, Briscoe, Bailey, Lamb, Hale, Floyd, and Motley

Counseling Services

1. Catholic Family Services

102 Avenue J, Lubbock, TX 79401

806-765-8475

Website: www.cclubbock.org

-Services to at-risk Youth (STAR) & Runaway Homeless Youth (RHY): Ages 0-17 (Free)

-Family Counseling (individual, couples, marriage)

-All services are FREE

2. Family Counseling Center

5701 Ave P, Lubbock. TX 79412

806-747-3488

*Call for appointment

Website: www.fclubbock.org

-Individual, family, child, couples counseling, and group sessions

-Payment is based on a sliding scale

3. Texas Tech Family Therapy Clinic

Human Sciences Building-Open to the Public

15th Street and Akron, Lubbock, TX 79409

806-742-3074

*Call for appointment (messages will be returned)

Website: http://www.depts.ttu.edu/hs/mft/clinical_services.php

Monday thru Thursday 9 am-8 pm, Friday, 9 am-5 pm

- Specializing in child, family, marriage, and individual counseling.
- Supervised graduate students working on Master and PhD Degrees
- Payment is based on a sliding scale

4. Texas Tech Psychology Clinic

Open to the Public

2810 18th Street, Lubbock, TX 79409

806-742-3737

Website: <http://www.depts.ttu.edu/psychologyclinic/index.php>

*Call for appointment

Hours of Operation: Monday & Friday 8:30 am-5:00 pm; Tuesday, Wednesday, Thursday, 8:30 am- 8:00 pm

Services:

- Individual, adult, children/adolescents, couples counseling
- Parent/child (ages 2-7) interaction therapy
- Weight Management for children
- Supervised graduate students working on PhD
- Evaluation for Learning Disabilities and ADHD-Sperate flat fee
- Payment is based on a sliding scale

5. Shiloh Counseling Services

806-794-3232

2020 82nd Street; Suite 101, Lubbock, TX, 79423

Website: <https://www.shilohcounselingservices.com/>

Services:

Individual Counseling, Couples or marriage therapy and Family therapy

Session Rates:

At Shiloh, we do not want cost to be a reason you or your family cannot seek therapy. For this reason, we have a variety of options. Our rates are as follow:

- Licensed Professional Counselor- Supervisor: \$140 Per Therapy Hour

- Licensed Professional Counselor: \$130 Per Therapy Hour
- Board Certified Biblical Counselor: \$130 Per Therapy Hour
- Licensed Professional Counselor Associate: \$90 Per Session
- Supervised Student-Intern: \$30 Per Session
- Wellness Consultations: \$100 Initial consultation, which includes one follow up. Subsequent follow ups are \$80.
- Shiloh accepts cash, checks, Visa, Mastercard, American Express, and Discover cards. We are also able to accept medical spending account cards.
- Insurance, Medicaid, Medicare

Shiloh does not file or accept any insurance, Medicaid, or Medicare. You may choose to file your own insurance claim for yourself, and benefits will be paid directly to you. We will provide a receipt of your payment for each session that can be sent to your insurance company, along with any additional information requested.

Resources for Veterans

1. VETSTAR

Main Number: 806-470-9317

Lubbock:

StarCare Provider Center

3804 I-27 FR | Lubbock, TX 79412

Amarillo:

800 S Rusk Street | Amarillo, TX 79106

806-350-6860

Website: www.vrcg.org

Hours of Operation:

Monday through Friday*

0800-1200

1300-1700

*Except When Closed for Holiday

-Supportive Services for Veteran Families (SSVF) offers eligible veterans with supportive services to improve their access to housing first, housing being the key to long-term success in education, employment, and other achievements. Services include housing counseling, temporary financial assistance for housing stability, and case management.

Program Qualifications: SSVF services veterans with very low-income experiencing imminent or immediate homelessness and who can achieve housing in 90 days through a veteran's individual success plan.

Qualification Definitions:

- Veteran – Head of household with one (1) day of active duty in US military service with no dishonorable discharges or general court-martials. Veterans with entry-level separation should be able to document service-connected disabilities. Special court-martials are considered on a case-by-case basis.
- Very low-income – Less than 50% of the Area Median Income (AMI; as determined by SSVF program staff using a standard measure).
- Imminently homeless – Facing imminent (less than 30 days) eviction from your regular night-time residence. Imminently homeless are prioritized based on a standard homeless prevention screening score. Veterans below the threshold score do not qualify.
- Literally homeless – Living in an emergency shelter or a place not meant for human habitation (as determined by SSVF program staff).
- Veteran’s Individual Success Plan – Veteran must be able to demonstrate housing stability planning within 90 days of program enrollment and work towards obtaining their individual goals of housing stability.
- Homeless Veterans Reintegration Program (HVRP) assists eligible veterans prepare to work towards long-term housing solutions and individual success through gainful employment and job-readiness training. Services include, but are not limited to: employment counseling, employment referrals, temporary financial assistance for employment stability and training, as well as case management.
- Program Qualifications. HVRP provides services to low-income veterans experiencing imminent or immediate homelessness who wish to work towards family sustaining employment. Veterans in this program are required to commit to Case Management and working on an Individual Employment Plan to achieve employment or career training within 90 days.

-Military Veterans Peer Network (MVPN) assists service members, veterans, and their families (SMVF) who have experienced trauma or mental health needs by connecting them to a network of peers and services who can help navigate those experiences and develop resiliency through trust, camaraderie, and hope. MVPN assists justice-involved veterans to identify resources in our service delivery area.

Program Qualifications: MVPN assists service members, veterans, and their families (SMVF).

Qualification Definitions:

- Service members – Active-duty military service members, including those on active-duty for Reserve or National Guard activation orders, and Reserve and National Guard members.
- Veteran – Head of household with one (1) day of active duty US military service with no dishonorable discharges or general court-martials. Veterans with entry-level separation should be able to document service-connected disabilities. Special court-martials are considered on a case-by-case basis.
- Family members – Spouse, children, and parents of veterans.

-StarCare Specialty Health System (StarCare) is honored to announce it has received a \$22,000 grant from the Disabled Veterans National Foundation (DVNF), which will provide support to Veterans receiving services through StarCare’s VetStar program. This generous gift will fund transportation vouchers, home repairs and modifications, and temporary financial assistance for local Veterans.

Disabled Veterans National Foundation exists to provide critically needed support to disabled and at-risk Veterans who leave the military wounded – physically or psychologically – after defending our safety and our freedom. DVNF achieves this mission by:

- Offering direct financial support to Veteran organizations that address the unique needs of Veterans, and whose missions align with that of DVNF.

- Providing supplemental assistance to homeless and low-income Veterans through the Health & Comfort program and various empowerment resources.
- Providing an online resource database that allows Veterans to navigate the complex process of seeking benefits that they are entitled to as a result of their military service, as well as additional resources they need.
- Serving as a thought leader on critical policy issues within the Veteran community and educating the public accordingly.

2. Lubbock Vet Center

3106 50th Street, Suite 400, Lubbock, TX 79413

806-792-9782

Website: <https://www.va.gov/lubbock-vet-center/>

- Offer confidential help for Veterans, service members, and their families at no cost in a non-medical setting. Our services include counseling for needs such as depression, post-traumatic stress disorder (PTSD), and the psychological effects of military sexual trauma (MST). We can also connect you with more support in VA and your community.

Hours of Operations:

Mon. 8:00 a.m. to 7:30 p.m.

Tue. 8:00 a.m. to 7:30 p.m.

Wed. 8:00 a.m. to 7:30 p.m.

Thu. 8:00 a.m. to 7:30 p.m.

Fri. 8:00 a.m. to 4:30 p.m.

Sat. Closed

Sun. Closed

3. Lubbock VA Outpatient Clinic

806-472-3400

Website: www.amarillo.va.gov/locations/lubbock.asp

4. VA-U.S. Department of Veterans Affairs

Website: <https://www.va.gov/homeless/ssvf/index.html>

Persons with Disabilities

1. Division for Rehabilitation Services (DARS)

806-723-5820

Website: www.dars.state.us

2. StarCare Specialty Health System (IDD)

806-740-1421

Website: www.starcarelubbock.org

3. Disability Rights Texas

4747 S Loop 289 # 120, Lubbock, TX 79424

806-765-7794

Website: <https://disabilityrightstx.org/en/home/>

4. Burkhart Center for Autism Education and Research

79409, 2902 18th St, Lubbock, TX 79410

806-742-4561

Website: <https://www.depts.ttu.edu/burkhartcenter/>

5. LifeRun Inc.

8240 Boston Ave, Lubbock, TX 79423

806-795-5433

Website: <https://www.liferun.org/>

Employment Resources

1. Workforce Solutions of South Plains-Lubbock Center

2002 West Loop 289 Ste. #117 (Inside Wayland Plaza) Lubbock, TX 79407

Phone:(806) 765-5038

Toll Free:(866) 765-5038

Website: <https://workforcesouthplains.org/>

Hours of Operation: Mon-Fri: 8:00 AM - 5:00 PM

2. Lubbock Temporary Help Services

2124 50th St, Lubbock, TX 79412

806-744-5600

Website: www.lubbocktemp.com

-Whether you are looking for a position on a temporary basis, or you are looking for temp-to-hire employment, for the Lubbock area, Lubbock Temporary Help Services, Inc. offers a broad variety of opportunities across a wide range of Careers!

3. KT Black Services

18 Briercroft Office Park, Lubbock, TX 79412

Call or Text 1-877-475-4553

Website: <https://www.ktblack.com/s/>

-Temporary help staffing, professional personnel placement outsourcing/mst for companies & Professional Permanent Placement.

-State of Texas Licensed Security Company

4. PeopleReady

121 Westgate Parkway W. Suite 80. Amarillo, TX 79121

806-373-6400

Website: https://www.peopleready.com/location/amarillo-tx-1401/?utm_campaign=gmb&utm_medium=organic&utm_source=google

5. Applying for Unemployment Benefits

Website: <https://www.twc.texas.gov/jobseekers/applying-unemployment-benefits>

Medical

1. Community Health Center (CHCL)

1610 5th Street, Lubbock, TX 79401

806-765-2611

Website: www.chclubbock.org

*Call for appointment; \$25 minimum fee based on a sliding scale.

-Adult & Women's Clinic: Monday thru Friday, 8:00 am-5:00 pm

-Dental Clinic: \$40 minimum fee based on sliding scale; Monday thru Friday, 8:00 am-Noon & 1:00 pm-5:00 pm

-Eye Clinic: Monday thru Friday, 8:00 am-Noon & 1:00 pm-5:00 pm

-Pediatric Clinic: Monday, Wednesday, and Friday 8:00 am-5:00 pm, Tuesday and Thursday 8:00 am-6:00 pm

2. Apply for Medicaid SNAP Health and Human Services

1716 Parkway Drive, Lubbock, TX 79403

806-744-7632

Website: www.yourtexasbenefits.com

3. UMC Blue Card

(must be a Lubbock resident)

3204 4th Street, Lubbock, TX 79416

806-775-9014 or 806-743-6753

Website: [www.chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://www.umchealthsystem.com/wp-content/uploads/2022/01/lcml-blue-card-program-guidelines-docx.pdf](https://www.umchealthsystem.com/wp-content/uploads/2022/01/lcml-blue-card-program-guidelines-docx.pdf)

-The Blue Card program aids with doctor's visits, hospital services and prescriptions.

-Only permanent residents of Lubbock County that meet eligibility requirements will be eligible for the Blue Card. Persons with Medicare, Medicaid, Commercial Insurance or other third-party sources are not eligible for the Blue Card.

-Persons who are in Lubbock County temporarily will not be eligible for the Blue Card.

-Persons of majority age (18) attending an educational institution beyond high school level, either technical or academic, will not be eligible for Blue Card benefits unless the person qualified as a

Lubbock County resident prior to enrollment into the educational institution.

-Undocumented or illegal aliens are not eligible for the Blue Card. Restrictions may apply to

-Legal Permanent Residents.

-Income includes, but is not limited to, wages and salaries, disability benefits, retirement, pension benefits, unemployment compensation, VA benefits, child support, worker's compensation, in-kind contributions, and others.

-Resources/assets include, but are not limited to cash, checking and savings accounts, certificates of deposit, vehicles, homes, property, etc. Your home and one vehicle are not counted as a resource/asset.

-The Blue Card is payer of last resort, if you are eligible for any other programs you must apply for those programs first. A financial counselor will help determine if you are eligible for any other programs.

**** These are only the basic requirements and other rules and restrictions may apply. ****

4. Larry Combest Clinic

301 40th Street Lubbock

806-743-9355

Website: www.ttuhs.edu/nursing/combest

5. Grand Expectations

2602 Ave Q, Lubbock, Texas

806-761-0611

Website: <https://www.umchealthsystem.com/medical-services/maternity-newborn/services-programs/grand-expectations>

-Provides pregnancy tests, Assistance applying for Medicaid, physician referrals and baby clothes.

5. Nurturing Center-Pregnancy Support Services

303 66th Street, Lubbock, TX 79413

806-317-4480 or 806-780-6853

Website: <https://nurturinglife.org/>

Offers FREE SERVICES such as:

- PREGNANCY TEST
- LIMITED ULTRASOUND

- INFANT ITEMS
- MENTORING/PARENTING CLASSES
- LIMITED-FINANCIAL ASSISTANCE
- POST-ABORTION SUPPORT REFERRAL
- COMMUNITY SERVICES REFERRAL
- SEXUAL INTEGRITY EDUCATION
- (THEOLOGY OF THE BODY PROGRAM)

The Nurturing Center provides practical resources to mothers who are in need of support and assistance during a time of discovering that they are possibly pregnant. Our staff is ready to listen and provide positive solutions to LIFE choices.

Office Hours:

Monday – Thursday 9:00am-3:00pm

Friday 9:00am-12:00pm or by appointment

(24 HOUR ON CALL SERVICES)

Child Care Services

1. Workforce Solutions Child Care Services

2002 West Loop 289 Suite 117, Lubbock, TX 79407

806-744-3572 or 800-658-6284

Website: <https://workforcesouthplains.org/child-care-services/for-parents/applying/>

- Workforce Solutions South Plains Child Care Services provide subsidized childcare assistance to eligible low- to moderate-income families within our 15 County Area.

Hours of Operation: Hours: M-F, 8am – 5pm

2. Texas Child Care Solutions

Website: <https://texaschildcaresolutions.org/>

Legal Services

1. Legal Aid Society, Inc.-Family Law Cases Only

916 Main Street, Suite 103, Lubbock, TX 79401

806-762-2325

Website: <https://www.lubbocklegalaid.org/>

*Call for information and appointment

-For application: Monday thru Thursday, 8:30 am-4:00 pm; Friday, 8:30 am-11:00 am

2. Legal Aid of Northwest Texas

Lubbock:

Counties Served: Borden, Cochran, Crosby, Dawson, Dickens, Gaines, Garza, Hockley, Kent, Lubbock, Lynn, Terry, Yoakum

1711 Ave J, Lubbock, TX 79401

806-763-4557

Website: <https://internet.lanwt.org/locations/lubbock>

*Call for information and appointment

Amarillo:

Counties Served: Armstrong, Carson, Collingsworth, Dallam, Deaf Smith, Donley, Gray, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Potter, Randall, Roberts, Sherman, Wheeler

203 SW 8th Avenue, Ste. 600, Amarillo, TX 79101

806-373-6808

Website: <https://internet.lanwt.org/locations/amarillo>

-Services are free civil legal services (no criminal).

-Require: Must call Legal Aid of Northwest Texas for prescreening and an appointment day and time; Please bring any paperwork or materials that are relevant to your legal issues.

3. Lubbock Rape crisis center (LCRR), dba VOICE OF HOPE

806-763-3232

Website: <https://voiceofhopetexas.org/>

-All services provided for victims are free of cost. Assistance is also available for victims, family and friends (ANYONE effected by sexual assault and/or sex trafficking)

4. Texas Law Help

Website: <https://texaslawhelp.org/>

Homeless Resources

1. Open Door

1918 13th Street, Lubbock, TX 79401

806-687-6876

Website: www.opendoorlbk.org

-Vital Records

-Open Door helps individuals get vital records such as birth certificates, IDs, and Social Security cards. The Community Center staff is able to help anyone with the paperwork and process to obtain these records, however, will only be able to pay for individuals who are currently homeless.

-The following steps should be taken to get these records:

-Visit Open Door Community Center any Wednesday morning from 8:00 am-11:00 am to fill out paperwork (required).

Because the process changes regularly, it is recommended that you come in person to fill out this information.

If you are approved on Wednesday, come back Thursday morning at 8:00 am and the staff will take you to get IDs.

This process occurs on a weekly basis.

The limit for these records is one per person.

-Lockers

If you need a secure place to store your belongings, please contact the Community Center staff at (806) 687-6876 to learn how you can get a locker.

-Application for Benefits

Community Center staff can help people apply for jobs and benefits (such as Disability, Social Security, food stamps, etc.). Come to the Community Center or contact Community Center staff to learn more.

2. Salvation Army-Lubbock

1111 15th Street, Lubbock, TX 79401

806-765-9434

Website: www.salvationarmytexas.org/lubbock/

-Support for adults, children and families and disaster relief

-Emergency shelter

3. Salvation Army-Amarillo

400 S. Harrison St, Amarillo, TX 79101

806-373-6631

Website: <https://southernusa.salvationarmy.org/amarillo>

-Support for adults, children and families and disaster relief

-Emergency shelter

4. Homeless Outreach Team (H.O.T)

806-775-2975

Website: <https://ci.lubbock.tx.us/departments/police-department/links/homeless-outreach-team>

-The Homeless Outreach Team was founded on February 20, 2016. The team works to help make homeless individuals successful whether it's assistance in resume building, job referrals, building partnerships, helping them get back on their medications if they have mental issues or referring them to substance abuse centers if needed.

The program works to help clean the environment as well. H.O.T. currently works with homeless providers, churches, and the various City of Lubbock Departments to help clean up temporary camp/shelter areas while assisting the homeless into housing or shelters.

5. StarCare's PATH (Projects for Assistance in Transition from Homelessness) Program

3804 I-27 Lubbock, Texas 79412

806-787-8783

The Projects for Assistance in Transition from Homelessness program funds community-based outreach, mental health and substance use referral/treatment, case management and other supportive services as well as providing a limited set of housing services for adults who are homeless or at imminent risk of becoming homeless.

Transportation

1. Citibus

801 Texas Ave, Lubbock, TX 79401

806-712-2000

Website: <https://citibus.com/>

-Regular Fare information

On Fixed Routes:

\$1.75 for adults

\$1.25 for children 6-12

\$0.85 for Medicare, Seniors, Persons with Disabilities (with proper identification - Seniors are persons 65 years of age or older)

Children 5 and under ride free

1/2 price for Medicare, Seniors, and persons with disabilities.

(Proper identification required - Seniors are persons 65 years of age or older)

Discounts apply only to cash fares on the bus and cannot be applied to pass purchases.

-Each time you board a bus, you will pay the regular fare unless you are using a daily, weekly, or monthly pass. Citibus also provides the following passes to meet the needs of our passengers:

One-day pass \$3.50

Weekly pass \$14.50

Monthly pass \$50.00

\$4.50 NiteRide per trip inside the city limits (24 hr. notice)

\$9.00 NiteRide (Same day notice)

\$15.00 NiteRide per trip to Reese Center.

\$52.50 Citibus U pass (Sept - Dec, Jan - May, June -Aug)

\$52.50 CitiSummer pass (June - Aug)

\$52.50 CitiKids (Sept - Dec, Jan - May, June -Aug)

Special Efforts Card - With appropriate documentation* this card entitles the recipient to half price off a regular fixed route one-way fare.

*Appropriate documentation includes Medicare Card or Special Efforts form completed by a physician, licensed health care provider, or licensed rehab/social worker. Not available to be used when purchasing a Day Pass, Weekly Pass, or Monthly Pass.

2. Yellow Cab

806-765-7777

Website: <https://yellowcablubbock.com/>

-Hours of Operation: 24 Hours a Day, 7 Days a Week

-Service Areas: 250-Mile Radius of Lubbock, TX

3. Spartan Public Transportation

806-894-3800

1105 TX-114, Levelland, TX 79336

Website: <https://www.spartanpublictransit.com/>

Transportation Programs:

-Schedule a Ride (reservations 24 hours in advance, shared ride public services)

-County Service (17 counties listed below):

-SPC Express (Sundown, Brownfield, Littlefield, Levelland-not high school)

-Demand Service Routes (reservations on week in advance)

-Business Transportation (help businesses recruit and retain quality employees)

-Serving transportation for 17 counties in Texas: Bailey, Cochran, Dickens, Floyd, Garza, Hale, Hockley, King, Lamb, rural Lubbock, Lynn, Mitchell, Motley, Scurry, Terry and Yoakum.

4. Westminster Presbyterian Church-LOADS OF LOVE Building

3308 34th Street, Lubbock, TX 79410

806-722-0338

Website: <https://www.wpclubbock.org/women-on-mission>

-Thursdays Only, 1:30 pm-3:30 pm

-Gasoline Voucher: One time ONLY

-*Required:* Valid Driver's License, Social Security Card and Proof of current address with a piece of mail received within the last 30 days.

5. Amarillo City Transit

Live App: <https://prpc.wtamu.edu/>

Website: <https://www.amarillo.gov/departments/community-services/transit/fixed-route-information/bus-route-maps-and-schedules/temporally-reduced-schedules>

-Check website or app for more information on routes and prices

6. Panhandle Transportation

1309 SW 8th Ave, Amarillo, TX

806-372-2351 Toll Free: 800-676-4727

Website: <https://www.pcvcs.org/services/transit/>

-Transportation is a major barrier for people in the Panhandle. In a 2015 needs assessment of the Panhandle region conducted by Panhandle Community Services, transportation ranked as one of the top five major needs in the area.

-Panhandle Transit provides transportation to non-urban areas across the Texas Panhandle for access to employment, education, shopping, recreation, health care, and social services. The curb-to-curb, demand/response service allows us to pick-up and/or drop-off passengers based on their needs.

How it works:

Curb-to-curb demand-response services are available to passengers who request pick-ups and/or drop-offs. If you need a ride, please call 800-800-6162 at least 24 hours in advance. Based upon availability, our service center will schedule your ride.

Requirements:

Clients must be able to enter and/or exit their destination without assistance from the driver, though the driver will assist passengers in loading and unloading the van (excluding packages). PCS drivers have been trained in passenger assistance and emergency procedures to ensure that all passengers are safe, comfortable, and secure.

HIV/STI's/Hepatitis/Tuberculosis

1. City of Lubbock Health Department

806 18th Street, Lubbock, TX 79401

806-775-2933

Website: <https://ci.lubbock.tx.us/departments/health-department/clinical-services>

STD CLINIC

Test for the following conditions:

- Gonorrhea
- Chlamydia
- Syphilis
- HIV
- Others as determined by the provider.
- All testing is confidential.
 - Patients may release records to another person by signed consent.
 - Prevention and risk reduction counseling is provided to every patient seen.

Prices:

Clinic visit, testing, and treatment - \$20.00

Referred to physician for treatment of certain STDs - \$10.00

If applicable, the patient will receive a written prescription to take to pharmacy. The clinic does not supply or stock medications.

Appointment will need to be delayed if you:

- Are currently on antibiotics or have been on antibiotics in past two (2) weeks, or
- Are on your menstrual cycle, or
- Have douched within the past three (3) days.

-Please call (806) 775-2933 to schedule an appointment.

2. City of Lubbock-HIV Outreach

806 18th Street, Lubbock, TX 79401

806-438-8989 (Freddie Harris) 806-928-4255 (Rocky Flores)

Website: <https://ci.lubbock.tx.us/departments/health-department/health-promotion/hiv-outreach>

-Our Street Outreach team is dedicated to helping stop the spread of HIV and STDs in our community. Through safe, confidential and anonymous testing, the Outreach Team hopes to create a healthier and safer community.

-Street Outreach provides the following services or individuals who use substances, are HIV positive, or are high risk for HIV infection:

- HIV education and testing, pre- and post-test counseling
- Referrals for STD treatment and Medical Treatment
- Free Syphilis Testing
- Free HIV rapid testing
- Home Testing is available.
- Schedule Appointments
- Walk-Ins Welcome
- Confidential & Anonymous Testing

3. Amarillo Public Health Department

1000 Martin Rd, Amarillo, TX 79107

806-378-6300

Website: <https://www.amarillo.gov/departments/community-services/public-health>

4. HIV/STD Hotline

1-800-227-8922

24-HOUR TELEPHONE-BASED RECOVERY SUPPORT SERVICES

Common Hotline Phone Numbers

Whether you're in crisis or are just looking help for a friend or family member, there are dozens of organizations available to help you deal with a variety of immediate concerns, from crisis situations and domestic violence to rape and substance abuse. Most of these hotlines are available 24 hours a day and can help you with whatever level of assistance you need — from general information about the topic, to helping you find an immediate intervention. The hotlines below are listed in alphabetical order according to topic. I

If you're suicidal, we recommend contacting the National Suicide Prevention Lifeline toll-free at 800-273-8255 or Dial 988. Additional crisis and suicide hotlines are available in the category below, Crisis and Suicide.

AIDS

AIDS Info: Treatment, Prevention and Research: (800) HIV-0440

American Social Health Association: Sexually Transmitted Disease Hotline: (800) 227-8922

CDC AIDS Information: (800) 232-4636

ALCOHOL

SAMHSA's National Helpline: 1-800-662-HELP (4357)

Alcohol Hotline: (800) 331-2900

Al-Anon for Families of Alcoholics: (800) 344-2666

Alcohol and Drug Helpline: (800) 821-4357

Family's Anonymous: (800) 736-9805

National Council on Alcoholism and Drug Dependence Hope line: (800) 622-225

SUBSTANCE USE

SAMHSA's National Helpline: 1-800-662-HELP (4357)

Cocaine Anonymous: (800) 347-8998

National Institute on Drug Abuse Hotline: (800) 662-4357

CHILD ABUSE

Judge Baker Children's Center – Child Abuse Hotline: (800) 792-5200

Child Help USA National Child Abuse Hotline: (800) 422-4453

CRISIS AND SUICIDE

Girls & Boys Town National Hotline: (800) 448-3000

National Suicide Prevention Lifeline: (800) 273-TALK (8255)

National Youth Crisis Hotline: (800) 442-HOPE (4673)

DOMESTIC VIOLENCE

National Domestic Violence Hotline: (800) 799-7233

National US Child Abuse Hotline: (800) 422-4453

MEDICAL

American Association of Poison Control Centers: (800) 222-1222

America Social Health: STD Hotline: (800) 227-8922

PREGNANCY

Planned Parenthood Hotline: (800) 230-PLAN (230-7526)

RAPE AND SEXUAL ASSAULT

National Domestic Violence/Child Abuse/ Sexual Abuse: (800) 799-7233

RUNAWAY

Child Find of America: (800) 426-5678

National Hotline for Missing & Exploited Children: (800) 843-5678

OTHER

Eating Disorders Awareness and Prevention: (800) 931-2237

Teen Help Adolescent Resources: (800) 840-5704

Shoplifters Anonymous: (800) 848-9595

Texas Poison Control: (800) 222-1222

211 2-1-1 is an easy to remember telephone number that connects callers to information about critical health and human services available in their community.

REGIONAL OSAR/LMHA SERVICES IN TEXAS

Region 1: StarCare Specialty Health System

1950 Aspen Ave., Sunrise Canyon Complex Lubbock, TX 79404

Intake Phone: 806-740-1421 Toll Free Phone: 844-472-8810 Crisis Line: 806-740-1414

Website: www.starcarelubbock.org

Counties Served: Armstrong, Bailey, Briscoe, Carson, Castro, Childress, Cochran Collingsworth, Crosby, Dallam, Deaf Smith, Dickens, Donley, Floyd, Garza, Gray, Hale, Hall, Hansford, Hartley, Hemphill, Hockley, Hutchinson, King, Lamb,



Lipscomb, Lubbock, Lynn, Moore, Motley, Ochiltree, Oldham, Parmer, Potter, Randall, Roberts, Sherman, Swisher, Terry, Wheeler, and Yoakum

Region 2: Helen Farabee Centers

1000 Brook St. Wichita Falls, TX 76301

Crisis Phone: 800-621-8504 Main Phone: 940-397-3143

Website: <http://www.helenfarabee.org/>

Counties Served: Archer, Baylor, Brown, Callahan, Clay, Coleman, Comanche, Cottle, Eastland, Fisher, Foard, Hardeman, Haskell, Jack, Jones, Kent, Knox, Mitchell, Montague, Nolan, Runnels, Scurry, Shackelford, Stephens, Stonewall, Taylor, Throckmorton, Wichita, Wilbarger, and Young

Region 3: MHMR of Tarrant County

3840 Hulen St. Fort Worth, TX 76107

Crisis Phone: 800-866-2465 Main Phone: 817-335-3022

Website: <http://www.mhmrtarrant.org/>

Counties Served: Cooke, Denton, Erath, Fannin, Grayson, Hood, Johnson, Palo Pinto, Parker, Somervell, Tarrant, and Wise

Region 4: Andrews Center Behavioral Healthcare System

2323 West Front St. (Hwy. 31) Tyler, TX 75702-7747

Crisis Phone: 1-877-934-2131 Toll Free: 1-800-735-2988

Main Phone: 903-597-1351

Website: <http://www.andrewscenter.com/>

Counties Served: Anderson, Bowie, Camp, Cass, Cherokee, Delta, Franklin, Gregg, Harrison, Henderson, Hopkins, Lamar, Marion, Morris, Panola, Rains, Red River, Rusk, Smith, Titus, Upshur, Van Zandt, and Wood

Region 5: Burke Center

2001 S. Medford Dr. Lufkin, TX 75901-5699

Crisis Phone: 800-392-8343 Main Phone: 936-634-5010 Toll Free: 866-242-4556

Website: <http://www.myburke.org/>

Counties Served: Angelina, Houston, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity and Tyler Serving Angelina, Hardin, Houston, Jasper, Jefferson, Nacogdoches, Newton, Orange, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity, and Tyler

Region 6a: The Harris Center for Mental Health and IDD (intellectual and developmental disabilities)

94011 Southwest Freeway Houston, TX 77074

Main Phone: 866-970-4770 Crisis Phone: 713-970-7000, option 1

Website: www.mhmraharris.org

Counties Served: Harris

Region 6b: The Council on Recovery

303 Jackson Hill Street, 77007

Office Phone: 713-942-4100 Helpline: 713-970-7000

Website: www.councilonrecovery.org

Counties Served: Harris, Liberty, Montgomery, Walker, Austin, Brazoria, Chambers, Colorado, Fort Bend, Galveston, Matagorda, Waller, and Wharton Counties

Region 6c: Gulf Coast Center LMHA

123 Rosenberg, 4th floor, Galveston, 77550

Office Phone: 406-944-4365 Crisis Phone: 866-729-3848 OSAR Phone: 844-704-1291

Website: www.gulfcoastcenter.org

Counties Served: Austin, Brazoria, Chambers, Colorado, Fort Bend, Galveston, Matagorda, Waller, and Wharton Counties

Region 7: Bluebonnet Trails Community Services

1009 N. Georgetown St. Round Rock, TX 78664

Crisis Phone: 800-841-1255 OSAR Phone: 844-309-6385

Website: www.bbtrails.org

Counties Served: Bastrop, Bell, Blanco, Bosque, Brazos, Burleson, Burnet, Caldwell, Coryell, Falls, Fayette, Freestone, Grimes, Hamilton, Hays, Hill, Lampasas, Lee, Leon, Limestone, Llano, Madison, McLennan, Milam, Mills, Robertson, San Saba, Travis, Washington, and Williamson

Region 8: The Center for Health Care Services

601 North Frio, Bld. 2 – entrance “C”, San Antonio, TX 78207

Crisis Phone: 800-316-9241 or 210-223-7233 OSAR Phone: 210-261-3076

Website: www.chcsbc.org

Counties Served: Atascosa, Bandera, Bexar, Calhoun, Comal, De Witt, Dimmit, Edwards, Frio, Gillespie, Goliad, Gonzales, Guadalupe, Jackson, Karnes, Kendall, Kerr, Kinney, La Salle, Lavaca, Maverick, Medina, Real, Uvalde, Val Verde, Victoria, Wilson, and Zavala

Region 9: PermianCare

401 E. Illinois Midland, TX 79701

Crisis Phone: 1-844-420-3964 Main Phone: 432-570-3333

Website: www.pbmhmr.com

Counties Served: Andrews, Borden, Coke, Concho, Crane, Crockett, Dawson, Ector, Gaines, Glasscock, Howard, Irion, Kimble, Loving, Martin, Mason, McCulloch, Menard, Midland, Pecos, Reagan, Reeves, Schleicher, Sterling, Sutton, Terrell, Tom Green, Upton, Ward, and Winkler

Region 10: Emergence Health Network

8500 Boeing Drive El Paso, TX 79925

Crisis Phone: 915-779-1800 Main Phone: 915-887-3410

Website: www.emergencehealthnetwork.org

Counties Served: Brewster, Culberson, El Paso, Hudspeth, Jeff Davis, and Presidio

Region 11: Tropical Texas Behavioral Health

1901 S. 24th Ave., Edinburg, TX 78540

Crisis Phone: 877-289-7199 OSAR Phone: 800-813-1233

OSAR Email: sud@ttbh.org

Website: www.ttbh.org

Counties Served: Aransas, Bee, Brooks, Cameron, Duval, Hidalgo, Jim Hogg, Jim Wells, Kenedy, Kleberg, Live Oak, McMullen, Nueces, Refugio, San Patricio, Starr, Webb, Willacy, and Zapata

Miscellaneous Services

1. Women's Protective Services (WPS)

806-747-6491 Toll Free: 1-800-736-6431

Website: www.wpslubbock.org

-Counties covered: Bailey, Cochran, Crosby, Dickens, Garza, Hockley, King, Lamb, Lubbock, Lynn, Terry and Yoakum

-Women's Protective Services of Lubbock, Inc., or WPS, is a 501(C)(3) non-profit organization specializing in advocacy for women, men, and children who have experienced domestic violence. WPS has been serving Lubbock, TX and the surrounding communities since 1978.

-The services provided at WPS are free and confidential. Services are available without regard to race, sex, handicap, national origin, color, religion, sexual orientation, or income.

-Our purpose and objectives are to provide a safe environment, offer community education, prevention, rehabilitation of violent family members, encourage transition to self-sufficiency, and to advocate for the prevention and elimination of family violence.

-This is but a brief glimpse into what we offer victims of family violence and members of our community on a daily basis.

- 24-Hour Crisis Hotline
- Shelter, Food, Clothing, and -Transportation
- Individual and Group Therapy
- Support Groups
- Parent Education
- Children's Programs
- Assistance in Obtaining Legal Services
- Assistance in Obtaining Social Services
- Court Accompaniment
- Welfare to Work/Job Readiness Program
- Community Education
- WPS also provides a 25-week Batterers Intervention and Prevention Program.

2. Upland Mission Lubbock

1711 Upland, Lubbock, TX 79416

806-687-8452

Website: <https://www.uplandmission.org/>

-Hours of operation:

Tuesdays and Wednesdays

9:00 a.m. – 1:00 p.m.

Guests must be signed in by 12:30 in order to receive services. Photo I.D. is required.

Services Include:

Clothing for the family, small home goods, and a food bag and/or limited personal hygiene and cleaning supplies.

All items are provided at no charge.

Guidelines for Operation:

1. Each household may shop one time each month.

2. Each guest may shop for 20 minutes, so please prioritize your needs.
 3. Each guest may receive one bag with no more than eight (8) cans of food each month.
 4. No public restrooms available.
- Household items, furniture, personal hygiene, medical equipment, household cleaning supplies.

3. Lubbock Impact

2707 34th Street (34th & Boston), Lubbock, TX 79410

806-799-4329

Website: <https://lubbockimpact.com/>

Services Provided: Lubbock Impact has ministries and programs in the areas of Food, Clothing, Healthcare, and Spiritual Growth.

4. South Plains Food Bank

4612 Locust Avenue, Lubbock, TX 79404

806-763-3003

Website: <https://www.spfb.org/>

5. Susie's Closet Inc.

1701 Parkway Dr., Lubbock, TX - 79401

806-368-8225

Website:

6. Lubbock Dream Center

1111 30th Street, Lubbock, TX - 79411

806- 793-3336

Website: <https://lubbockdreamcenter.org/>

-Clothing Closet

- Our clothing closet provides needed clothing items for families in the Lubbock area. The clothing closet is open Tuesday through Wednesday, 10am – 4pm or by appointment.

-Action Family

- Through the Action Family program, the Lubbock Dream Center offers health and wellness initiatives to help families in our community break generational patterns, and live healthier, more abundant lives.

-Adopt a Block

- This is frontline ministry, where the church really does leave the building. We walk the neighborhood picking up trash, inviting neighborhood kids and families to our ministry events, praying with our Dream Center neighbors on their doorstep, and discovering more ways the Lubbock Dream Center can impact our local community.

-Helping Hands

- Not afraid of sore muscles and manual labor? Share your time and talents for kingdom impact. A few oil changes, a little paint on a house, and some serious large item trash removal is the way we like to demonstrate the love of Christ in our community through Helping Hands.

-Prime Time

- This is a special time when we enrich the lives of a 55+ age group with singing, muffins, flowers, and prayer at a local nursing home.

-Pearson VUE Test Center

- The Lubbock Dream Center joins the Pearson VUE Network to offer accessible and secure GED Certification Testing. Please visit GED.com to view available dates for testing at our location. Be sure to stay updated as we continue to add more accessible and secure certification testing to our site.

-GED Test Preparation Classes

- The Lubbock Dream Center partners with Literacy Lubbock to provide high school equivalency test prep classes for GED Certification Exams.

-GED Test Preparation English as a Secondary Language Classes

- Through our partnership with Literacy Lubbock, the Lubbock Dream Center offers English as a Second Language Classes & Conversation Cafe, allowing people to engage in an everyday conversation setting.

-Back to School Bash

- Before the start of a new school year, the Lubbock Dream Center gives away over 1500 backpacks filled with age-appropriate school supplies for families in need to ensure that children start off their year with confidence.

-Turkey Day Giveaway

- Turkey Day Giveaway is an annual event where hundreds of volunteers fill our campus to prep and give out boxes of food to bless families in need of a Thanksgiving meal. Families are chosen through the schools we partner with and registered before the event.

-Family to Family Christmas

- Every year we create gift baskets for the New Legacy Home ladies and their families to bless them during Christmas time. We also host a local toy drive where toys can be dropped off at the Lubbock Dream Center and then gifted to families in need.

7. Hope Community of Shalom

2005 Avenue T, Lubbock, TX - 79411

806- 762-0829

Website: <https://www.hopecommunitylbk.com/>

-HOPE Clothes Closet

- Clothing makes the man (or the woman!). If you or someone you know is in need of some clothing for everyday life, for school, or even for an interview, come check out our HOPE Clothes Closet. We provide all types of clothing completely free of charge! If you would like to donate to the HOPE Clothes Closet, just swing by 2005 Avenue T, Lubbock, TX 79411. We are always taking donations!

8. Social Security Office

5825 16th Street, Lubbock, TX 79416

806-799-2520 Toll Free: 1-800-782-5028

Website: www.socailsecurity.gov

9. Tobacco Cessation Services are available for any person seeking information or support.

- Toll-Free number for those who wish to request tobacco information or report illegal sales to minors 1800.345.8647
- In partnership with the American Cancer society, multilingual, free and confidential telephone cessation counseling for Texans needing support or information in quitting tobacco use 1.877.937.7848 or TTY 1.866.228.4327

Website: <https://www.dshs.texas.gov/tobacco/>

10. Overdose Prevention and Education resources:

- Texas Poison Center Network 800.222.1222 or 911
- Texas Overdose Naloxone Initiative-Facebook <https://www.facebook.com/txodinitiative/>
- <https://www.getnaloxonenow.org/#home>

